## Parent Syllabus Co-Scholastic Skill Club Class VI 2025-2026

Month	Travel and Tourism	Design Thinking & Innovation	Handicrafts	Food & Baking	Mask Making	Aerobics	Western Band	MEDICAL SCIENCE AND FIRST AID	Mass Media	Digital Citizenship	Quiz Activity	Astronomy Club	Herbal Heritage
April & May	1. Introduction to Qutub Minar 2. Architectural Features of Qutub Minar 3. Historical Significance and Events 4. Preservation and Conservation	Introduction to Elements for Design and Story-creation  Exploring Transitions in shapes and form  Fundamentals and Elements of Design - Elements of Story/Narratives (Types, forms, structure)  Pros and Cons of each problems will be discussed and accordingly selected and groups will be selected to work on the problems # Integration with SDG goals - Quality Education (4) - Gender equality (5) - Innovation and Infrastructure (9) - Reduced inequalities (10) - Responsible Responsible consumption and production (12) - Life belows water (14) - Life on land (15)	Discuss about Handicraft Club     Explain about activities and Time duration, financial literacy, Value education, neatness     Coaster, Table Mat, Foot Mat     Calculate the price of the Product and will be able to sell	Topic: Street food of India  Subtopic: 1.Bhel Puri  2.Aloo Tikki Chaat  3.Dahi Bhalla  4.Cucumber salad  Topic: Around the world  Subtopic: Sweet Corn Chaat  -Sprout Chaat/Fruit Chaat	●Introduction to mask making ●Preparation of material ●Creating a basic mask ●Discussion on various states of India, their cultures and use of mask in their dances and festivals	Introduction to Basic concepts of Contempor ary Dance. (Students will be able to understand the basics and musicality to perform Contempor ary dance.)	Learning "Believer song by Imagine Dragons and Count on me by Bruno Mars"  - Ability to analyze and understand the dynamics of musical themes  • Performing skills — expressively through appropriate dynamics & feet.  - Application of skills on showmanship and coordination with orchestra  • Appropriate interpretation.  • Independently express showmanship and composing different themes and songs with improvisations.  - Applying theoretical knowledge and ability to perform solo and with the group.	INTRODUCTION  to basic human physiology  What is first Aid  Logo and preparation of First Aid box  MEDICAL DEVICES Oximeter, thermometer, stethoscope and blood sugar	1. Mass media definition •Functions of mass media •Types of mass media •Characteristics of mass media •Advantages and disadvantages of mass media •Models of communication 2.Basics of media literacy •Media effect theories •11 stages of media literacy 3.Media literacy competencies, Introduction to holding cameras, parts of a camera 4.Composition in photography	Topic: : Welcome to digital citizenship Subtopics: • Right to equality • Right to freedom • Right against exploitation • Right to freedom of religion • Cultural and educational rights • Right to constitutional remedies Digital Citizenship  Topic: Accessing Safe and Secure Website Subtopics: Digital footprint' and cookies Website safety Decoding domain extensions Digital footprint Spot fake URLS	Newspaper Reading Mock Quiz Heritage Topics Mock Quiz		Identify, name the plants and categorize them.  Identify and name at least five plants according to the Category it belongs to.  understand the term Growth Habit and its classification  Know the name, origin and importance of lemongrass.  Understand about the uses of lemongrass in cuisines.

