

Nursery PARENTS SYLLABUS 2025 - 2026

Creative and Aesthetic Month/ Language and Literacy **Cognitive Development** Socio-emotional and **Physical Motor** Theme Development **Ethical Development** Development Development Story Recognition and value Colour **Gross motor skills** July Circle time - Learn transport with peppa - How did we spend our (Math and Manipulative) Red - Walking on a curve line Theme pig 'Peek a boo' Digits 3 and 4 vacation - cross the tunnel using your - Three little pigs - Talk about Transport toy car - Goldilocks and the three - Magic word- Thank - Warm up exercise **Follow instructions** bears - sort pictures of transport -jumping on a hurdle you according to wheels, fast and -Parachute slow bean bag balancing GoldiLocks - introduction of pigeon holes Fine motor skills Value -Puddle jump Talk about traffic -string 3 - 4 beads - Colouring Art work - find red colour beads -Make car using clay rules - tomato - Joining blocks to make a Three Bears - parrot Digit tracing transport Name - cap 3. 4 - Pasta necklace -Name at least one Rhymes and songs vehicle you see in your **Craft activities** Pre-number concept Fun activity - Wheels on the bus -Transport related craft surroundings Tall/short Roll the tyre - Piggy on the railway line Life skill - Red light red light Be punctual Appreciate the -When we come to a zebra importance of crossing - Traffic rules **Activities** - I speak Letter and sound

-Letter related craft

recognition



<u>Gender</u> <u>sensitivity</u>

Importance of wearing helmets while driving.



Health and wellness

Talk about use of vehicles causing less pollution like car pool

Special Day

29th July-International Tiger's Day



_p, n, c, e

My vocabulary

Pen, nest, cap, egg

Sight words

a, I, an, in

Three letter words

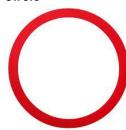
cat, pat, sat, can, pan, tan

Workbook

Learn the Alphabet

- Sequencing from tall to short
- One to one correspondence

Recap Shape Circle



Name

- Name at least one transport
- Magic word- 'Thank you'

Experiment

Blow your balloon



$\underline{\text{Workbooks}}$

Learn to Count Get Ready!



Little chef

- Cheesy nachos



Class presentation

Experiential Learning

Visit to the parking area

nest



Engine



Easel time



Origami craft Origami boat



P.E.C. activity

Ring the cones / your favourite toy vehicles



August Theme -Musical Chair



<u>Value</u> Importance of Festivals



Life skill
Celebrating
festivals with your
family and friends



Gender sensitivity Preparing for fesitivities

Health and wellness

Circle time

- Simple action words
- Friendship day
- Rakshabandhan
- Janmashtmi
- Magic word 'May I'



Name

- Festivals

Appreciate the importance of

- Celebrating together
- Sharing and caring

Letter and sound recognition

h, k, r, m

Sight words

am, he, she, my, all

Three letter words

rat, mat, hat, cap, tap, map, nap, sad, dad

My vocabulary

Recognition and value

(Math and Manipulative) Digits 5, 6 and 7

- Count and match activity
- Recap of digits (1 to 5)

Follow instructions

- _- Number hopscotch
- Math mat

Digit tracing

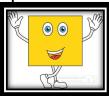
5, 6 and 7

Pre-number concept Slow/Fast



Shape

Square



Experiment

Fire boop

Story/Festivals

- -Four friends
- -Krishna and Sudama friendship story
- -Janmashtami story



Rhymes and songs

- Chhoti chhoti gaiya
- I fly my kite
- Teen rang ka
- Hindustan humara hai
- Nanha munna rahi



<u>Activities</u>

- I speak

Enactment

Dress up like your favourite leader

Class presentation

Little Chef

- Tricolour sandwich

Colour Blue



Art work

- Tricolour balloon
- hat

Craft activities

- Rakshabandhan craft



-Janmashtmi craft



Easel time Friendship Day card



Gross motor skills

Ball handling drill Selection for JAM -Correct ball-throwing stance

- -Target practice
- -Underarm and upper arm throw
- -Correct technique of catching the ball (plastic ball, tennis ball or any softball)
- -Backward race
- -Ball pit

