

PARENT SYLLABUS Class XII 2023 -2024 Humanities

MONTH	English	Geography	Political science	History	Psychology	Ped.
April and May	April Writing Skills: Job Application, Notice writing, Article writing, Prose: The Last Lesson, The Third Level Lost Spring, Poetry: My Mother at Sixty-six, A Thing of Beauty Art Integrated Activity: Create a set of two quotes or design a poster	April Book-1 L-2 The World Population: Distribution , Density, and Growth Trends in population growth. Spatial pattern and impact of population change. Demographic transition theory and population control measures. Book 2 L- 1 Population: Distribution, Density, Growth, and Composition	April New Centers of Power ASEAN Rise of China Indo- China relations May Contemporar y South Asia Pakistan Bangladesh Nepal Sri Lanka Maldives Bhutan India's relations with the above nations	April Kinship, Caste and Class: Early Societies (C.600.B.C- 600 C.E) Critical Edition of The Mahabharata -Kinship and Marriage -Social Differences -Beyond Birth- Resources and Status - Explaining Social Differences -Handling Texts -A Dynamic text	April Chapter: Variations in Psychological Attributes -Individual Differences in Human Functioning -Assessment of Psychological Attributes -Intelligence Theories of Intelligence - Theory of Multiple Intelligences - Triarchic Theory of Intelligence	Unit I - Management of Sporting Events Functions of Sports Events Management (Planning, Organising, Staffing, Directing & Controlling) Various Committees & their Responsibilities (pre; during & post) Fixtures and its Procedures – Knock-Out (Bye & Seeding) & League (Staircase & Cyclic) Intramurals and Extramurals Community Sports Unit II - Children & Women in

related to child labour, on Pinterest	Phases of growth of population in India. Regional variation.	India's relations with USA Russia	Thinkers, Beliefs and Buildings: Cultural	- Planning, Attention- arousal, and Simultaneous-	Sports Common Postural Deformities -
Or Imagine that you are going to interview a renowned social reformer of your	Population composition. Art integration Prepare a digital collage on an A4 size sheet using newspaper	Israel Myanmar International Organisations UN- inception	Developments (C.600BCE- 600CE) -A Glimpse of sanchi -The	successive Model of Intelligence -Individual Differences in Intelligence -Culture and	Knock Knee; Bow Legs; Flat Foot; Round Shoulders; Lordosis, Kyphosis, and Scoliosis and their corrective measures Women participation in Sports
country, who has been working for the upliftment of child labourers in India. Frame a set of ten questions that you plan to ask him/her	pictures / Google pictures to express the concern for overpopulation. Map activity Mark 10 most populous countries in the world Book-1	Jurisdiction Organs Future Environment and Natural resources Problems facing the environments	Background- Sacrifices and Debates -Beyond Worldly Pleasures- The Message of Mahavira -The Buddha and The Quest	Intelligence -Emotional Intelligence -Special Abilities -Aptitude: Nature and Measurement -Creativity	Special consideration (Menarche & Menstrual Dysfunction) Female Athletes Triad (Osteoporosis, Amenorrhea, Eating Disorders) May
Life skills: Critical thinking Values: Effective Communication, Being responsible Gender	L-4 Human Development Concept of growth and development. Four pillars of human development. Approaches to human development. Measuring	Environment as a part of global politics India's environmenta I initiatives Project work for the Board Exams Selection of topics	For Enlightenment -Followers Of The Buddha -Stupas Activity Of the religious traditions discussed in this topic, is there any that is practised in	Health and Wellness: Exercise and yoga LS: Pro-social behaviour Value: Empathy	Unit III - Yoga as Preventive Measure for Lifestyle Disease Obesity: Procedure, Benefits & Contraindications for Tadasana, Katichakrasana, Pavanmuktasana, Matsayasana, Halasana,

