



Co- Scholastic Syllabus for Class III Session 2024-25

Month	Public Speaking	Theatre	Performing Art Dance / Vocal Music / Instrumental Music	Clay Modelling	Art	GK/ Computers	Physical Education
April/May	<p>1. Precious gems</p> <p>2. Ice-Breaker: Humour me! (share a joke)</p> <p>3. Key-Points (3-P's of Public speaking)</p> <p>4. "Can Do"- Positive Attitude</p>	<p>1. Name in motion</p> <p>2. Ice-Breaker: Two Truths and a Pose</p> <p>3. AIMS (the basic skills to learn)</p> <p>4. Character Charades</p> <p>5. मात्र एक ममनट (ज्ञात से अज्ञात की ओर)</p>	<p>DANCE:</p> <ul style="list-style-type: none"> • 'Tatkar' of tin taal with speed. • New movements of kathak:- 'Pushpak' • New 'tihar' no. 1 of kathak. • One dance of Tagore-song (Pagli hawa badraya din...). • Introduction of a famous Kathak Guru: Pdt. Birju Maharaj ji <p>INSTRUMENTAL MUSIC:</p> <ul style="list-style-type: none"> - Introduction to the synthesizer & the keys of the keyboard Understanding the instrument -Understanding basic beats & rhythm of various styles Knowledge of beats - Learning Rabindra sangeet "Fule fule dhole dhole" 	<p>Introduction of the medium - understanding and realisation of shapes in real - relief, high-relief three dimensional objects- like Frog</p> <p>Skill- concentration, motor skill</p>	<p>Introduction of Indian Artist – Jamini Roy</p> <p>Using oil pastels</p>	<p>G.K.</p> <ul style="list-style-type: none"> -Story time- The Little engine that could (discussion on self-belief) -My self-esteem -People who believed in themselves -Love for Books (Quiz time) -Onomatopoeia words affairs/Trivia <p>Computer Science</p> <p>Scratch Software 3.0</p>	<p>Balance and Coordination</p> <ul style="list-style-type: none"> • Introduction of body balance • Control and stabilize the body during movement or while stationary • Balance bean bag on different body part

			<p>Playing simple songs</p> <p>- Identification of finger position on keyboard and rhythm sense. Learning finger position and rhythm</p> <p>- Introduction of eminent music personality Pt. Ravi Shankar (Sitar)</p> <p><u>VOCAL MUSIC:</u> Alankar: 2/2 # Distinguish the musical notes Vocal personality: Folk Artist Runa Laila English Prayer Rabindrasangeet Pavan Chale Zor # Memorize the lyrics. Taal: Kaharwa</p> <p>#Coordination</p>			<p>1.Installation 2.Sprite a)add new sprite b)grow/shrink sprite c)cut & duplicate sprite d)paint your sprite and background 3.add new backdrop 4.Block palette 5. Script area 6.when flag clicked event 7.move, turn and wait command 8.Switch Backdrop 9.Switch Sprite 10. Say command</p>	
July	<p>1.Accomplishment jar (who helped me?)</p> <p>2.Accomplishment jar (cont.) (How did I cope with difficult situations?)</p> <p>3. Poem on friends/ family</p>	<p>1. My Everyday Hero</p> <p>2. My Everyday Hero (cont.) (How did I cope with difficult situations?)</p> <p>3. Game- Yes</p>	<p><u>DANCE:</u></p> <ul style="list-style-type: none"> • Revision of previous lesson. • Few basic movements of kathak. • New 'tihai' no. 2 of kathak. • One patriotic dance: (Kadam kadam badhaye ja). • About Kathak costumes & accessories. 	-Making Puppy	<p>Work based on the paintings of Spanish artist- Pablo Picasso using complimentary colours</p> <p>Skill- -Exploring different techniques</p>	<p><u>GK-</u> -Coping skill plan -Space tools -Devices used for computers -Dances across the world (Quiz time)</p> <p>-Current affairs/Trivia</p> <p><u>Computer</u></p>	<p>Throwing</p> <p>-Throwing the ball at different speed , height and distance. -Bulls eye game</p>