July	1. Preservation and Conservation 2. Role of ASI (Archaeological Survey of India) 3. Restoration and Maintenance Efforts 4. Challenges in Preservation 5. Public Awareness and Heritage Conservation Initiatives 6. Educational trip to the Qutub Minar, where students will take on the role of guides. 7. Interactive Engagement: Reflection, Discussions, and Photography Task	- To make a transition between two sets of shapes or forms.  Pros and Cons of each problems will be discussed and accordingly selected and groups will be selected to work on the problems # Integration with SDG goals - Quality Education (4) - Gender equality (5) - Innovation and Infrastructure (9) - Reduced inequalities (10) - Responsible consumption and production (12) - Life belows water (14) - Life on land (15)	Ø Explain about activities and Time duration, financial literacy, Value education, neatness Ø Foot Mat, Clott Bag Ø Calculate the price of the Product and will able to sell	Subtopic: -Cucumber Boat / Roll ups	<ul> <li>Introduction - state of Andhra Pradesh</li> <li>Preparation of material</li> <li>Creating the Butta Bommalu mask</li> <li>Discussion on various steps of creating mask and its use by the dancers</li> </ul>	Introduction to Basic concepts of Break Dance (Top rocks, Down rocks, Stunts & Freezes). (Students will be able to understand the flow and smoothness to perform on music.)	<ul> <li>Learning "Pirates of the Caribbean Theme Music and Conquest of Paradise"         <ul> <li>Ability to analyze and understand the dynamics of musical themes</li> </ul> </li> <li>Performing skills – expressively through appropriate dynamics &amp; feet.</li> <li>Application of skills on showmanship and coordination with orchestra</li> <li>Appropriate interpretation.</li> <li>Independently express showmanship and composing different themes and songs with improvisations.</li> <li>Applying theoretical knowledge and ability to perform solo and with the group.</li> </ul>	FIRST AID EMERGENCY MANAGEMENT  Toothache Fainting,fracture choking Burns Bloody cut and Wounds  What first should be taken for sudden  When should you call in an emergency	1.Guidelines to Understand Media Messages: 'SOLAADS' Seven-Point Mode	Topic: Introduction to Cyberbullying and Ethical Behaviour Subtopics: Bullying and cyberbullying The meaning and implication of the word 'Bullying 'Potential victims of Cyber bullying DO'S and DON'T'S of being a victim of cyberbullying Case studies		- Orientation to SPACE Astronomy Club: Module 1 - Comets and Asteroids: The Space Rocks - Sun: Our daytime star - Solar Observation: Safe Viewing Techniques - Astronomer's Tools (Club Kit)	Name, origin and importance of lemongrass.  Include lemongrass in different recipes.  Grow lemongrass.
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to Hauz Khas Complex Location and General Overview  Time duration, financial literacy, Overview  Time duration, financial literacy, Value education, neatness  Time duration, financial literacy, Location and General Overview  Time duration, financial literacy, Location and Overview  Time duration, financial literacy, Ability to analyze and understand the dynamics of musical themes  Overview  Time duration, financial literacy, Location and Overview  Time duration, financial literacy, Location of Mental Health Behaviour Subtopics: Overview  The college of Ability to analyze and understand the dynamics of musical themes  The college of Ability to analyze and understand the dynamics of ETM  The culture of social media  The college of Ability to analyze and understand the dynamics of ETM  The culture of social media  The college of Ability to analyze and understand the dynamics of ETM  The culture of social media  The college of Ability to analyze and understand the dynamics of ETM  The culture of social media  The college of Ability to analyze and understand the angles  The college of Ability to analyze and understand the behaviour Subtopics: The culture of social media  The college of Ability to analyze and understand the angles  The college of Ability to analyze and understand the angles  The college of Ability to analyze and understand the angles		1	<u> </u>	1	T	ī	Γ	T	Т	Т	T	<u> </u>	Г	
	August	Complex 1. Introduction to Hauz Khas Complex Location and General Overview 2. Brief History and Significance 3. Role of Water Reservoirs (Hauz) in Medieval Delhi 4. Basic Structure and Notable Features (Madarsa, Tomb, Mosque) 5. Importance of Architectural Design in History 6. Builders and Time Period 7. Artistic Elements: Calligraphy and Stonework 8. Everyday Life in the Sultanate Era 9. Early Conservation Efforts 10. Relationship Between Nature and	Ideation + Exploration of Product Ideas Different Ideas for Sun-Dials Pros and Cons of each problems will be discussed and accordingly selected and groups will be selected to work on the problems # Integration with SDG goals - Quality Education (4) - Gender equality (5) - Innovation and Infrastructure (9) - Reduced inequalities (10) - Responsible Re sponsible consumption and production (12) - Life belows water (14) - Life on land	activities and Time duration, financial literacy, Value education, neatness Ø Cloth Bag, Embroidery Ø Calculate the price of the Product and will able to sell	Monsoon delights  1-chivda chaat 2- carrot cake 3-Oreo Chocolate desert 4-Fruit cream 5-Bhel puri 6-Sprout salad 7-Baked wedges/ samosa  -prepare some interesting dishes to enjoy the monsoon season.  - list some interesting options to eat both sweet and	state of Himachal Pradesh Preparation of material Creating a Fagli mask Discussion on various steps of creating mask and its use by	n of Aerobics Choreogra phy (using different Props). [Students will be able to understan d how the Choreogra phy was made by combining all the Aerobics steps using props (Stepper, Pom Pom, Lezim, Hula Hoops	"Faded by Alan Walker" - Ability to analyze and understand the dynamics of musical themes - Learning "Shape of You by Ed Sheeran" - Ability to analyze and understand the dynamics of musical themes - Performing skills – expressively through appropriate dynamics & feet Application of skills on showmanship and coordination with orchestra - Appropriate interpretation Independently express showmanship and composing different themes and songs with improvisations Applying theoretical knowledge and ability to perform solo and with the	BLEEDING  CLEANING ND APPLICATION  How to control bleeding  Home Remedies  Different type of bandages  Finger bandages  Bandages for the foot, ankle and leg  Bandage for shoulder and for	in Photography Camera angles Creation of ETM BOOKLET	Out (FOMO) and Your Mental Health Behaviour Subtopics: • The culture of social media posting and photo sharing • Their personal habits regarding screen time and social media	Sk - D Da Fir Ca dir - P Pa Me Ea	ky Map Directions in aytime: nding ardinal rections Project aridhi: easuring arth's	lemongrass by freezing and drying. understand the herb and cuisines in where they are used identify and tell about its origin and

Kotla Feroz	Ideation and		Subtopic:	●Introduction -	Preparatio	• Learning	DESCRIBE	Basics of writing	Confirmation		Launching of	harvest and store
shah	Creative Options	activities and	Festivity	state of Jammu	n for	"Demons by	IMMUNITY,	in media	Bias	F	Hydro rockets	mint
1. Introduction	and short-listing		1-Idli platter	and Kashmir	SENIOR	Imagine Dragons"		• 7 c's of	Subtopics:	-	Stellarium: A	
to Kotla Feroz	of conceptsList	Time duration,	2-Mojito	●Preparation of	ATHLETIC	- Ability to	IMMUNIZATION	communication	That machine	5	Sky	state the steps to
Shah	all possible solutions on this	financial literacy,	3-muffins	material	MEET	analyze and		<ul> <li>Guidelines to</li> </ul>	learning	5	Simulation	propagate mint
2. Overview	matrix of (easy	inianolal moracy,	4-bombay		(Combinin	understand the	AND	understand	algorithms		Software	
and Historical	to implement vs	Value education,	sandwich	Creating a	g	dynamics of musical themes		media messages	identify stories,			
Background	difficult to	· ·	5-choco lava	Hirran mask	Contempo	musical themes	VACCINATION	Parts of a story	videos, and			
Feroz Shah	implement on	neatness	cake	<ul> <li>Discussion</li> </ul>	rary,	Learning		Structure in	search			
Tughlaq and	the horizontal	~	6-cookies	on various	break	"Mexican Shuffle	Understand	media stories	results that			
His	axis and low cost	Ø Embroidery,	l <u> </u>	steps of	dance and	by Herb Alpert and	Immunity	writing a script	they might like			
Contributions	vs high cost on	Handkerchief	7-pasta chaat 8-mango with	creating mask	Aerobics).	Wheels by Billy		_ ·	That fake news			
3. Structure and	the vertical axis)		cream	and its use by	(Students	Vaughn"	Types of Immunity	• 3 Act structure	sources exist on			
Remains of the	Pros and Cons of	Ø Calculate the	9- Laddoos	the dancers	will be	- Ability to	l Types of Infilitatility	<ul> <li>Camera angles</li> </ul>	the			
Fort	each	price of the	10- Peda	l life dancers	able to	analyze and	History of		internet			
Ashokan Pillar	problems will be	'	10-1 <del>C</del> ua		understan	understand the	Vaccination		Internet			
and Its	discussed and	Product and will I			d	dynamics of	Vaccination					
Historical	accordingly	able to sell	Skills-		how	musical themes						
	selected and		OKIII9-		different		How does					
Importance 4. Use of the	groups will be		Loodorobia			Poston 1 111	1					
	selected to work on the problems		-Leadership		styles	Performing skills –	vaccination work					
Complex in the	# Integration with		0			expressively						
Tughlaq Period	SDG goals		-Creative		with	through	Understand the					
5. Cultural and	- Quality Education				Aerobics.)	appropriate dynamics & feet.	basic First Aid					
Strategic	(4)		-Bodily			dynamics & leet.	Practice					
Significance of	- Gender equality		Kinaesthetic			Application of						
the Fort	(5)					skills on	Enlist the Hygiene					
6.	- Innovation and		- co-operative			showmanship and	routine to be					
Understanding	Infrastructure (9)		·			coordination with	followed to ensure					
Fort	- Reduced		Each child will			orchestra	good health					
Architecture	inequalities (10)		be able to:									
and Function	-					•						
7. Monuments	ResponsibleRespo		1) prepare			Appropriate						
as Historical	nsible		some dishes to			interpretation.						
Sources	consumption											
8. Importance	and production		enjoy the festive			•						
of Conservation	(12) - Life belows water		season.			Independently						
	(14)					express						
	- Life on land (15)		2) list some			showmanship and						
	- Life off land (10)		interesting			composing different themes						
			options for			and songs with						
			baking as well			improvisations.						
			as flameless			- Applying						
			cooking.			theoretical						
			COOKING.			knowledge and						
						ability to perform						
						solo and with the						
						group.						
