

Class I PARENTS SYLLABUS 2025 - 2026

Month & Theme	English	Math	General Awareness	Hindi
July	MCB	Shapes	- Our Body	
SDG 3	-Fun in the Playground	-plane shapes-basic 2D shapes	- Staying Healthy	बिना मात्रा वाले शब्द - तीन ,चार अक्षर वाले शब्द एवं वाक्य निर्माण
Good Health and Well-being	-Poem – Wake Up Time	(triangle, square, rectangle and circle)		पाठ- नटखट मनन
3 GOOD HEALTH AND WELL-BEING	Grammar-	Numbers 11 to 20		(आ -ा) मात्रा वाले शब्द , वाक्य निर्माण
A4 /	-action words	count and write number names 11-	TO TO C	पाठ- समझदार राजन,
^\/	-naming words	- missing numbers	- Personal Responsibility	वाक्य पूर्ति, शब्द चित्र मिलान
Value: My Job my Joy		- one more than/one less than / in between		श्रवण कौशल , वाचन,चिंतन एवं पठन एवं लेखन कौशल
Life Skill: Shine with responsibility		- tens and ones	Project/Activity	
Health and Wellness:		- abacus	Spatial intelligence	ग्तिविधियाँ
Shape it up	Kinesthetic Intelligence	- comparing numbers (greater than,		<u> </u>
Gender Sensitivity: I can run faster than you	Activity: Body boogiesinging and dancing on	less than, equal to) - ascending and descending order		स्वस्थ तन -उत्तम मन

SEL - Personal Responsibility

action song. (Clap your hands)



Thinking skill Intrapersonal skill

Game: Within One Minuteenact and name a few activities that you do when you wake up which takes you less than one minute.

Verbal linguistic Intelligence

Leader leader change the action -Change actions according to the leader



-ordinal numbers

Experiential Learning

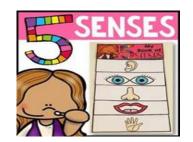
Shape bake- Make sandwiches using different shapes



Spatial Intelligence

<u>Shape printing-</u> Different shape cutouts to be used for printing

Flip flap booklet: Draw sense organs and write any two things which relate to it



Intrapersonal intelligence and Verbal Linguistic Intelligence My daily routine (Speaking

skill)

Spatial and Naturalistic
Intelligence (Art Integration)
Picture gallery-paste pictures
of various things we use for
personal cleanliness from old
magazines and books



Activity: Mock snack time with guided practice of table

रचनात्मक गतिविधि :-

आ मात्रा से शुरू होने वाले किसी भी एक फल या सब्ज़ी का चित्र स्वयं बनाइए और उसमे उचित रंग भरकर उस चित्र का नाम लिखिए तथा उस फल या सब्ज़ी के बारे में छात्र बताएंगे A

> जैसे :- रंग] स्वाद] पौष्टिक तत्व आदि

कला एकीकरण

भाषीय , व्यक्तिगत योग्यता

अनुभवात्मक अधिगम

व्यक्तिगत रूप से आप ने उपवन में क्या . क्या देखा । उन सभी



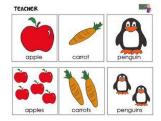
Health and Wellness:

Go green to breathe clean

Gender Sensitivity:Men at work

SEL- Social Interaction

vegetables, fruits animals and birds (group activity)



Art integration

Using play dough, make objects of your choice to show one and many



-measuring lengths using hand span, cubit, pace and feet

Interpersonal Intelligence

Shake it up:

Shake the two dice and ask your partner to sum it up.



Intrapersonal Intelligence

"I Have, Who Has"

Teacher will call out a number between 1-20 and ask students to find that number card in their pack of number cards.eg - I have 4 who has 17.



