



**TAGORE INTERNATIONAL SCHOOL
EAST OF KAILASH, NEW DELHI**

**Co- Scholastic Syllabus for Class I Session 2024-
2025**

MONTH	PUBLIC SPEAKING	THEATRE	PERFORMING ART DANCE/ VOCAL MUSIC/ INSTRUMENTAL MUSIC	CLAY MODELLING	ART	GK/ COMPUTERS	PHYSICAL EDUCATION
April/May	<p>Introducing the club/purpose of forming the club All about me (Tell me something interesting about yourself) (I speak activity)</p> <p>-Interview session Familiarizing students with voice modulation, maintaining eye contact while speaking</p> <p>-Ted talks (I speak activity)</p> <p>-Embracing Resilience</p> <p>-Get Set Go Role play-</p> <p>Role play- helping each other</p>	<p>Resilience -Introducing the club/ purpose of forming the club</p> <p>-Introduction and Applause</p> <p>-Funny Faces (Ice breaker activity) Students stand in a circle and make a funny face /expression turn by turn. Each child has to mimic the previous expression and make a new one (observation skills)</p> <p>-Hot seat Interview session by students (introduce themselves and share about any one skill/game that they learnt by trying again and again) (speaking skills and logical thinking)</p> <p>-Embracing Resilience</p>	<p>DANCE: Will start with 'Pranam'. • Tattka of 'in taal'. Basic movements of kathak.</p> <p>a) 'Urdha kon suchi'</p> <p>b) 'Madhya kon suchi', c) 'Tala kon suchi', d) 'Samatal'</p> <p>• One dance of Tagore song: (jhoom jhoom...)</p> <p>INSTRUMENTAL MUSIC</p> <p>: • Introduction of Musical Instruments along with Percussion</p>	<p>Introduction of the medium - understanding and realisation of shapes</p> <p>• real relief, high relief three dimensional objects-like utensils, household objects,</p> <p>Skill- concentration, motor skill</p>	<p>Introduction of primary Colours through the paintings of Dutch artist Piet Mondrian</p>	<p>G.K.</p> <ol style="list-style-type: none"> 1. Who are you? 2. Stories 3. Rhymes 4. Current affairs 5. Quiz (Who's who) <p>Computer Science</p> <p>MS Paint Initiating MS Paint</p> <ul style="list-style-type: none"> • How to open MS Paint • Introduction to Tools of MS Paint • Pencil ,Eraser, Text, Brush, color palette, Fill with color, Line, Rectangle Features of MS paint window • File tab • Home tab 	<p>BUILDING THE FOUNDATION</p> <ul style="list-style-type: none"> - Boundary and different commands. - Line formation - Instruction about levels (low, medium,high), -Pathways (straight, curve, zig zag) -Tempos (slow, medium, fast). - Personal space (with spot marker or without spot markers) - Different ways of making partners. (Thumb to Thumb)



(Speaking, Listening and observation skills)

-Get Set Go
-Obstacle Course: Children would be divided into small groups and challenged to complete the mini obstacle course set up in the classroom or outdoor space. (observation, problem solving)



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instruments namely keyboard, guitar, congo, maracas and tambourine Knowledge

- Familiarization of musical instruments
- Identification of various instruments
- Learning & playing Sargams
- SRGMPDN • SNDPMGR • CDEFGAB • BAGFEDC

- o Finger Positioning •
- o Learning western notes
- o Identification of notes

VOCAL MUSIC:


- > Introduction of Seven Musical Notes: S R G M P D N S/S N D P M G R S
- > Sargam song: Sa Se Sagar Ki Leherein #
- Recognition of musical notes
- > Hindi Prayer: Shanti Do Hey Prabhu
- #Memorize the lyrics