	4. Weave a story- (stories about resilience)	<p>and...</p> <p>4. कुछ खास है अलग अंदाज़ है (छिपे हुए हुनर का प्रदर्शन)</p>	<p><u>Instrumental Music</u></p> <ul style="list-style-type: none"> • Understanding basic beats & rhythm of various styles - Knowledge of beats • Identification of finger position on keyboard and rhythm sense. - Learning finger position and rhythm • Learning patriotic song Hum honge kamyab / we shall overcome with both hands. <p><u>Vocal Music</u></p> <ul style="list-style-type: none"> • Alankar: 2/2 # Distinguish the musical notes. • School Song • Patriotic Song: Aha Manzil Ki Duri Se # Singing in harmony 		<p>mediums and elements of art.</p> <p>-Recognize an artist's work</p>	<p><u>Science</u></p> <p><u>Scratch</u></p> <p>continues</p> <p>Commands</p> <ul style="list-style-type: none"> -create clone -when this sprite click -when I start as clone -go to Random position -change size by -change color effect by 	
August	<p>1. Famous fails of famous personalities</p> <p>2. Story Telling (cont: famous personalities from the previous</p>	<p>1. The Solution Seekers (I will do it!)</p> <p>2. Story Mashup</p> <p>3. Story Mashup(cont.)</p>	<p><u>Dance</u></p> <ul style="list-style-type: none"> • Revision of previous lessons. • New 'tihai' no 3 of kathak. • Last part of the patriotic dance: (Kadam kadam badhaye ja). • Classical composition 	<p>-Making Squirrel</p> <p>Skill- concentration, observation, motor skills</p>	<p>Continued with the Artist</p>	<p><u>GK</u></p> <ul style="list-style-type: none"> -Greetings across the world -Legendary personalities of India 	<p>Throwing and target</p> <ul style="list-style-type: none"> -Throwing the ball at different speed , height and distance. -Bulls eye game



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	<p>class)</p> <p>3. Three Truths and One Lie (game)</p> <p>4. Poem on communicating with each other</p>	<p>4. असफलता से सफलता की ओर (कहानी)</p>	<p>(guru bandana).</p> <p><u>Instrumental Music</u></p> <ul style="list-style-type: none"> • Playing beats & taals in multiples of 2 • Change of tempo or laya - Gaining the skill of learning beats and rhythm sense • Learning School Song "Ahem Yogya Asmi" - Application of notes and finger positioning <p><u>Vocal Music</u></p> <ul style="list-style-type: none"> • Alankar: 2/2 • Unity Song- Dharti Baanti Sagar Baanta • National Anthem <ul style="list-style-type: none"> ○ # Sensitivity towards people 			<p>-Women entrepreneur s of India Current affairs/Trivia (Quiz time)</p> <p><u>Computer Science Scratch continues</u></p> <p>Commands</p> <ul style="list-style-type: none"> -When key pressed -move -wait -change y by -change x by -when flag clicked -if then -touching color -say -go to x,y -switch costume to -sound 	
September	<p>1. Mistake Art- (I never give up!)</p> <p>2. Fake a Holiday</p> <p>3. Learn from the Pros</p>	<p>1. What to do if....</p> <p>2. Freeze frames</p> <p>3. Theater of the Absurd</p>	<p><u>Dance</u></p> <ul style="list-style-type: none"> • Revision of previous lessons. • "Tukra" no 1 of kathak. • Last part of the classical composition (guru bandana). 	<p>-Making Bear Cub</p> <p>Skill- concentration, observation, motor skills</p>	<p>Landscape using warm and cool colours</p> <p>Skill- - Exploring different</p>	<p>G.K</p> <ul style="list-style-type: none"> -Inventors and Inventions -Rivers- our lifeline -Food around 	<p>JUNIOR ATHLETIC MEET SELECTION</p> <ul style="list-style-type: none"> -Track Running - Exercise - Fun Races - Responding To The Commands