My healthy eating habits (Speaking skill)

Joyful learning (Art Integration)

Feast Time - My meal plan, Menu card for the day (design a Menu card for your birthday Party)



Naturalistic intelligence Salad party (observation skills)

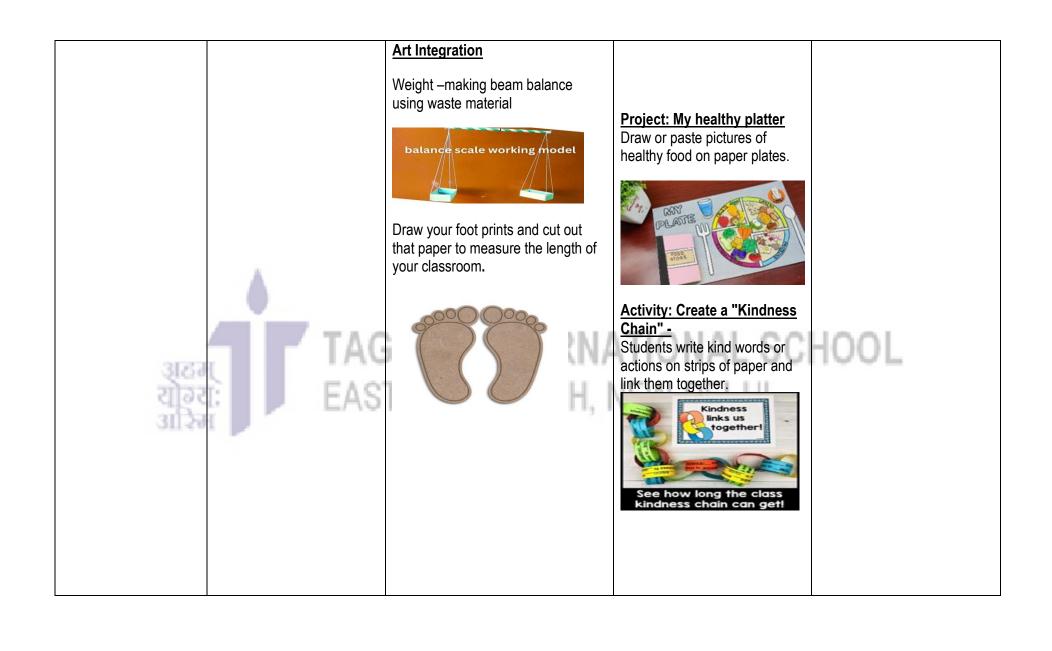


छात्र 1.४ साइज शीट पर घर पर आसानी से मिलने वाली इ मात्रा से शुरू होने वाली सिब्जियों की छाप की मदद से एक फूलदान तैयार करेंगे और जिन सिब्जियों की छाप का प्रयोग किया है ए छात्र उनके बारे में कक्षा में बताएंगे प



अनुभवात्मक अधिगम -(चित्रकारी कौशल)

भाषीय , व्यक्तिगत योग्यता



September

SDG 11

Sustainable cities and communities



Value: Helping Hands

Life Skill: Together we can

Health and Wellness:

Wear clothes that make you feel happy

Gender Sensitivity: Fashion has no gender

SEL - Teamwork and Cooperation

MCB

- -Sharing is Caring
- -Poem Ice cream Time

Grammar-

- -articles 'a' and 'an'
- -picture composition
- -comprehension
- -sentence making

Interpersonal & verbal linguistic Intelligence Activity: Am I correct?

Teacher will put wrong articles in sentences and students will correct them



Naturalistic intelligence
Look around -find out the
names of the famous
companies which make ice

Addition and Subtraction within 20 contd.

- -vertical and horizontal subtraction
- -subtraction with zero
- -statement questions on subtraction

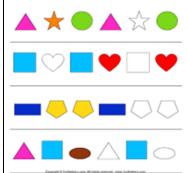
Patterns

- -identify and complete the patterns
- patterns with shapes
- patterns with numbers, alphabet

Intrapersonal and Spatial Intelligence

Activity: Shape o mania
Arrange the shapes to form a
pattern

Color the shape to complete the pattern.



- Clothes we wear
- Our Homes
- Teamwork and Cooperation

Project/Activity:

Art Integration/Musical Intelligence

Dress up in your traditional dress and sing and dance on a song related to it.



Naturalistic intelligence - look around in your wardrobe to find out names of different fabrics used in making clothes.