Fine motor skills

- Sticker/bindi peeling/pasting
- Squeezing of bottle
- Taking off rubber-band from an object
- Lifting floating rubberbands using ice-cream stick



Fun activity Sorting pulses

Do not overeat sweets



Special Day

4TH August – Friendship Day



hut, hand, key, mat

Workbook

Learn the Alphabet



Workbooks

Learn to Count

Get Ready!



Experiential Learning

Visit to the flag hoisting area

Origami craft



P.E.C. activity

Guess the festival using flash cards



September Theme - Dog and the Bone!



Value
Hear no evil
Speak no evil
See no evil

Circle time

- Our sense organs and their uses
- Importance of sense organs
- Magic word
- -Excuse me



<u>Name</u>

- Sense organs
- Teacher's Name

Recognition and value

(Math and Manipulative)

Digits 8 and 9

- Count and match activity
- Recap of digits (1 to 9)

Follow instructions

- Arranging number cards in sequence
- Match the digit with the correct value

Digit tracing

8 and 9

Story

- Story of the three frogs
- Ant and the dove
- Story of five senses



Rhymes and songs

- Colour egg song
- Hokey pokey
- Square song
- Haathi Raja
- Kagaz ki Gudiya
 Activities

- I speak

Recognition and value

(Math and Manipulative) Digits 5, 6 and 7

- Count and match activity
- Recap of digits (1 to 5)

Follow instructions

- Number hopscotch
- Math mat

Digit tracing

5, 6 and 7

Pre-number concept

Slow/Fast

Gross motor skills

- -Bounce and trap
- -Fun games (crazy cones, four flags)
- -Obstacle course
- -Track running (start)
- Dog and the bone
- -Jumping between hoola hoops

Fine motor skills

- Lacing the board
- Finger play
- Buttoning shirt

Fun activity

- Let's groove



Appreciate the importance of

- Healthy body and mind
- Being grateful to God

Life skill

Observe objects and events using all our five senses

Gender sensitivity

Good touch and bad touch

Health and wellness Reduce screentime



Special Day 5th September Teacher's Day



Letter and sound recognition

d, g, o, u, l

Sight words

his, her, has, the

Three letter words

ten, den, hen, men, pen, pet, jet, net, red, bed, led, peg, leg

My vocabulary

dog, ox, lion, gate

Workbook

Learn the Alphabet

Pre-number concept

Up/Down



Reinforcement of Shape

Square



Experiment

Soluble and Insoluble substances



Workbooks

Learn to Count Get Ready!

Enactment

See, smell, taste, listen, touch and tell activity

Class presentation

Little Chef

- Dunkin Donuts



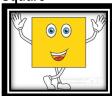
Experiential Learning

Visit to the Medical Room



Shape

Square



Experiment

Fire boop



Workbooks

Learn to Count

Get Ready!



P.E.C. activity Feely Bag



October

Theme -Fire in the mountain



Value: Taking turns



Life Skill:
Chewing food with mouth closed



Gender sensitivity Table manners



Health and Wellness

Circle time

- -Fruits and Vegetables
- -Gandhi Jayanti
- -Dussehra
- -Diwali
- -Magic word- 'Sorry'



Letter and sound recognition

f, b, j, q

Picture reading

Three letter words:

bin, fin, pin, tin, win, fit, kit, sit, bit, fig, dig, pig, hip, lip, tip, sip

Sight Words:

of, if, on, or, and

Vocabulary Words:

fox, bus, jam, quack

<u>Workbook</u>

Learn the Alphabet

Reader book

Sam the fat cat

Recognition and Value Math and Manipulative:

Counting in sequence from 1 to 9

Backward counting 5 – 1

Follow instructions:

Walking down backward (5-1)

Count and match activity (1 to 9)

Writing numbers:

In book

Pre number concept



<u>Shape:</u> Triangle



Names and colour of:

fruits and vegetables

Importance of:

eating healthy food to remain fit and strong.