sensitivity: Gender Sensitivity at Workplaces Health and	human development. International comparison Map activity- mark countries with the highest and lowest HDI in the world	Value- Nationalism LS-Problem solving	your neighbourhood ? What are the religious texts used today, and how are they	Gender sensitivity: Discrimination practices among gender roles.	Pachimottansana, Ardha – Matsyendrasana, Dhanurasana, Ushtrasana, Suryabedhan pranayama
wellness: Intellectual and social health SEWA: Taking care of the elderly and community upliftment May:	Life Skill – problem- solving Value – Teamwork GS – Gender and Society Promoting Gender Sensitivity through 'Beti Bachao–Beti Padhao' Social	GS-Women in politics H&W-How to focus	preserved and transmitted? Are images used in worship? If so, are these similar to or different from those described in this topic? Describe the buildings used for religious activities today,	Activity: Finding out the relationship between creativity and intelligence by using an IQ test and a rating scale for creativity	Diabetes: Procedure, Benefits & Contraindications for Katichakrasana, Pavanmuktasana, Bhujangasana, Shalabhasana, Dhanurasana, Supta-vajarasana, Paschimottanasana, Ardha-Mastendrasana, Mandukasana, Gomukasana, Yogmudra, Ushtrasana, Kapalabhati
Writing Skills: Letter to the Editor Prose: Deep Water, Tiger King Poetry: Keeping Quiet	Campaign H&W – Advantages of meditation April and May Book 1 L-5 Primary Activities Hunting and gathering.		comparing them with early stupas and temples LS – Critical thinking Value-Honesty, encouraging peace H&W- Importance of balanced diet GS-Role of	May Chapter: Self and Personality -Concept of self Cognitive and behavioural aspects of self	Asthma: Procedure, Benefits & Contraindications for <i>Tadasana</i> , <i>Urdhwahastottansana</i> , <i>UttanMandukasana</i> , <i>Bhujangasana</i> , <i>Dhanurasana</i> , <i>Ushtrasana</i> , <i>Vakrasana</i> , <i>Kapalbhati</i> , <i>Gomukhasana Matsyaasana</i> , <i>Anuloma-Viloma</i>

Art integrated activity	Pastoralism, Types of agriculture	women in the royal household <u>May</u>	-Self-esteem -Self-efficacy	Hypertension: Procedure, Benefits & Contraindications for
Role Play: Create a set of dialogues with four exchanges between William Douglas and his instructor discussing Douglas' fear of water and the instructor's help in removing the fear from his life. Play roles	co-operative farming, collective farming. Mining: factors and methods. Map activity Identify the regions for commercial farming, mixed farming, nomadic herding Book 1 Iesson-6 Secondary Activities	Through the Eyes of Travellers: Perceptions of Society (c. tenth to seventeenth centuries) -Travellers Al-Biruni Ibn Battuta Francois Bernier	-Self-regulation -Culture and Self -Concept of Personality -Major approaches to the study of personality - Type Approaches	Tadasana, Katichakransan, Uttanpadasana, Ardha Halasana, Sarala Matyasana, Gomukhasana, UttanMandukasana, Vakrasana, Bhujangasana, Makarasana, Shavasana, Nadishodhanapranayam, Sitlipranayam Back pain/Arthritis
Life Skills: coping with stress, managing emotions and problem solving Values: perseverance, determination	Characteristic Features of the modern large-scale manufacturing industry. Uneven geographic distribution of industries. Classification of manufacturing industries Activity- Make a web	Activity Interview any one of your older relatives. Find out (a) where they went, (b) how they travelled, (c) how long did it take, (d) why did they travel	- Trait Approaches - Psychodynami c Approach -Behavioural Approach -Cultural	

General	chart on classification of industries and factors	(e) and did they face any	Approach	
Awareness:	affecting industrial	difficultiesList	-Humanistic	
awareness about	location			
bullying	location	as many	Approach	
bullyllig	Life Skill – Self	similarities and	Α	
Sewa:		differences that	-Assessment of	
community	Awareness	they may have	Personality	
upliftment	Value – Good Behaviour	noticed.		
upilitiletit	in human interaction	Bhakti and		
Health and	in numan interaction	Sufi Traditions	Health and	
	GS Condor Equality	Changes in	Wellness:	
wellness:	GS – Gender Equality	Religious	Meditation	
mental fitness	awarenes	Beliefs and		
mental nuless	H&W: Importance of	Devotional	Value: Integrity	
Gender	balance studies with	Texts (c.		
sensitivity:		Eighth to	LS: Self care	
sensitivity	other activities	Eighteenth		
towards all	Town I Wookly toot	Century)	Gender	
towards all	Term-I Weekly test 04.05.2023	A Mosaic of	sensitivity:	
	04.05.2023	Religious	Women	
	Syllohusi	Beliefs and	contribution in	
	Syllabus:	Practices	formulation of	
	Book 1	-Poems of	personality	
	L -1 Human Geography:	Prayer	theories.	
		-The Virashaiva	theories.	
	Nature and Scope	Tradition	Activity:	
	Da ala 4		•	
	Book-1	-Religious Ferment in	Collage on different	
	L-2 The World			
	Population: Distribution,	North India	approaches of	
	Density, and Growth		personality	
		-New Strands in		
	Book 2	the Fabric		
	L-1 Population:	Islamic		