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<p>July</p>	<p>-My joyful Holidays!(Summer Vacation)</p> <p>-Let's Talk</p> <p>-Familiarizing students with the correct pronunciation of words and help them to overcome stage fright</p> <p>-Mindfulness</p> <p>-Spot and identify (music & melodies)</p> <p>-Share your thoughts(activity)</p> <p>-Go around in a circle (game)</p> <p>-What's the sound</p>	<p>Mindfulness</p> <p>Summer Fun (Summer Vacation)</p> <p>Emotion Charades:</p> <p>Expressing various emotions such as happiness, sadness, anger, or fear through facial expressions and body language.</p> <p>Mindful Listening (Musical Activity)</p> <p>Gratitude circle</p> <p>Children share something they are grateful for.</p>	<p>Dance</p> <ul style="list-style-type: none"> • Revision of previous lessons. • 'Tatkar' of tin taal. • New movements of kathak – "Pushpak". • One semi classical patriotic dance (Vande Mataram). <p>Instrumental Music</p> <ul style="list-style-type: none"> •Introduction of Musical Instruments along with Percussion instruments. -Knowledge Learning & playing Sargams • SRG RGM GMP MPD PDN DNS • SND NDP DPM PMG MGR • GRS • •SG RM GP MD PN DS • SD NP DM PG MR GS 	<p>Making earthen utensils found in Mohenjodaro</p> <p>Skill- concentration, observation, motor skills</p>	<p>-Composition using various elements created with geometrical shapes</p>	<p>G.K.</p> <ol style="list-style-type: none"> 1.Parts of the body 2. The five senses 3. How many? 4.Current affairs 5. Mind quest <p>Computer Science</p> <p>Mouse Handling</p> <p>MS Paint</p> <p>Initiating MS Paint</p> <ul style="list-style-type: none"> • Toolbox • Color Palette • Rectangle • Ellipse • Fill with color tool • Text tool • Changing Font Size 	<p>Bean bag balancing</p> <p>-Boundary and different commands.</p> <p>-Line formation</p> <p>-Bean bag balancing on different parts of body(Head,Toe,Hand and legs)</p> <p>-Personal space (with spot marker or without spot markers)</p> <p>-Fun games with bean bag(tossing the bean bag on the table, bean bag toss and catch)</p> <p>-Obstacle course</p> <p>-Musical Activity (Freeze dance, Wiggle & Waggle, Chicken dance)</p>
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			<p>-Finger Positioning</p> <p>-Learning western notes</p> <p>C C# D D# E F F# G G# A A# B</p> <p>-Identification of notes</p> <p>Vocal Music</p> <ul style="list-style-type: none"> • Alankar: 2/2 • Unity Song: Ekta Ekta Ekta ka Diya • Pronunciation 			
<p>August</p> <p>Embracing Resilience</p> <p>Go Getter</p> <p>-Show and tell</p> <p>-How do you Embrace failure</p> <p>-Positive attitude poem</p> <p>Start Smart</p> <p>-Familiarizing students with how to modulate their voice in different ways.</p> <p>-Practice of voice inflection</p>	 <p>Go Getter</p> <p>- Ad act (Activity)</p> <p>-Directors cut</p> <p>Exercises for voice modulation (Speaking and observation skills)</p>	<p>Dance</p> <ul style="list-style-type: none"> • Revision of previous lessons. • New movements of Kathak-“tat tat thei”. • Last part of the patriotic dance: “Vande mataram”. • Semi classical composition- “story of a peaceful day”. 	<p>-Making Mohenjo-daro terracotta toys</p> <p>Skill- Concentration, observation, motor skills</p>	<p>-Composition using various elements created with geometrical shapes</p>	<p>G.K</p> <ol style="list-style-type: none"> 1.School 2.National symbols 3.My India 4.Current affairs <p>Computer Science</p> <p>MS Paint</p> <ul style="list-style-type: none"> • Line tool • Brush tool • Other shapes Triangle Stars Callouts 	<p>BALL HANDLING DRILL</p> <p>- Boundary and different Commands.</p> <p>- Line formation</p> <p>- Correct ball throwing stance.</p> <p>- Target practice</p> <p>- Under arm and upper arm throw.</p> <p>- Correct technique of catching the ball (plastic ball, tennis ball or any</p>