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	<p>4. Time for an outdoor game</p>	<p>4. Costume Relay</p> <p>5. अपने पसंदीदा पात्र चाहे वो फिल्मों से जुड़ा हो या खेल जगत से उसका प्रसिद्ध संवाद अदायगी</p>	<ul style="list-style-type: none"> Practice of few "Asamyukta hasta mudras". <p><u>Instrumental Music</u></p> <ul style="list-style-type: none"> Keyboard playing practices CCEC CECE CEFC CEEC SRGM RGMP GMPD MPDN PDN S etc. Trying finger positioning on keyboard Learning prayer song Teri hai zameen, tera aasman. Application of rhythm, beats and other variations <p><u>Vocal Music</u></p> <ul style="list-style-type: none"> Bhajan: Teri Hai Zamin Tera Aasma One song for Samanjasya # To develop the correct style of singing the Bhajan 		<p>techniques, mediums and elements of art.</p> <ul style="list-style-type: none"> Balancing colours and shapes. Identify a colour family. 	<p>the world (Quiz time) -Current Affairs Trivia</p> <p><u>Computer Science</u></p> <p>Scratch continues</p> <ol style="list-style-type: none"> repeat goto x and y say, hide and show switch backdrop Pendown command think change costume Broadcast a message When I receive 	
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<p>October</p>	<p>1. 30 second filler-free exercise- (topic: values passed on to me by my family)</p> <p>2. Where did that name come from?</p> <p>3. Celebrations in the Air- Nukkar Naatak</p> <p>4. Samanjasya-story and script reading</p>	<p>1. Little Stars, Big Lessons</p> <p>2. Dancing to our family's heartbeat</p> <p>3. Celebrations in the Air- Nukkar Naatak (HINDI)</p> <p>4. Samanjasya-story and script reading</p>	<p><u>Dance</u></p> <ul style="list-style-type: none"> • Revision of previous lessons. • New "Tihai" no. 4 • Classical Dance on "Ganesh stuti": "Vakra tunda mahakaya". <p>Name of all the classical dances of India with their states</p> <p><u>Instrumental Music</u></p> <ul style="list-style-type: none"> • Keyboard playing practices CCEC CECE CEFC CEEC SRGM RGMP GMPD MPDN PPN S, etc. - Trying finger positioning on keyboard • Learning patriotic song "Kadam kadam badaye Jaa" Application of rhythm, beats and other variations <p><u>Vocal Music</u></p> <ul style="list-style-type: none"> • Motivational Song: Sab milke Saathi Hum Gaya • Taal: Dadra #Following the Rhythm. 	<p>-Making Peacock</p> <p>Skill- concentration, observation, motor skills</p>	<p>Continued with the landscape</p>	<p>GK-</p> <p>-Our value system</p> <p>-Birds birds everywhere</p> <p>- Famous brands across the world</p> <p>-Interesting animals (Quiz time)</p> <p>Current affairs/Trivia</p> <p><u>Computer Science</u></p> <p>Scratch continues</p> <p>A) Pen Extension Continue</p> <p>a)erase all b)stamp</p> <p>c)penup/pendown d)set pen color e)change pen f)change pen size</p>	<p>JUNIOR ATHLETIC MEET SELECTION</p> <p>-Track Running - Exercise</p> <p>- Fun Races - Responding To The Commands</p>
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<p>November</p>	<p>1. 30 second filler-free exercise- (topic: values passed on to me by my family)</p> <p>2. Where did that name come from?</p> <p>3. Celebrations in the Air- Nukkar Naatak</p> <p>4. Samanjasya-story and script reading</p>	<p>1. Little Stars, Big Lessons</p> <p>2. Dancing to our family's heartbeat</p> <p>3. Celebrations in the Air- Nukkar Naatak (HINDI)</p> <p>4. Samanjasya-story and script reading</p> 	<p><u>Dance</u></p> <ul style="list-style-type: none"> • Revision of previous lessons. • Last part of “Ganesh stuti”: “Vakra tunda mahakaya”. • Preparation for “Samanjasya”. <p><u>Instrumental Music</u></p> <ul style="list-style-type: none"> • Technical Knowledge of Melody Instruments & Rhythm Instruments • Learning beats in the style of 4/4. - Understanding Technicalities of Instruments • Learning English song “Conquest of Paradise” <p>Application of theoretical concept and beats to the song.</p> <p><u>Vocal Musiic</u></p> <ul style="list-style-type: none"> • Community Song- Saare Jahan Se Achha • Samanjasya # Working together in team • Taal 	<p>-Making Cat</p> <p>Skill- concentration, observation, motor skills</p>	<p>Introduction of Typography- words related to resilience with patterns</p> <p>Skill-</p> <ul style="list-style-type: none"> - Exploring different techniques, mediums and elements of art. -Balancing colours and shapes 	<p><u>GK-</u></p> <ul style="list-style-type: none"> -Our value system -Birds birds everywhere - Famous brands across the world -Interesting animals (Quiz time) -Current affairs/Trivia <p><u>Computer Science</u></p> <p>Scratch continues</p> <p>Text to Speech Extension</p> <ol style="list-style-type: none"> Speak Set voice Set Language 	<p>BALL HANDLING DRILL</p> <ul style="list-style-type: none"> - Boundary and different commands. - Line formation - Correct ball throwing stance. - Target practice - Under arm and upper arm throw. <p>Dribble the ball (one hand or both hand)</p> <ul style="list-style-type: none"> - Correct technique of catching the ball (<i>plastic ball</i>) - Personal space (with spot marker or without spot markers) - Fun games (crazy cones, four flags) - Obstacle course
<p>December</p>	<p>Rehearsal for Annual Presentation</p>	<p>Rehearsal for Annual Presentation</p>	<p><u>Dance</u></p> <ul style="list-style-type: none"> • Preparation for “Samanjasya”. <p><u>Instrumental Music</u></p>	<p>-Making Dino</p> <p>Skill- concentration, observation,</p>	<p>Continued with the typography</p>	<p><u>GK-</u></p> <ul style="list-style-type: none"> -The world is one big happy 	<p>Game : Football BASIC SKILLS:</p> <ul style="list-style-type: none"> • Top tap • Side tap