(ई-1)मात्रा वाले शब्द

पाठ - दीपावली मनाई

(उ - ू) मात्रा वाले शब्द

गुनगुनाता मुरगा

शब्द एवं वाक्य

निर्माण,वाक्य पूर्ति एवं शब्द -चित्र मिलान , अनुच्छेद लेखन, अपठित गद्यांश

श्रवण कौशल , वाचन,चिंतन एवं पठन एवं लेखन कौशल

रचनात्मक गतिविधि :-

मिट्टी या कागज से बनाया हुआ एक दीया लीजिए। उसे सुन्दर रंगों या घर में पड़ी पुरानी चीजों से सजाइए और दीये का प्रयोग हम कैसे कर सकते है कक्षा में

creams(Observation skills)



Verbal linguistic

Mind game: teacher will display some fruits and vegetables. She will then hide them in a box and ask the students to name each fruit/vegetable.

(Observation, identification, thinking and memory skills)

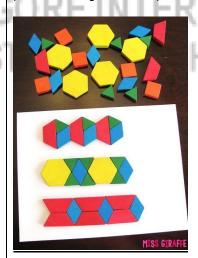


Art Integration - Cat hat

Make a hat for your cat by creating a pattern



Experiential learning- Bring any 5 kinds of shapes and make different patterns using those shapes





Spatial intelligence Rainy day wardrobe

-Draw pictures of clothes you wear during rainy season and state the reason for wearing them



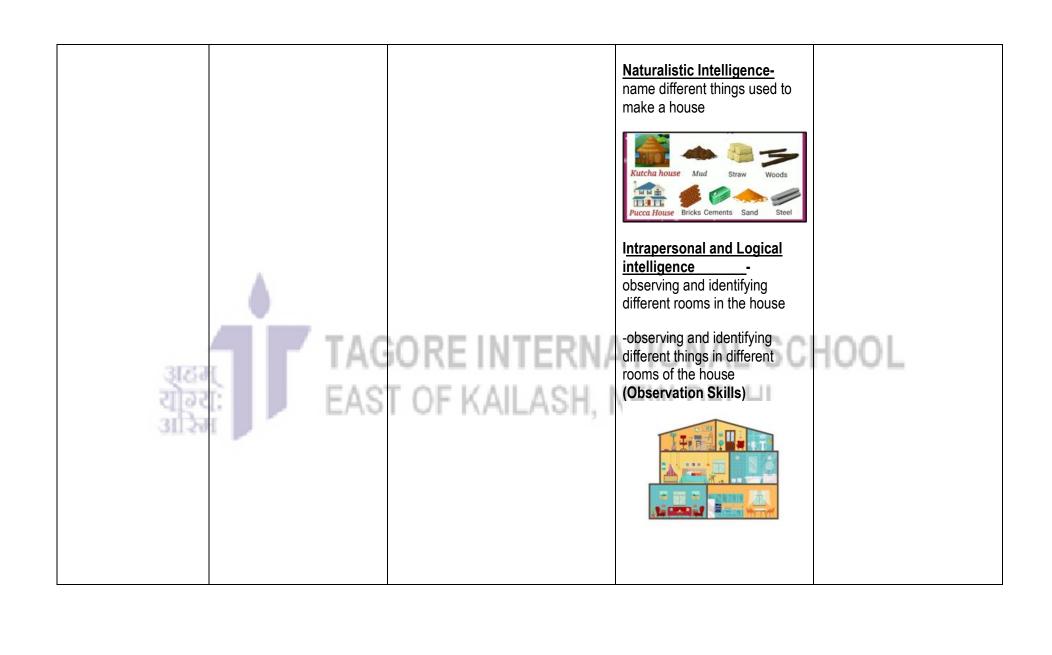
Spatial Intelligence
My dream house





चिन्तन, श्रवण ,वाचन, चित्रकारी कौशल

अनुभवात्मक अधिगम
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October

SDG 16 - Peace, Justice and Strong Institutions



Value: Feel it, Deal it, Heal it

Life Skill: Heart and Mind Harmony

Health and Wellness:

Prepare and prevent, don't repair and repent

Gender Sensitivity: Safety for all

SEL - Emotional Regulation

MCB

- -The Rabbit and the Turtle -Poem: The Shell
- **Grammar:**

Workbook- Worksheet 5-The Rabbit and the Turtle

- -Pronouns (He, She, It, They)
- -Opposites
- -Picture composition
- -Comprehension (Gandhi Jayanti)

Interpersonal Intelligence

Activity- Do as I say not as I do- do the actions to show opposites.