Story

The very hungry caterpillar'



The Greedy Monkey



Rhymes and songs

- -Red colour apples
- -Aaha tamatar
- -Aaloo bola mujhko khalo
- -Yum Yum Yummy
- -Vegetable song by Singing Walrus

Activities :

I speak

<u>Practice for Junior athletic</u> <u>meet</u>

Little Chef Fruit Cream

Colour Orange



Art work

Colouring

- ladybug



Craft activities

- Octopus
- Grapes
- Teacher's Day card



Easel time
Bottle cap printing

Gross motor skills:

- -Parachute
- Different shapes using parachutes (dome, mushroom, clubhouse, good night, good morning and popcorn.)
- Color/Number Games
 -Hop with ball
- -Letter yoga



Fine motor skills

-Squeeze sponge -Sponge and Tongs activity



-Pouring water into glasses



Fun activity:
Stacking up the glasses

Wash fruits and vegetables before eating



Special Day: Hand washing Day (15 October)

31234

You Tube Video:

- -Fruits
- -Vegetables
- -Dussehra story
- -Diwali puppet show

Experiment: Lemon Fizz



Workbooks
Learn to Count
Get Ready!



Experiential Learning
Visit to the Kitchen



Origami craft Dog



P.e.c activity:
Children can segregate healthy
and unhealthy food



EAST OF KAILASH, NEW DELHI

November **Animal Charades**



Value Be kind towards animals



Life skill Learning to turn pages of the book



Gender sensitivity

Taking care of animals and environment around

Circle time

- Talk about Animals (pet/farm/wild)



- Love your pets
- -Be kind to animals
- My favourite animal
- Sounds of animals

Name

-Name at least one animal that you see in your surroundings

Appreciate the importance of

Animals

-The things we get from them

Letter and sound recognition

Reinforcement of sounds

Sight words

go, do, you, with

Three letter words

Recognition and value

- Counting in sequence from 1 to 9
- -Backward counting 9 to 1

Digit writing:

In the book -1 to 9

- One to one correspondence

Follow instructions

- -Glide like a plane
- Let's sit criss-cross
- -Flap your arms like a butter fly
- -Roar like a lion
- -Zumba time



Pre number concept More/less

more

Shape Triangle

Recognition and Value Math and Manipulative:

Counting in sequence from 1 to 9

Backward counting 5 – 1

Follow instructions:

Walking down backward (5-1)

Count and match activity (1 to 9)

Writing numbers:

In book

Pre number concept In/out



Shape: Triangle



Names and colour of:

fruits and vegetables

Importance of:

Colour:

Green



Free hand drawing:

Fruits and vegetables

Art work

- fruits and vegetables
- -jelly
- -bear

Craft activities

Letter related craft

Frog



Dussehra Craft



craft

Gross motor skills PARACHUTE AND TRACK RUNNING

- Follow the Leader:
- Relay Races (Simplified)
- Obstacle race
- Swirl walk
- -Hurdle race
- -Animal movement Dice

Fine motor skills

-Crumble paper rainbow



-Trace around the stencils



- Making different animals using clay



Fun activity

Animal and their sounds



Health and wellness
Animal yoga



<u>Special Day</u> Children's Day (November 14) not, pot, hot, dot top, pop, cop, hop, mop, log, jog

My vocabulary

Yak, fox, tail, paws, fur, purr

Workbook

Learn the Alphabet

Reader book

Sam the fat cat



Name

- Pet animal
- Farm animal
- Wild animal

Experiment

Floating ping-pong



Workbooks
Learn to Count
Get Ready!

eating healthy food to remain fit and strong.