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January  Tughlaqabad Fort  1. Present Condition and Need for Conservation 2. Threats to Heritage Sites (Encroachment Pollution, Vandalism) 3. Role of ASI in Restoration 4. Promoting Civic Awareness Among Students 5. Visit Plannin and Exploration 6. Guided Role-Plays and Presentations 7. Creative Reflection Activities (Model Making Poster Creation, Role Play) 8. Encouraging Heritage Stewardship through School Clubs	Solution Presentation. Set up an exhibition of these projects in your classroom/exhi bition room and invite other staff and students to come and see what you have done. Pros and Cons of each problems will be discussed and accordingly selected and groups will be selected to work on the problems # Integration with SDG goals - Quality Education (4) - Gender equality (5)	Ø Explain about activities and Time duration, financial literacy, Value education, neatness Ø Crosio Ø Calculate the price of the Product and will able to sell	Subtopic: Winter delights  1) Healthy burger 2) healthy street food 3) hot chocolate 4) coffee 5) paneer and vegie wrap 6) stuffed bell peppers  Each child will be able to: 1) prepare some interesting dishes to beat the cold. 2) list some interesting options for flameless yet tasty food.	Introduction - state of West Bengal • Preparation of material • Creating a Gomira mask • Discussion on various steps of creating mask and its use by the dancers	Preparation for S.A.Prese ntation using New Choreography (Contemporary, Break Dance & Stunts). (Students will be able to confidently present themselve s.)	Learning "Bohemian Rhapsody by Queen"     Ability to analyze and understand the dynamics of musical themes      Learning "Bella Ciao by La Casa De Papel"     Ability to analyze and understand the dynamics of musical themes      Performing skills — expressively through appropriate dynamics & feet.  Application of skills on showmanship and coordination with orchestra      Appropriate interpretation.      Independently express showmanship and composing different themes and songs with improvisations.     Applying theoretical knowledge and ability to perform solo and with the group.	FIRST AID FOR DOG BITE AND SNAKE BITE  What should we do after these bites  What kind of vaccination do require  RABIES  Definition  Prevention  First Aids  Types of snakes  Venomous  nonvenomous	Exploring Digital Careers Subtopics: • The basics of big data and machine learning • The definition of a 'white hat hacker' and what it means to be an ethical hacker	herbs, the properties cultural s  Present well-rese information remedies	e of various eir medicinal s, and gnificance arched on on herbal

February	1. Presentations (Acting as Guides) 2. Interactive Engagement: Reflection, Discussions, and Photography Task	Final Design Solution Presentation. Set up an exhibition of these projects in your classroom/exhi bition room and invite other staff and students to come and see what you have done.Pros and Cons of each problems will be discussed and accordingly selected and groups will be selected to work on the problems # Integration with SDG goals - Quality Education (4) - Gender equality (5) - Innovation and Infrastructure (9) - Reduced inequalities (10) - ResponsibleRes ponsible consumption and production (12) - Life belows water (14) - Life on land (15)	Ø Explain about activities and Time duration, financial literacy, Value education, neatness Ø Crosio Ø Calculate the price of the Product and will able to sell	Introduction - state of Maharashtra • Preparation of material • Creating a Bohada mask • Discussion on various steps of creating mask and its use by the dancers	Preparation for S.A. Presentation using New Choreography (Contemporary, Break Dance & Stunts). (Students will be able to confidently present themselves.)	<ul> <li>Learning         "Bohemian Rhapsody by Queen"         <ul> <li>Ability to analyze and understand the dynamics of musical themes</li> </ul> </li> <li>Learning         "Bella Ciao by La Casa De Papel"         <ul> <li>Ability to</li> <li>analyze and</li> <li>understand the dynamics of musical themes</li> </ul> </li> <li>Performing skills – expressively through appropriate dynamics &amp; feet.         <ul> <li>Application of skills on showmanship and coordination with orchestra</li> </ul> </li> <li>Appropriate interpretation.</li> <li>Independently express showmanship and composing different themes and songs with improvisations.         <ul> <li>Applying theoretical knowledge and ability to perform solo and with the group.</li> </ul> </li> </ul>	PRESENTATION DISCUSSION  Transportation of injured casualties  WHEELCHAIR PREPARATION  OF STRETCHER	<ul> <li>Photo walk images Review</li> <li>Creation of ETM BOOKLET BASE</li> <li>Creating Poster</li> </ul>	Workshop (by students)- •Emerging technology trends as discussed in the previous lesson		Enhance communication and presentation skills by engaging with visitors and explaining their projects  Reflect on the role of traditional herbal knowledge in modern healthcare and sustainability