Musical intelligence

Sing the dragon song and do actions to show the opposites. e.g.: flying high and flying low.

Numbers up to 50

- -number and number names
- -one more than, one less than, in between
- -ascending/ descending order
- -tens and ones
- -expanded and standard form
- -comparing numbers
- -missing numbers

Art Integration

Macaroni necklace (using 50 shells of macaroni)



- Staying Safe



- Emotional Regulation

Intrapersonal and verbal linguistic Intelligence speak about people in my safe circle



(ऊ -ू) मात्रा वाले शब्द एवं वाक्य निर्माण

जादू का कमाल

प्रश्न-उत्तर

लिंग बदलें , वाक्य पूर्ति एवं शब्द चित्र मिलान

अनुच्छेद लेखन , अपठित गद्यांश

श्रवण कौशल , वाचन,चिंतन एवं पठन एवं लेखन कौशल

Experiential learning

Observe different traffic signals and traffic symbols when you travel. Make a note of it and share it with your class (interdisciplinary) रचनात्मक गतिविधि :-अनुभवात्मक अधिगम-

रंगीन कागज़ की मदद से अपनी कॉपी में लाल बत्ती को बनाकर



Experiential learning -

Draw a picture of a rabbit and a turtle. Find out things in and around your classroom that are as soft as rabbit and as hard as shell.







Joyful learning

Visit to traffic park

Storytelling- Gattu's safety rules

"Gratitude Tree" – Students write or draw things they are thankful for and add them to a classroom tree



चिपकाइए और कक्षा में लाल,पीली और हरी बत्ती के बारे में बताइए।

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रचनात्मक गतिविधि :-

चूहे या झूले का चित्र बनवाकर तथा छात्र स्वयं एक कहानी कक्षा में बताएँगें।



खिलौना विधि द्वारा

November

SDG 15 - Life on Land



Value: Clean Hands, Clean Body, Healthy Me

Life Skill: My clean Routine

Health and Wellness:Good food is good

mood

Gender Sensitivity:

Kitchen welcomes everyone

SEL - Personal Hygiene

MCB

- -Brave Debby
- -Poem: Save each drop

Grammar:

Workbook-Worksheet -9
Brave Debby

- -Place Words-(Prepositions)
- -Punctuations(capital letter, full stop, question mark)
- -Picture composition (Children's Day)
- -Comprehension
- -Conversation- (related to count and answer)

Joyful learning

Game: Will you please-Form pairs and ask the partner to name any two

Addition and Subtraction of 2digit numbers (upto 50 only)

-addition of 2 digit numbers up to 50 (with carrying) - subtraction of 2- digit numbers up to 50 (without borrowing) -statement questions (addition and subtraction)

Bodily Kinaesthetic Intelligence

- Scavenger hunt

Teacher will hide the cutouts of addition and subtraction cards between 1 to 50 and students have to locate them and solve.



- Plants around us

- Personal Hygiene

Naturalistic Intelligence
Watch me grow – seed
growing, different things
needed to grow a plant



Interpersonal intelligence

Group discussion on different types of plants around us and their importance



Spatial intelligence and Logical Intelligence

Look around for different types of leaves and create patterns.

