

**Co- Scholastic Syllabus for Class I Session 2023-24**

Month	Public Speaking	Theatre	Performing Art Dance/ Vocal Music/ Instrumental Music	Clay Modelling	Art	GK/ Computers	Physical Education
July	<p><b>Let's Talk</b></p> <p>Familiarizing students with the correct pronunciation of words and help them to overcome stage fright</p> <p><b>Samaveda</b></p> <p><b>Spotify</b> (music &amp; melodies)</p> <p>-Spin the microphone</p> <p>-Musical chair (game)</p> <p>-What's the sound</p>	<p><b>Samaveda</b></p> <p>Enactment / Discussion of the story seen on any mythological character example Ramayana, Ganेशha</p> <p>Speaking and observation skills)</p> <p>- Act and follow the teachers' instructions quickly through dialogues, actions/dance steps and voice modulation</p> <p>(chanting of shlokas)</p>	<p>DANCE:</p> <ul style="list-style-type: none"> <li>Revision of previous lesson.</li> <li>'Tatkar' of tin taal.</li> <li>New movements of kathak – "Pushpak".</li> <li>One semi classical patriotic dance (Vande Mataram).</li> </ul> <p>INSTRUMENTAL MUSIC:</p> <ul style="list-style-type: none"> <li>Introduction of Musical Instruments along with Percussion instruments. <ul style="list-style-type: none"> <li>Knowledge</li> </ul> </li> <li>Learning &amp; playing Sargams S R G M P D N S/S N D P M G R S.</li> <li>SS RR GG MM PP DD NN SS/SS NN DD PP MM GG RR SS.</li> </ul>	<p>Making earthen utensils found in Mohenjodaro</p> <p>Skill- concentration, observation, motor skills</p>	<p><b>Composition using geometrical shapes</b></p>	<p><b>G.K.</b></p> <ol style="list-style-type: none"> <li>Parts of the body</li> <li>The five senses</li> <li>How many?</li> <li>Current affairs</li> </ol> <p><b>Computers</b></p> <p>Mouse Handling MS Paint Initiating MS Paint   Toolbox   Color Palette   Rectangle   Ellipse   Fill with color tool   Text tool Changing Font Size</p>	<p>BEAN BAG BALANCING</p> <ul style="list-style-type: none"> <li>Boundary and different commands.</li> <li>Line formation</li> <li>Bean bag balancing on different parts of body ( Head, Toe, Hand and legs )</li> <li>Personal space (with spot marker or without spot markers)</li> <li>Fun games with bean bag(tossing the bean bag on the table, bean bag toss and catch )</li> <li>Obstacle course</li> <li>Musical Activity</li> </ul>

			<ul style="list-style-type: none"> <li>SRG RGM GMP MPD PDN DNS/ SND NDP DPM PMG MGR GRS</li> <li>Finger Positioning</li> </ul> <p>VOCAL MUSIC:</p> <ul style="list-style-type: none"> <li>Sargam song: Sa Se Sagar Ki Leherein #Recognition of musical notes.</li> <li>Hindi Prayer: Shanti Do Hay Prabhu. #Memorize the lyrics.</li> </ul>				(Freeze dance, Wiggle & Waggle & Chicken dance)
August	<p><b>Incredible India</b></p> <p><b>-Show and tell-</b>I love my India (Photo story)</p> <p><b>-Riddles</b></p> <p><b><u>Start Smart</u></b></p> <p>Familiarizing students with how to modulate their voice in different ways.</p> <p>-Practice of voice</p>	<p><b>Incredible India</b></p> <p><b>-Ad act</b></p> <p>Produce an ad using dialogues given to them for promoting India ( state, costume, food)</p> <p>Throwing of voice, Body language, Eye contact, pronunciation, fluency</p> <p>eg.- Meley sur ...</p>	<p>DANCE:</p> <ul style="list-style-type: none"> <li>Revision of previous lesson.</li> <li>New movements of Kathak-“tat tat thei”.</li> <li>Last part of the patriotic dance: “Vande mataram”.</li> <li>Semi classical composition- “story of a peaceful day”.</li> </ul> <p>INSTRUMENTAL MUSIC:</p> <ul style="list-style-type: none"> <li>Learning Rhythm through tapping of</li> </ul>	<p>Making Mohenjodaro terracotta toys</p> <p>Skill- Concentration, observation, motor skills</p>	<p><b>Continued with the composition</b></p>	<p>G.K.</p> <ol style="list-style-type: none"> <li>School</li> <li>National symbols</li> <li>My India</li> <li>Current affairs</li> </ol> <p><b><u>Computers</u></b></p> <p>MS Paint Line tool Brush tool Other shapes Triangle Stars Callouts</p>	<p>BALL HANDLING DRILL</p> <ul style="list-style-type: none"> <li>Boundary and different commands.</li> <li>Line formation</li> <li>Correct ball throwing stance.</li> <li>Target practice</li> <li>Under arm and upper arm throw.</li> <li>Correct technique of catching the ball (plastic ball, tennis ball or any</li> </ul>