You Tube Video:

- -Fruits
- -Vegetables
- -Dussehra story
- -Diwali puppet show

Experiment: Lemon Fizz



Workbooks
Learn to Count
Get Ready!



Easel time: Pinterest activity

Making turtle using bottle cap



Origami: Fish



P.E.C. activity

Hand and feet hopscotch



DECEMBER Theme Lego



Value Take care of plants

<u>Life</u> <u>skill</u> Water your plants regularly



Gender sensitivity

Grow Plants



Circle time

- -Parts of plants -Things we get from plants
 - Ports of a Flower

 Fromer

 Leones

 Roots

Name

- -Parts of plants
- -Things we get from plants

Appreciate the importance of

-Taking care of plants -Things we get from Plants

Letter and sound recognition:

Recap of all the letters and their sound

Sight words:

this, that, me, we

Three letter words:

bug, mug, rug, hug, jug, bud, mud

My vocabulary: flower, leaf, log, tree, seed, fruits

Recognition and value

(Math and Manipulative)
-Backward counting
9-1

- Random call out of digits from 1-5

Writing Digits

Sequence from 1-9

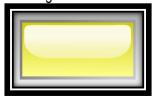
Follow instructions

-Dance and Freeze Game -Do not Pluck Flowers

Pre-number concept



Shape Rectangle



Experiment Scare away germs

Story

- -Taking care of plants (Tia and Tofu)
- -Chuchu and the plant -Do tote (Two parrots)
- -Christmas Story



Rhymes and songs

- -Rudolph the red nosed reindeer
- -Jingle Bells
- -I am a little star
- -Mulberry bush
- -Chana kisne boya
- -We wish you a merry christmas



Activities

- I speak

Practice for Annual presentation

Colour

Reinforcement of colours:

Identify different colour and name them



Art activities

- -Christmas tree
- -Draw a plant



Craft activities

- -Christmas Craft
- -Paper Cactus



Gross motor skills

- -Balance a book on the head
- -Freeze Dance
- -Color/Shape relay
- -Jumping on puddle/spots
- -Bean Bag Toss Challenge
- -Hopping on one foot



Fine Motor Skills

- -Pretend to cook
- -Use of Scissors -Building with Legos
- -Hole Punching



Fun Activities
Tug of War



Health and wellness: Eat Green leafy vegetables



Special Day Christmas (25 December)



Workbook:

Learn the Alphabet

Reader Book: -Sam the fat cat



Workbooks Learn to Count Get Ready!

Little Chef



Experiential Learning Visit to Sundar Nursery

Easel time: Leaf printing tree

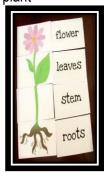


Origami craft Origami tulips



P.E.C Activities

Race to match the parts of the plant



TAGORE INTERNATIO EAST OF KAILASH, NEW

January/ **February** Theme



Value Show respect to National Anthem

Life Skill Zip your jacket

Circle time

- -Clothes we wear related to seasons (summer, winter, rainy)
- Makar Sankranti/ Lohri
- Republic Day



Name

- Colours of the national flag

Recognition and value (Math and Manipulative)

- What is one more than
- Random call out of digits from 1-9

Follow instructions

Place the missing cards to complete the sequence

Pre-number concept

Day / Night

Stories

- Little Luna's Summer Vacation
- Little red hen
- आदतों की शक्ति

Dance and Beats (rhymes/songs)

- Winters here now
- This is the way we wear our clothes
- Summer song
- Drip drop drip drip drop
- Rainy song

Art activities

- -Draw National Flag
- National Flower Lotus
- -Clothes related to different season

Craft activities

- Makar Sankranti/ Lohri Craft
- Republic Day craft
- Craft related to different season