(ए - `) मात्रा वाले शब्द पाठ - बडे मजे का मेला

वचन बदलाव

शब्द एवं वाक्य-निर्माण, प्रश्न-उत्तर

वाक्य पूर्ति एवं शब्द चित्र मिलान

अनुच्छेद लेखन , अपठित गद्यांश

श्रवण कौशल , वाचन,चिंतन एवं पठन एवं लेखन कौशल

रचनात्मक गतिविधि :-

December	MCB	<u>Time</u>	- Animals around us	(ऐ-ै) मात्रा वाले शब्द
	Speaking Skill)			
	sad(Thinking skill			
	word for a group of words. e.g.: not happy-			
	Group activity: Give one			
	Make it all fit-			
	Logical Intelligence			
31	130	or italization,	THE DELIN	
रो		T OF KAILASH, I	NEW DELHI	
3		ORE INTERNA	ATTOMAL SC	HOUL
		ODE INTERN	ATIONAL CC	LIOOI
	story			
	wild animals to narrate a			व्यक्तिगत योग्यता , अनुभवात्मव अधिगम
	Use finger puppets of the		Hygielle	व्यक्तियान गोरगना आजपनाना
	Toy based		Personal Hygiene	
	ON WHORK			
	-		My Clean Routine Chart	हो। सूची बनाइए -
	in terms of its position		,	बताइए, जो आपने कभी भी खाई
	things he/she sees around in terms of its position		(Observation and thinking skills)	मेले में मिलने वाली ऐसी कोई भी दस खाने वाली चीजों के नाम

SDG 15 - Life on Land

15 LIFE
ON LAND



Value: Tell the Truth, be a Star

Life Skill: Say it true, be you

Health and Wellness:

Love thy kingdom

Gender Sensitivity:
Be kind to every kind not just mankind

SEL - Honesty

-A Walk to the Lake

-Poem- Holiday Fun

Grammar:

Workbook-Worksheet -6 A Walk to the Lake

- -Describing words
- -Picture composition
- -Comprehension



Art integration
Do you like what you
see? Take a walk in the
school park/ground and
observe the trees, flowers,
plants etc. select three such

-clock

-parts of the day

- -days of the week
- -months of a year
- -festivals



Money

- currency notes, coins and their value
- statement questions on money



- Honesty

I speak activity- My favourite animal (speaking skills)

Toy Based Pedagogy-making animal mask

Activity /Project
Art Integration-Jungle Safari
Collect pictures of different
animals and create a jungle
scene

निकली मैना सैर पर

विलोम शब्द

शब्द एवं वाक्य-निर्माण, प्रश्न-उत्तर

वाक्य पूर्ति एवं शब्द चित्र मिलान अनुच्छेद लेखन , अपठित गद्यांश

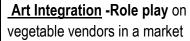
श्रवण कौशल , वाचन,चिंतन एवं पठन एवं लेखन कौशल

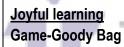
रचनात्मक गतिविधि :-आनंदमयी गतिविधि द्वारा

विभिन्न पक्षी एवं जानवरों के घरों के बारे में पता कीजिए तथा घर में उपलब्ध सामान द्वारा किसी एक जानवर या पक्षी का घर बनाइए।

things and go to the class to draw them and write describing words for the same.







Fun:From a goody bag, students will feel the objects and describe them. They will then guess which object it can be before taking it out of the goody bag.





vegetable vendors in a market



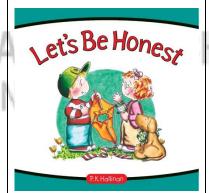
Logical and Intrapersonal Intelligence

Create calendar of your birthday month



The Lost and Found - Acting **Out Honest Choices**

Teacher creates a small roleplay where a student finds a lost item (like a toy or pencil). The "finder" decides what to do: keep it or find the owner





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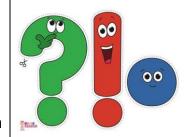


		Cotobo 2014 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		
SDG 14 - Life below	<u>MCB</u>	<u>Numbers 1- 99</u>	- The World around Us (Water)	
Water	-Come! Let Us Play	- number names	(Tatol)	
14 LIFE BELOW WATER	-Poem: Ice-cream Time Grammar:	- grouping into Tens and ones - building numbers	SC SC	ओ–ो) मात्रा के शब्द होली की टोली
	Work Book -worksheet 10- Come! Let Us Play	- greater than, less than, equal to - missing numbers		औ–ौ) मात्रा के शब्द
Value: Sharing	-Jumbled words/sentences	- one less than, one more than,	Communication	
words, sharing smiles	-Punctuations	between	Bodily-Kinesthetic Intelligence -	पाठ- कौआ और पकौड़ी
Life Skill: Talk nice,	-picture composition	- ascending and descending order	Water in our World- role-play on different uses of water	
listen twice	-Comprehension			शब्द एवं वाक्य-निर्माण, प्रश्न-उत्तर
Health and Wellness: Love thy kingdom				वाक्य पूर्ति एवं शब्द चित्र मिलान

Gender Sensitivity:

Be kind to every kind not just mankind

SEL - Communication



Art integration

Draw and name things we see in the playground.