			<p>Instrumental Music</p> <p>Learning Rhythm through tapping of feet & clapping of hands</p> <ul style="list-style-type: none"> - Applying rhythm - Learning nursery rhymes - Twinkle Twinkle Little Star & London Bridge is Falling Down” - Application <p>Vocal Music</p> <ul style="list-style-type: none"> - School Song - Patriotic Song: Hind Desh Ke Niwasi - Singing Together with others - Taal: Kaharwa with hand beats 				<p>softball)</p> <ul style="list-style-type: none"> - Personal space (with spot marker or without spot markers) - Fun games (crazy cones, four flags) - Obstacle course - Musical Activity (Freeze dance, Wiggle & Waggle, Chicken dance)
<p>Sep tem ber</p>	<p>7C's of resilience</p> <ul style="list-style-type: none"> - Role Play-Show empathy to other children and help a friend - Recital You can be 	<p>7 C's of Resilience</p> <p>Hero Tales Students enact stories of heroes (real or fictional) demonstrating virtues like honesty, kindness, and courage.</p>	<p>Dance</p> <ul style="list-style-type: none"> • Revision of previous lessons. • 5 steps 'chakkar' with 	<p>Making bugs</p> <p>skill- concentration, observation, motor skills</p>	<p>An introduction to printmaking</p> <p>Story illustration using block printing. (From the stories of Panchtantra</p>	<p>G.K</p> <ol style="list-style-type: none"> 1.Lovely flowers 2.Leaves and plants 3.Animal planet 4.Unique animals 5.Current affairs 	<p>JUNIOR ATHLETIC MEET</p> <ul style="list-style-type: none"> -SELECTION PARACHUTE AND TRACK RUNNING



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<p>anything you want (Poems on self-confidence)</p> <p>-Let's talk Familiarizing students about speak fluently, without stammering and repetition of words.</p> <p>-Usage of facial expressions/body language/style)</p>	<p>Group Story Creation Students create a story together, each student adding a line or idea.</p> <p>Super Skills Showcase Students showcase any "super skill" they possess or would like to develop (e.g., singing, acting, miming).</p>	<p>'tithai' no. 1.</p> <ul style="list-style-type: none"> Last part of semi classical dance: "story of a peaceful day". Classical composition "Durge Durge". <p>Instrumental Music</p> <p>-Learning Rhythm</p> <p>-Single Beat, Double Beat. 1234 1234 1234 1234 1 2 1234 1 2 1234 </p> <p>-Comprehending beats</p> <ul style="list-style-type: none"> Learning English song "We shall overcome or Hum Honge Kamyab" <p>Vocal Music</p> <p>-Bhajan: Raghupati Raghav</p> <p>-One song for Samanjasya</p> <p>-Singing together</p>			<p>Computer Science:</p> <p>MS Paint</p> <ul style="list-style-type: none"> Brush – different sizes Selection Copy and Paste Cut and Paste Curve Line 	<p>- Boundary and different Commands.</p> <p>- Line formation</p> <p>- Different shapes using parachute(dome,mush room,club house,good night and good morning and popcorn.)</p> <p>- Personal space (with spot marker or without a spot markers)</p> <p>- Track running (start)</p> <p>- Obstacle race</p> <p>BALL HANDLING DRILL</p> <p>- Boundary and different commands.</p> <p>- Line formation</p> <p>- Correct ball throwing stance.</p> <p>- Target practice</p> <p>- Under arm and upper arm</p>
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Throw.
 - Correct technique of catching the ball (plastic ball, tennis ball or any softball)
 - Personal space (with spot marker or without spot markers)
 - Fun games (crazy cones, four flags)
 - Obstacle course
 - Musical Activity (Freeze dance, Wiggle & Waggle, Chicken dance)

