




**Co- Scholastic Syllabus for Class II Session 2025-26**

Month	Public Speaking	Theatre	Performing Art Dance / Vocal Music / Instrumental Music	Clay Modelling	Art	GK/ Computers	Physical Education
<b>April /May</b>  <b>Ripples of Benevolence</b>	<b>1. Introduction-</b>  <b>a. Self-Introduction by the teacher and the students.</b>  <b>b. What is Public speaking and why is it important? (Basic knowledge)</b>  <b>c. 3 P's of Public Speaking.</b>  <b>d. Qualities needed for public speaking to overcome fear.</b>  <b>Breathing exercises to overcome fear before speaking.</b>  <b>Time to share:</b> Share your Kindness story.	<b>1. Introduction</b>  <b>Activity - Let's Play &amp; Pretend!</b>  The skin you live in..   Students introduce themselves and talk about their interests in different spheres.  Introduction of the club -  <b>A time I made a</b>	<b><u>DANCE:</u></b>  > Will start with 'Pranam'. > 'Tatkar' of kathak in tin taal with 1 <sup>st</sup> , 2 <sup>nd</sup> , 4 <sup>th</sup> speed. > New movements of kathak:-'Urdha hasta chakra'. > One dance of Tagore song (Are re re...)  ----- -  <b><u>INSTRUMENTAL MUSIC:</u></b>  • <b>Finger practice on keyboard</b>	> Practice seasonal fruits in round with clay.	<b>Revision of primary and introduction of secondary colours through the paintings of American artist Keith Haring</b>	<b><u>G.K.</u></b>  Knowing About Delhi Monuments of Delhi Authors for children Newspaper Fun Current Affairs  <b><u>Computers</u></b> Paint 3D □ Paint 3d Interface Tour. □ Working with 3D models. □ Painting on 3D objects. □ 2D Drawing Tools. □ Converting 2D drawings to 3D	<b><u>Agility and Speed</u></b>  Obstacle course • Levels (low medium and high) • Pathways (straight, zig-zag, curve) • Tempos (slow, medium and fast) - SHUTTLE RUN - PLATE TAPPING

		<p><b>good choice</b></p>  <p><b>2. My Superpower of Change!!</b></p> <p>A great way for students to get a non-frightening taste of being on stage and establish a supportive environment (acting like their own superhero.)</p>  <p><b>3. Emotion Freeze</b></p>	<ul style="list-style-type: none"> <li>- Knowledge of finger positioning</li> <li>• Learning beats &amp; taals in multiples of 2</li> <li>- Identification of beats</li> <li>• Change of tempo or laya</li> <li>- Knowledge on variation of beats</li> <li>• Playing Sargams, learning to play Gayatri Mantra</li> <li>- Playing simple songs</li> </ul> <hr/> <p><b><u>VOCAL MUSIC:</u></b></p> <p>Alankars: S R G</p>				
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		<p>A fun way that forces students to be spontaneous, stretches imagination and allows them to think together(celebrating Earth Day)</p> <p><b>4. नाट्य विधा का परिचय -</b></p> <p><b>दर्पण विधि -</b></p> <p><b>विभिन्न भावों से संबंधित संवाद प्रस्तुति ।</b></p> <p><b>SKILLS</b> facial expression pronunciation body language</p>	<p>M P D N S/ S N D P M G R S, SS RR GG MM PP DD NN SS/ SS NN DD PP MM GG RR SS School song Rabindrasangeet : Kale Kale Badalo Mein # Memorize the lyrics</p>				
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