Gross motor skills

- Sunshine yoga



- Twirling umbrellas



-Cone Weaving and Hurdle Hop



Gender sensitivity Let's fold our clothes



Health and wellness

Let's keep our clothes clean

Special Day

- -Republic Day (26th Jan)
- Makar Śankranti
- Lohri



- Our National Festival
- Festivals of harvest
- Clothes worn in different seasons (summer, winter, rainy)

Importance of

- Festivals
- Wearing clothes according to the weather
- Different seasons

Recapitulation of

- sounds
- sight words
- three letter words

Reading

- 'Sam the fat cat' book
- Simple sentences using 'This and That'

My library

pant, vest, socks, skirt

Workbook

- Learn the Alphabet

Reader book:

Sam the fat cat



Recap of shape Rectangle



Science sparkle
Bubble mountain



Workbooks

Learn to Count Get Ready!

Activities I-speak



Annual presentation

Little Chef Bhel puri



Experiential Learning Visit to the playground

Pinterest activities: sorting winter summer and rainy

season(objects/clothes/picture s)

Easel time

Cotton ball painting



Origami Shirt



-Tunnel Crawl and Balance Beam Walk -Hoop Jump and Cone

Fine motor skills

Touch

- Word family slam (Three letter words game)
- Tweezing the corn with tweezers
- Clothespin grasping

Fun activity

Paint with water



P.E.C. activity Pair and care



March Theme

Tippy Tippy Tap



Value:

Lending a helping hand to teachers and friends



Life skill

Remove stage fear and let's become self-confident

Gender sensitivity Role Play

Health and wellness



Special Day:

Circle time

- 1 My fond memories of nursery class
- 2. What will I do on my first day in kindergarten
- 3. Visit to my new classroom



Name and appreciation:

- state
 at least one instance that
 they remember from
 nursery class
 State at least one
 sentence about what they
 will do on the
- first day of kindergarten.
- Describe at least in one sentence how their new classroom looks like

Letter and sound recognition Recap of all the letters and their sounds.

Sight Words: Recap of all sight words

Recognition and value

- Recap of digits 1 to 9
- Count and write numbers
- Random call out 1-9
- Backward counting 9-1
- -missing numbers

Digit writing:

Random call out (1-9)

Whole group recitation:

- -let us learn the numbers rhyme
- backward counting by Jack Hartman

Pre-number Concept

Reinforcement of all prenumber concept

Recap of all shapes Shape hunt

shape Hunt

Science sparkle: Rainbow Skittles

Stories

- The bear and the bee
- Maa ki paari seekh



Rhymes and songs:

- Like to jive
- Do the wiggle dance
- -Hakuna matata

Whole group response:

- recap of the story by asking true and false statements
- name the characters of the story
- role Play
- story Enactment
- reciting rhymes

Activity:

Colour

Reinforcement of colours (yellow, red, green, blue, orange,

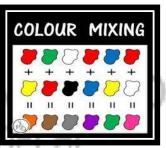
purple):

Learning outcome:

Each student will be able to:
-Identify color and name it
-Identify the colour of the
objects in the classroom
-Identify color of the clothes

Art activities:

Make your own colo ur_by



mixing colours

Craft activities:

- Holi craft Festival of colours
- Water guns
- Bon fire



Gross motor skill

- Jumping hurdles



- Crawl and cross the loops



Fun activity Montessori activity: Sweep in bits of paper in the given shape



Fine motor skills:

 Roll the clay dough into different shapes Holi



Three letter words: Recap of all three letter words

P.E.C. activity
The letter flag
(outdoor game)



My Vocabulary: kindergarten, school, books, pencils, eraser, garden, play area

Workbook

- Learn the Alphabet

Reader book:
Sam the fat cat



TAGORE INTERNATIO EAST OF KAILASH, NEW



Easel time: collaborative art activity for the class
Hand print bouquet of flowers:



Origami craft

-Paper folding pencil





-show the same value as indicated in the number flash card using thumb printing



P.E.C activity
Crawl and cross the stick
ladder placed on the ground
(independently and
confidently)