	inflection		<ul style="list-style-type: none"> <li>feet &amp; clapping of hands</li> <li>- Applying rhythm</li> <li>• Learning nursery rhymes "Twinkle Twinkle &amp; London Bridge"</li> <li>• Application</li> </ul> <p>VOCAL MUSIC:</p> <ul style="list-style-type: none"> <li>➤ School Song</li> <li>➤ Patriotic Song: Hind Desh Ke Nivasi #Singing together with others</li> <li>➤ Taal: Kaharwa with hand beats</li> </ul>			<ul style="list-style-type: none"> <li>softball)</li> <li>- Personal space (with spot marker or without spot markers)</li> <li>- Fun games (crazy cones, four flags)</li> <li>- Obstacle course</li> <li>- Musical Activity (Freeze dance, Wiggle &amp; Waggle &amp; Chicken dance)</li> </ul>	
September	<p><b>Unity in Diversity</b></p> <p><b>Celebrations</b>(Speak about their culture and tradition)</p> <p>-<b>Recital</b>(Poems on unity and diversity)</p> <p>-<b>Let's talk</b></p> <p>Familiarizing students about speak fluently, without stammering and repetition of words.</p> <p>-Usage of facial expressions/body</p>	<p><b>Unity in Diversity</b></p> <p>-Present a short skit on Unity in diversity</p> <p>-copy cats-enact what you see.</p>	<p>DANCE:</p> <ul style="list-style-type: none"> <li>• Revision of previous lesson.</li> <li>• 5 steps 'chakkar' with 'tihai' no. 1.</li> <li>• Last part of semi classical dance: "story of a peaceful day".</li> <li>• Classical composition "Durge durge".</li> </ul> <p>INSTRUMENTAL MUSIC:</p> <ul style="list-style-type: none"> <li>• Learning Rhythm Single Beat, Double Beat. 1234 1234 1234 1</li> </ul>	<p>Making bugs skill- concentration, observation, motor skills</p>	<p><b>Water resist painting</b></p> <p><b>-Going for a drive on a starry Night</b></p>	<p>G.K.</p> <ol style="list-style-type: none"> <li>1.Lovely flowers</li> <li>2.Leaves and plants</li> <li>3.Animal planet</li> <li>4.Unique animals</li> <li>5.Current affairs</li> </ol> <p><b>Computers</b></p> <p>MS Paint</p> <p>Brush – different sizes Selection Copy and Paste Cut and Paste Curve Line</p>	<p>BALL HANDLING DRILL</p> <ul style="list-style-type: none"> <li>- Boundary and different commands.</li> <li>- Line formation</li> <li>- Correct ball throwing stance.</li> <li>- Target practice</li> <li>- Under arm and upper arm throw.</li> <li>- Correct technique of catching the ball (plastic ball, tennis ball or any</li> </ul>

	language/style)		<p>234  1 2  1234 1 2  1234 </p> <ul style="list-style-type: none"> <li>- Comprehending beats</li> <li>• Learning English song "We shall overcome"</li> </ul> <p>VOCAL MUSIC:</p> <ul style="list-style-type: none"> <li>➤ Bhajan- Raghupati Raghav.</li> <li>➤ Festival Song- Aayi Diwali.</li> </ul> <p># Singing together</p>			<ul style="list-style-type: none"> <li>- softball)</li> <li>- Personal space (with spot marker or without spot markers)</li> <li>- Fun games (crazy cones, four flags)</li> <li>- Obstacle course</li> <li>- Musical Activity (Freeze dance, Wiggle &amp; Waggle &amp; Chicken dance)</li> </ul>	
October	<p><b>Meet and greet</b> (Find out different ways of greeting people)</p> <p><b><u>(Students to greet their friends in their traditional way)</u></b></p>	<p><b>Ji aaya nu (Welcome)</b></p> <p>Students will enact out different ways, different languages used to welcome guests (Speaking and observation skills)</p>	<p>DANCE:</p> <ul style="list-style-type: none"> <li>• Revision of previous lesson.</li> <li>• Last part of classical composition "Durge durge".</li> <li>• Folk dance of West Bengal: Santhal dance (Sal tale bela).</li> <li>• Name of all Indian classical dances with their states.</li> </ul> <p>INSTRUMENTAL MUSIC:</p> <ul style="list-style-type: none"> <li>• Keyboard playing practices CCEC CECE CEF C CEEC SRGM RGMP GM PD MPDN PDNS  etc. Learning English</li> </ul>	Making butterfly skill- concentration, observation, motor skills	<b>Continued with the composition</b>	<p><u>G.K.</u></p> <ol style="list-style-type: none"> <li>1. Things we use</li> <li>2. Hand in hand</li> <li>3. Famous personalities</li> <li>4. Current affairs</li> </ol> <p><u>Computers</u></p> <p>Mouse Handling MS Paint Tools Color Palette Shapes Fill with color tool Pencil Brush Eraser Text Rotate vertically Copy-paste Changing font and size</p>	<p>JUNIOR ATHLETIC MEET SELECTION</p> <p>PARACHUTE AND TRACK RUNNING</p> <ul style="list-style-type: none"> <li>- Boundary and different commands.</li> <li>- Line formation</li> <li>- Different shapes using parachute</li> <li>- (dome, mushroom, club house, good night and good morning and popcorn.)</li> <li>- Personal space (with spot marker or without spot</li> </ul>