<p>October</p>	<p>Power of positivity -Talk and Spread (Find out different ways of being positive) <u>(Students to talk to their friends about the ways of being positive)</u></p>	<p>Power of Positivity Introduction to Positivity (Discussion on positive thinking, being positive) Story Creation (Students will create a short play about being positive in different situations.)</p>	<p>Dance</p> <ul style="list-style-type: none"> • Revision of previous lessons. • Last part of classical composition "Durge Durge". • Folk dance of Kashmir: 	<p>-Making butterfly Skill-concentration, observation, motor skills</p>	<p>-An introduction to printmaking Story illustration using block printing. (from the stories of Panchtantra)</p>	<p>1. Things we use 2. Hand in hand 3. Famous personalities 4. Current affairs</p> <p>Computer science Mouse Handling MS Paint • Tools</p>	<p>JUNIOR ATHLETIC MEET -SELECTION PARACHUTE AND TRACK RUNNING - Boundary and different commands. - Line formation - Different shapes</p>
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		<p>Compliment Circle (Game)</p>	<p>(Boomro Boomro)</p> <p><u>Instrumental Music</u></p> <ul style="list-style-type: none"> • Keyboard playing practices CCEC CECE CEFC CEEC SRGM RGMP GMPD MPD N PDNS etc. • Learning English song “Daa Deera Female Deer” <p>Comprehending notes</p> <p><u>Vocal Music</u></p> <p>-Introduction to Vocal Personalities</p> <p>-Unity Song- Ham Honge Kamyab.</p> <p>-Working together in team.</p>			<ul style="list-style-type: none"> • Color Palette • Shapes • Fill with color tool • Pencil • Brush • Eraser • Text • Rotate vertically • Copy-paste • Changing font and size 	<p>using parachute (dome,mushroom,club house,good night and good morning and popcorn.)</p> <p>- Personal space (with spot marker or without a spot markers)</p> <p>- Track running (start)</p> <p>- Obstacle race</p>
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<p>No ve mb er</p>	<p>Practice for presentation Conversations Enactment and recitation of the poem by the students. (Memorization of the poem, loudness and clarity of voice, voice modulation, actions and expressions and eye contact)</p>	<p>Power of Positivity</p> <p>Emotion Walk (Activity)</p> <p>Practice for the annual presentation (Memorization of the dialogues, enactment, dialogue delivery, stage presence, voice clarity, expressions)</p>	<p>Dance</p> <ul style="list-style-type: none"> • Revision of previous lessons. • Last part of Kashmiri folk dance. • Preparation for “Samanjasya” <p>Instrumental Music</p> <ul style="list-style-type: none"> • Keyboard playing practices CEFC CEEC SRGM RGMP GMPD MPD N PDNS etc. • Learning Hindi Bhajan “Raghupati Raghav” <p>Comprehending notes</p> <p>Vocal Music</p> <p>-Patriotic Song- Saare Jahan Se --Accha. -smanjasya</p>	<p>-Making Sunflower skill- concentration, observation, motor skills</p>	<p>-Composition using Origami- A jungle scene with origami animals.</p>	<p>G.K</p> <ol style="list-style-type: none"> 1.Safe and sound 2.Reading signs 3.Houses of prayer 4.Current Affairs <p>Computer Science</p> <p>MS Paint</p> <ul style="list-style-type: none"> • Toolbox • Color Palette • Curved Lines • Fill with color tool • Text tool <p>Save File</p>	<p>BALL HANDLING DRILL</p> <ul style="list-style-type: none"> - Boundary and different commands. - Line formation - Correct ball throwing stance. - Target practice - Underarm and upper arm throw. - Correct technique of catching the ball (plastic ball, tennis ball or any softball) - Personal space (with spot marker or without spot markers) - Fun games (crazy cones, four flags) - Obstacle course - Musical Activity (Freeze dance, Wiggle & Waggle, Chicken dance)
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			-Working together in team. -Taal				
December	<u>Perseverance</u> -Hip Hip Hurrah! -Annual presentation -Coordinate the poem/conversations with the play for annual presentation.	<u>Perseverance</u> -Cheers for the year: -Coordinate the scenes along with dialogues for the final show. -Final show- Samanjasya	<u>Dance</u> • Preparation for "Samanjasya" <u>Instrumental Music</u> Finger positions on Keyboard. Beats of Indian National Anthem Vande Matram, we shall overcome/Hum Honge Kamyab & school song. Learning Christmas carol "Jingle Bells" <u>Vocal Music</u> Practice for Samanjasya	-Making Leaf in clay skill- concentration, observation, motor skills	-Composition using Origami- A jungle scene with origami animals.	<u>G.K</u> 1.Famous monuments 2.Games <u>Computer Science</u> <u>MS Paint</u> • Line tool • Brush tool • Curved Line • Save File Open File	<u>FUN GAMES AND OBSTACLE RACES</u> - Boundary and different commands. - Line formation - Shape o mania, domes and saucers, twist turn bend and stretch, houdini hoops. - Personal space (with spot marker or without spot markers) - Obstacle race - Games with parachute