Distribution, Density,	Traditions		
Growth, and	-The Growth of		
Composition	Sufism		
	-The Chistis in		
Map work	the		
	Subcontinent		
	-New		
	devotional paths Dialogue		
	and Dissent in		
	Northern India		
	The Imperial		
	Capital :		
	Vijayanagara		
	The Discovery		
	of Hampi Rayas,		
	Nayakas and		
	Sultans		
	Vijayanagara:		
	The Capital and		
	it's Environs		
	The Royal		
	Centre		
	The Sacred		
	Centre		
	Plotting		
	Palaces,		
	Temples and		
	'		

	Bazaars Value-Building relatioships LS- Interpersonal relationship GS-Women bhakti saints H&W- Stress management	
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MONTH	Home Sc	Economics	Math	Painting
April and May	Clinical Nutrition and Dietetics (5 days)	<u>April</u>	<u>April</u>	<u>April</u>
	 Significance Basic concepts Diet therapy Types of diets and feeding routes Preparing for a career and scope 	New Economic policy 1991 Liberalisation Privatisation Globalisation Reasons for	Topic: Matrices and Determinants (Revision) Subtopics:-Symmetric and Skew Symmetric matricesAdjoint and inverse of a matrixSolving system of equations using	* The Manuscript miniature painting tradition Sub Topic- Jain school
	 Public nutrition and health What is Public Health Nutrition? Nutritional problems in India Strategies/intervention to tackle Nutritional Problems 	adoption of the New Economic Policy	matrix method Topic: *Continuity and Differentiability	Pala school Sultanate school
	Different Interventions for Tackling Malnutrition Role of Public Nutritionist Early Childhood Care and	Government budget Receipts	Subtopics: -Continuity of a function -Chain Rule -DifferentiabilityInverse trigonometric function	*Rajasthan school of miniature painting

 Education (9 days) Significance Basic concepts 	Expenditure Deficits Objectives	DerivativesLogarithmic Differentiation -Parametric Differentiation -Higher order Derivatives	Sub topics- Origin & development
• Preparing for a career scope May Management of Support Services, I and Programme for Children, Youth Elderly (9 days) 1)Significance and 2)Basic concepts (1 day) 3)Why are children vulnerable? (1 day) 4)Why are youth vulnerable? (1 day) 5)Youth programme in India. (1 day) 6)Why are elderly vulnerable? (1 day) 7)Some programme for elderly (2 day) 8) Career and Scope (1 day)	National Income Accounting Income method Output method Expenditure method GDP and welfare Values To create awareness	Topic: *Application of Derivatives Subtopics: -Derivative as a rate measure -Increasing and decreasing function -Maxima and Minima May Topic: *Application of Derivatives Subtopics: -Maxima and Minima Topic: *Integrals Subtopics: -Integration by substitutionIntegration of Trigonometric functionStandard Integrals	Features of Rajasthan miniature painting Sub schools, Paintings and artists of Rajasthan school Practical- 1 composition 1 still life Life skills-Adequate use of natural resources Value -Respect for traditional art form Gender: Equality May Pahari school of miniature painting

-By parts -Partial Fraction Art Integration Activity- Funnier side of exponential and logarithmic function Activities: 1) To understand the concepts of max and min values of a function in a closed interval 2) To understand the concepts of local maxima, local minima and point of inflection 3) Construction of an open box of maximum volume from a given rectangular sheet by cutting equal square pieces from each corner Life Skill: Critical Thinking, Problem Solving Values-Responsibility	Paintings and features of Pahari school of miniature painting
Gender Sensitivity- Gender Equality awareness Health and Wellness- Emotional Balance	Life skill-love and care nature Gender sensitivity: Equality

General Awareness- Time management -Equity and Equality Term-I Weekly test 04.05.2023
Syllabus: Matrices, Determinants, Continuity and Differentiability (Only Differentiation will be tested from Continuity and Differentiability)