			<p>song "Doe a Deer a Female Deer" -Comprehending notes</p> <p>VOCAL MUSIC:</p> <ul style="list-style-type: none"> <li>➤ Introduction to Vocal Personalities.</li> <li>➤ Unity Song- Ham Honge Kamyab. # Working together in team.</li> </ul>				<p>markers)</p> <ul style="list-style-type: none"> <li>- Track running (start)</li> <li>- Obstacle race</li> </ul>
November	<p><b><u>Practice for presentation</u></b></p> <p><b><u>-Conversations</u></b></p> <p><b><u>-Enactment and recitation of the poem by the students.</u></b></p> <p>(Memorization of the poem, loudness and clarity of voice, voice modulation, actions and expressions and eye contact)</p>	<p>-Practice for presentation</p> <p>Speaking and observation, thinking skills.</p>	<p>DANCE:</p> <ul style="list-style-type: none"> <li>• Revision of previous lesson.</li> <li>• Last part of Folk dance of West Bengal: Santhal dance (Sal tale bela).</li> <li>• Introduction of one famous 'Kathak' artist/guru.</li> <li>• <b>Preparation for "Samanjasya".</b></li> </ul> <p>INSTRUMENTAL MUSIC:</p> <ul style="list-style-type: none"> <li>• Keyboard playing practices CCEC CECE CEF C CEEC</li> </ul> <p>SRGM RGMP GM PD MPDN PDNS  etc.</p>	Making Sunflower skill- concentration, observation, motor skills	<b>An introduction to printmaking Story illustration using block printing</b>	<p>G.K.</p> <ol style="list-style-type: none"> <li>1.Safe and sound</li> <li>2.Reading signs</li> <li>3.Houses of prayer</li> <li>4.Current Affairs</li> </ol> <p><b><u>Computers</u></b></p> <p>MS Paint Toolbox Color Palette Curved Lines Fill with color tool Text tool Save File</p>	<p>JUNIOR ATHLETIC MEET SELECTION</p> <p>PARACHUTE AND TRACK RUNNING</p> <ul style="list-style-type: none"> <li>- Boundary and different commands.</li> <li>- Line formation</li> <li>- Different shapes using parachute</li> <li>- (dome, mushroom, club house, good night and good morning and popcorn.)</li> <li>- Personal space (with spot marker or without spot markers)</li> </ul>

			<p>Learning Hindi song “<i>Raghupati Raghav</i>”</p> <p>-Comprehending notes</p> <p>VOCAL MUSIC:</p> <ul style="list-style-type: none"> <li>➤ Patriotic Song- Saare Jahan Se Accha.</li> <li>➤ Samanjasya # Working together in team.</li> <li>➤ Taal</li> </ul>				<ul style="list-style-type: none"> <li>- Track running (start)</li> <li>- Obstacle race</li> </ul>
December	<p><b>Oneness of Humanity</b></p> <p><b>-Hip Hip Hurrah!</b></p> <p><b>-Annual presentation</b></p> <p><u>Coordinate the poem/conversations with the play for annual presentation</u></p>	<p><b>Oneness of Humanity</b></p> <p>Cheers for the year:</p> <p>Annual presentation</p> <p>Coordinate the scenes along with dialogues for the annual presentation.</p>	<p>DANCE:</p> <ul style="list-style-type: none"> <li>• Preparation for “Samanjasya”.</li> </ul> <p>INSTRUMENTAL MUSIC:</p> <ul style="list-style-type: none"> <li>• Finger positions on Keyboard.</li> <li>• Beats of Indian National Anthem, Vande Matram, we shall overcome/Hum Honge Kamyab &amp; school song.</li> <li>• Learning Christmas carol “Jingle Bells”</li> </ul>	<p>Making Leaf in clay skill- concentration, observation, motor skills</p>	<p><b>Continued with the story illustration</b></p>	<p>G.K.</p> <p>1.Famous personalities</p> <p>2.Games</p> <p><b>Computers</b></p> <p>MS Paint</p> <p>Line tool</p> <p>Brush tool</p> <p>Curved Line</p> <p>Save File</p> <p>Open File</p>	<p>FUN GAMES AND OBSTACLE RACES</p> <ul style="list-style-type: none"> <li>- Boundary and different commands.</li> <li>- Line formation</li> <li>- Shape o mania ,domes and saucers ,twist turn bend and stretch ,houdini hoops .</li> <li>- Personal space (with spot marker or without spot markers)</li> <li>- Obstacle race</li> </ul>