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<p>January</p>	<p>Raise the bar</p> <p>-Ad Mad(Enactment of their favourite ads!)</p> <p>-Impromptu Game(Speak on any given topic/object)</p>	<p>Raise the bar</p> <p>-Mirror Mirror (Activity)</p> <p>-Read Inspiring Stories Role-Play (Depicting stories or biographies of famous personalities who have raised the bar in various fields.)</p>	<p>Dance</p> <ul style="list-style-type: none"> • Revision of previous lessons. • “Pranami Tukra” (Kathak). • Free style dance: “Bandhan khula”. • Name of all Indian classical dances states. <p>Instrumental Music</p> <ul style="list-style-type: none"> • Learning beats in the style of ¾ i.e., triple beats - Sensing the types of beats • Learning English song “Holi Holiday of Boney M” - Application • Introducing an eminent 	<p>-Draw a fish on clay skill- concentration, observation, motor skills</p>	<p>-Composition- My dream vacation destination using patterns</p>	<p>G.K</p> <ol style="list-style-type: none"> 1.Festivals 2.Famous places 3.Current affairs <p>Computer Science</p> <p>Paint 3D</p> <ul style="list-style-type: none"> • Paint 3d Interface Tour. • Working with 3D models. 	<p>FUN GAMES AND OBSTACLE RACES</p> <ul style="list-style-type: none"> - Boundary and different commands. - Line formation - Shape o mania, domes and saucers, twist turn bend and stretch, houdini hoops. - Personal space (with spot marker or without spot markers) - Obstacle race - Games with parachute
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			<p>musical instrumental personality</p> <ul style="list-style-type: none"> Awareness about musical personalities <p><u>Vocal Music</u></p> <ul style="list-style-type: none"> alankar:2/2 Unity Song: Bharat ke kone kone se <p>#Pronunciation.</p>				
<p>Feb /March</p>	<p>-News hour</p> <p>-Show and tell (Healthy choices)</p> <p>-Just a minute (Speak about their likes and dislikes)</p>	 <p>-Comedy Circus (Presenting a comical scene)</p> <p>-Favourite cartoon character enactment (Each student enacts his/her favourite cartoon character)</p> <p>-Puppet Theatre (Enhancing creativity and storytelling through puppetry)</p>	<p><u>Dance</u></p> <ul style="list-style-type: none"> Revision of previous lessons. Last part of free style dance: "Bandhan khula panchhi uda". Introduction of few "Hasta Mudras". <p><u>Instrumental Music</u></p> <ul style="list-style-type: none"> Playing English song "Make me a 	<p>-Make a sun skill- concentration, observation, motor skills</p>	<p>-Composition- My dream vacation destination using patterns</p>	<p><u>G.K</u></p> <ul style="list-style-type: none"> Revision of all previous concepts Current affairs <p><u>Computer Science:</u></p> <p>Paint 3D</p> <ul style="list-style-type: none"> Painting on 3D objects. 2D Drawing Tools 	<p>FUN GAMES AND OBSTACLE RACES</p> <ul style="list-style-type: none"> Boundary and different Commands. Line formation Shape o mania, domes and saucers, twist turn bend and stretch, houdini hoops. Personal space (with spot marker or without spot markers) Obstacle race Games with parachute

			Channel of your Peace” - Application <u>Vocal Music</u> • Revision of Songs				
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