Experiential learning

Draw a flower with big petals and write a characteristic of a good

Art Integration-

Make a formation of school logo using 46 children of the class



Experiential learning

Teacher creates a large number line on the floor using tape or chalk, marking numbers from 1 to 99.

Students hop along the number line to reach a specified number. They can say each number out loud as they hop on it.



Interpersonal and Spatial Intelligence-Water Source

Treasure Hunt! - students work in teams to identify different natural sources of water like rain, rivers, lakes etc through given clues and find the hidden matching picture cards



Interpersonal and Verbal Linguistic Intelligence

Story Chain:Each child adds one sentence to a story —

अनुच्छेद लेखन , अपठित गद्यांश

चित्र वर्णन

श्रवण कौशल , वाचन,चिंतन एवं पठन एवं लेखन कौशल

रचनात्मक गतिविधि :-

जल ही जीवन है -



आप पानी का प्रयोग किस-किस प्रकार से करते हो ? एक सूची बनाइए तथा पानी बचाने के लिए हमें क्या-क्या कार्य करने चाहिए ? कक्षा में बताइए ।

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अनुभवात्मक अधिगम

friend onto ea colour them.	ch petal and	learning to listen and respond to others' words.	
Joyful learning Within One Mand name gas in the playgro	linute- enact mes you play	NATIONAL SCI	HOOL
योग्यः	EAST OF KAILASI	H, NEW DELHI	
February/ March MCB	Addition and Subtraction of 2		अं - अँ) -
SDG 13 - Climate Action -The New Wa	tchman digit numbers (upto 99)	(Land and Air)	अनुस्वार -अनुनासिक
13 CLIMATE ACTION -Thank you	-addition of 2-digit numbers	- Leadership	पाठ -तिरंगा झंडा , ऊँटवाला
	-adding tens	Art Integration Spatial Intelligence	
Grammar: -Use of this/th	-subtraction of 2-digit numbers	Land is Life - My big Collage students collect pictures from	
these/those	-subtracting tens	old books,magazines , newspapers and create a big	

Value: Lead with Kindness

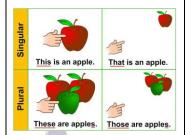
Life Skill: Leading Stars

Health and Wellness: Love thy kingdom

Gender Sensitivity:
Be kind to every kind not just mankind

SEL - Leadership

- -Simple Present tense
- -Picture composition
- -Comprehension

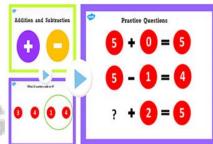


Toy based

Narrate a story using the stuffed animals where the characters encounter situations requiring the use of magical words.



- -bridge class
- -Numbers 100 to 150(reading numerals)
- -Number names 100 to 150



Abacus Fun

Design an abacus with the help of beans to show the expanded form of the given numbers collage on uses and importance of land



<u>Verbal Linguistic Intelligence</u> Air Protectors Talk Show -

students share ideas with each other about the different ways to reduce pollution and keep the air clean



<u>Art Integration</u> Design a Leader Badge

Children design their own "Leader Badge" with drawings or stickers that show what kind ऋ मात्रा के शब्द तथा

सभी मात्राओं का अभ्यास -पुनरावृत्ति

शब्द एवं वाक्य-निर्माण, प्रश्न-उत्तर

वाक्य पूर्ति एवं शब्द चित्र मिलान

अनुच्छेद लेखन , अपठित गद्यांश

श्रवण कौशल , वाचन,चिंतन एवं पठन एवं लेखन कौशल

रचनात्मक गतिविधि :-

सुखी मन ,सुखी जीवन -

आपके द्वारा किए गए ऐसे कार्यों के बारें में बताइए ,जिन्हें करके आपके मन को अच्छा लगता हो।