			VOCAL MUSIC: Practice for Samanjasya				- Games with parachute
January	<p><b>Your stay our pleasure</b></p> <p><b>-Ad Mad</b> (Enactment of their favourite ads!)</p> <p><b>-Impromptu Game</b> (Speak on any given topic/object)</p>	<p><b>Your stay our pleasure</b></p> <p>Activities that can be done together (by host and guest)</p> <p>-Collect leaves for artwork.</p> <p>-cooking a meal</p> <p>-solve a puzzle.</p>	<p>DANCE:</p> <ul style="list-style-type: none"> <li>• Revision of previous lesson.</li> <li>• “Pranami Tukra” (Kathak).</li> <li>• Free style dance: “Bandhan khula panchhi uda”.</li> <li>• Introduction of few “Hasta Mudras”.</li> </ul> <p>INSTRUMENTAL MUSIC:</p> <ul style="list-style-type: none"> <li>• Learning beats in the style of <math>\frac{3}{4}</math> i.e., triple beats <ul style="list-style-type: none"> <li>- Sensing the types of beats</li> </ul> </li> <li>• Learning English song “Holi Holiday of Boney M” <ul style="list-style-type: none"> <li>- Application</li> </ul> </li> <li>• Introducing an eminent musical instrumental personality</li> <li>• Awareness about musical personalities</li> </ul> <p>VOCAL MUSIC: ➤ Alankar:2/2</p>	Draw a fish on clay skill- concentration, observation, motor skills	<b>Composition- How I spend time with my grandparents</b>	<p>G.K.</p> <ol style="list-style-type: none"> <li>1.Festivals</li> <li>2.Famous places</li> <li>3.Current affairs</li> </ol> <p><u>Computers</u></p> <p>Paint 3D</p> <p>Paint 3d Interface Tour. Working with 3D models.</p>	<p>FUN GAMES AND OBSTACLE RACES</p> <ul style="list-style-type: none"> <li>- Boundary and different commands.</li> <li>- Line formation</li> <li>- Shape o mania ,domes and saucers ,twist turn bend and stretch ,houdini hoops .</li> <li>- Personal space (with spot marker or without spot markers)</li> <li>- Obstacle race</li> <li>- Games with parachute</li> </ul>

			<p>➤ Unity Song: Ekta Ekta Ekta Ka Diya #Pronunciation</p>				
February/ March	<p><b>-News hour</b></p> <p><b>-Show and tell</b>(Healthy choices)</p> <p>-</p> <p><b>-Just a minute</b> (Speak about their likes and dislikes)</p>	<p>Pantomime (Recap)</p> <p>Any story of your choice.</p> <p>Comedy Circus</p>	<p>DANCE:</p> <ul style="list-style-type: none"> <li>• Revision of previous lesson.</li> <li>• Last part of free style dance: "Bandhan khula panchhi uda".</li> <li>• Introduction of few "Hasta Mudras".</li> </ul> <p>INSTRUMENTAL MUSIC:</p> <ul style="list-style-type: none"> <li>• Playing English song "Make me a Channel of your Peace"</li> <li>- Application</li> </ul> <p>VOCAL MUSIC:</p> <p>➤ Revision of songs</p>	<p>Make a sun skill- concentration, observation, motor skills</p>	<p><b>Continued with the composition</b></p>	<p>G.K.</p> <ol style="list-style-type: none"> <li>1.Festivals</li> <li>2.Famous places</li> <li>3.Current affairs</li> </ol> <p><b>Computers</b></p> <p>Paint 3D</p> <p>Painting on 3D objects.</p> <p>2D Drawing Tools.</p>	<p>FUN GAMES AND OBSTACLE RACES</p> <ul style="list-style-type: none"> <li>- Boundary and different commands.</li> <li>- Line formation</li> <li>- Shape o mania ,domes and saucers ,twist turn bend and stretch ,houdini hoops .</li> <li>- Personal space (with spot marker or without spot markers)</li> <li>- Obstacle race</li> <li>- Games with parachute</li> </ul>



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