			<ul style="list-style-type: none"> Learning beats in the style of $\frac{3}{4}$ i.e., triple beats Learning English song "Make me a Channel of your Peace" Application Learning Christmas carols "We wish u a merry Christmas, Jingle bells & Silent night" <p>Applying the theoretical concepts and judging western notes.</p> <p><u>Vocal Music</u></p> <ul style="list-style-type: none"> Practice for Samanjasya 	motor skills		<p>family</p> <ul style="list-style-type: none"> -Space travelers -Current affairs/Trivia (Quiz time) <p><u>Computer Science Scratch continues</u></p> <p>1-Operator block (different commands)</p> <p>2- Variable Block</p> <ul style="list-style-type: none"> - Create variable - Set variable - Change Variable <p>Show variable</p>	<ul style="list-style-type: none"> Pull back Ball fake Drop trap Scissors Short and long pass Dribbling the ball
January	<p>1.Report writing on Samanjasya (role play of a reporter who was there to watch Samanjasya)</p> <p>2. My Favourite Sport Star or an Artist</p> <p>3. The Tongue twisting</p>	<p>1.Report on Samanjasya (role play of a reporter who was there to watch Samanjasya)</p> <p>2. Brave speeches</p> <p>3. Empowerment Gallery (Positive</p>	<p><u>Dance</u></p> <ul style="list-style-type: none"> Revision of previous lessons. Folk dance of Assam: "Bihu" (bihure logon...). Few "Asamyukta Hasta Mudras". <p><u>Instrumental Music</u></p> <ul style="list-style-type: none"> Learning the patterns in different sections according to the theme. 	-Making Hen	<p>Folk art of West Bengal-Pattachitra Skill-</p> <p>- Exploring elements of art</p>	<p><u>GK-</u></p> <p>Staying positive</p> <ul style="list-style-type: none"> -Famous personalities with a positive attitude -Energy sources -World of sports and 	<p>Parachute unit</p> <p>all shapes (dome, mushroom, goodnight, good morning) different games and shoulder strengthening exercises)</p>



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	<p>Challenge- (tongue twisters)</p> <p>4. Mock- interview</p> <p>5. Debate (on the given topics)</p> <p>6. Farewell Speech</p>	<p>affirmation wall)</p> <p>4. Craft of courage</p> <p>5. Hindi Farewell speech</p>	<p>- Understanding pattern progression and swiftness in playing</p> <ul style="list-style-type: none"> • Learning English song “U Raise me up” <p>Application of finger positioning and revising western notes</p> <p><u>Vocal Music</u></p> <p><u>Patriotic Song: Kadam Kadam Badhaye Ja</u></p>			<p>entertainme nt (Quiz time)</p> <p>-Currencies around the world</p> <p>-Current affairs/Trivia</p> <p><u>Computer Science</u></p> <p>Scratch continues</p> <p>1- Sensing block</p> <ul style="list-style-type: none"> -touching - touching color - ask -answer - mouse down - mouse x - mouse y 	
<p>February/Marc h</p>	<p>1.Report writing on Samanjasya (role play of a reporter who was there to watch Samanjasya)</p> <p>2. My Favourite Sport Star or an Artist</p>	<p>1.Report on Samanjasya (role play of a reporter who was there to watch Samanjasya)</p> <p>2. Brave speeches</p>	<p><u>Dance</u></p> <ul style="list-style-type: none"> • Revision of previous lessons. • “Tukra” no. 2 of kathak. • Last part of “Bihu” dance. • Few “Asamyukta Hasta Mudras” with their use in dance. 	<p>-Making Stork</p> <p>Skill- concentration, observation, motor skills</p>	<p>Continued with the folk art</p>	<p><u>G.K-</u> Staying positive</p> <ul style="list-style-type: none"> -Famous personalities with a positive attitude -Energy sources 	<p>Revisiting all activities and skills taught during the session.</p> <p>Recreational games. Parachute unit all shapes (dome, mushroom, goodnight, good morning, and club house)</p>



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	<p>3. The Tongue twisting Challenge- (tongue twisters)</p> <p>4. Mock-interview</p> <p>5. Debate (on the given topics)</p> <p>6. Farewell Speech</p>	<p>3. Empowerment Gallery (Positive affirmation wall)</p> <p>4. Craft of courage</p> <p>5. Hindi Farewell speech</p>	<p><u>Instrumental Music</u></p> <ul style="list-style-type: none"> Combining all different sections & patterns & playing them. Comprehension of percussion instruments Learning music of "Can Can" <p>Developing a sense of outside cultural music and differentiating it from Western and Indian music.</p> <p><u>Vocal Music</u> Revision of songs</p>			<p>-World of sports and entertainment (Quiz time)</p> <p>-Currencies around the world</p> <p>-Current affairs/Trivia</p> <p><u>Computer Science</u></p> <p>Scratch continues Revise all the command</p>	
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