<u>Parent Syllabus</u> <u>Co-Scholastic Skill Club Class VII 2025-2026</u>

Month	Al Club	Travel and Tourism	Design Thinking & Innovation	Handicrafts	Food & Baking	Mask Making	Aerobics	Western Band	Wellness	Mass Media	Quiz Activity	Astrono my Club	Digital Citizenship	Herbal Heritage
April & May	Introduction to Artificial Intelligence What is AI? History and evolution of AI Examples of AI in daily life (e.g., voice assistants, recommen dation systems) Introduction to Neural Networks What are artificial neural networks? How doneural networks mimic the human brain? Basic structure of a neural network (layers, neurons, activation functions) QUIZ	Introduction to Heritage Club -Significance of heritage monuments - Brainstorming and research by students on various heritage monuments in Delhi for conducting heritage walks -Outline of club activities Introduction to Red Fort Purpose of Construction Influence of Mughal Architecture Architectural Features of Red Fort Key Structures Inside the Fort Mughal Gardens and Water Systems Historical Significance and Events	Introduction to the concepts/ terms of: a)Design Thinking process b) Innovation Discussion on problems around —in school and in their neighbourhood and in Delhi —Pros and Cons of each problems will be discussed and accordingly selected and groups will be selected to work on the problems # Integration with SDG goals - Quality Education (4) - Gender equality (5) - Innovation and Infrastructure (9) - Reduced inequalities (10) - Responsible Responsible	Handicraft Club Explaining about activities an Time duration, financial literacy, discussion about activities an Time duration, financial literacy, discussion about DIY kit and Fashion jewellery Showing video on fashion Jewellery Fashion Jewellery Friendship band with beads Different style and types of earings Calculation of the price of the Product Students will be be able to- To get first hand experience	Topic: Table set-up, napkin folding, street food of India Subtopic: Bhel Puri -Vada Paav -Aloo Tikki Chaat -Cookies -Dahi Bhalla -Cucumber salad Topic: Around the world -Subtopic: Sweet Corn Chaat -Sprout Chaat/Fruit Chaat -Cup Cake	●Introduction to the club ●Preparation of material ● Creating a basic mask ● Discussion on various states of India, their cultures and use of mask in their dances and festivals Introduction - State of Andhra Pradesh ●Preparation of material ● Creating a Butta Bommalu mask ● Discussion on various steps of creating mask and its use by the dancers	Introduction to Basic concepts of Contemporary Dance. (Students will be able to understand the basics and musicality to perform Contemporary dance.)	 Learning "Believer song by Imagine Dragons and Count on me by Bruno Mars" - Ability to analyze and understand the dynamics of musical themes	-Introduction Basic human physiology Explain the role of medicine, and its categories. What is first aid? -Logo and Preparation of First aid box Demonstrati on & usage -First Aid Emergency management:	1. Mass media definition •Functions of mass media •Types of mass media •Characteristics of mass media •Advantages and disadvantages of mass media •Models of communication 2.Basics of media literacy •Media effect theories •11 stages of media literacy 3.Media literacy competencies, Introduction to holding cameras, parts of a camera 4.Composition in photography	Newspaper Reading Mock Quiz Heritage Topics Mock Quiz		Topic: : Welcome to digital citizenship Subtopics: • Right to equality • Right to freedom • Right against exploitation • Right to freedom of religion • Cultural and educational rights • Right to constitutional remedies Digital Citizenship Topic: Accessing Safe and Secure Website Subtopics: Digital footprint' and cookies Website safety Decoding domain extensions Digital footprint Spot fake URLS	CLASSIFICATION OF PLANTS Classification of plants based on their growing habits Introduction through story-Aloe Vera Introduction of Aloe Vera Uses and importance of Aloe Vera Let us grow Aloe Vera Herbal Heritage - - To study the name, origin and importance of Aloe Vera and the aromatic chemicals that have antimicrobial property. Propagation and steps to propagate Aloe Vera. CLASSIFICATION OF PLANTS

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	consumption	and ingredients			Toothache		Let us grow Aloe Vera
	and production (12)	used in making the street food/					Void
	- Life belows	cookies.			Asthma		Aloe Vera plant
	water (14)	655.465.			Fainting		care
	- Life on land	-prepare some			Taniting		Wildlife and
	(15)	interesting					Biodiversity
		international					Biodiversity
		dishes					Awareness
							workshop on
							how lifestyle
							impacts the
							environment
							(Switching off
							the lights in
							school when not
							in use, take a
							minute to hear
							silence etc.)
							,
							Slogan writing
							and Poster
							Painting
							competition,
							22 May –
							International
							Day for
							Biological
							Diversity
							- Herbal
							Exhibition -
							students can
							showcase their
							projects, herb gardens, crafts, and herbal
							gardens, craπs,
							remedies.
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July	Artificial Intelligenc e:- Exploring Innovation s and Societal Sustainab ility Explore AI Tools Presentati on Drawing- Autodraw 3D Movie Making	Preservation and Conservation Role of ASI (Archaeological Survey of India) Restoration and Maintenance Efforts Challenges in Preservation Public Awareness and Heritage Conservation Initiatives Educational trip to the Red Fort, where students will take on the role of guides.	Students design a survey to collect opinions from peers and teachers.abou t the problems identified in and around the school and their neighbourhoo d • Compile data and present findings through graphs or reports. Problem-Solut	Differentiation the between recyclable and non-recyclable materials Discussion about Best out of waste Making Bags, Pen-pencil holders, Wall hangings, Toran(door hangings), Decorational pieces, Earphone	Topic: Summer delights and breakfast cooking Subtopic: -Cucumber Boat / Roll ups -Watermaleon Shake -Hung Curd Sandwich -Brownie -Aam Pana -Jal Jeera -Coconut dessert	Introduction - State of Himachal Pradesh • Preparation of material • Creating a Fagli mask • Discussion on various steps of creating mask and its use by the dancers	Introduction to Basic concepts of Break Dance (Top rocks, Down rocks, Stunts & Freezes). (Students will be able to understand the flow and smoothness to perform on music.)	Learning "Pirates of the Caribbean Theme Music and Conquest of Paradise" Ability to analyze and understand the dynamics of musical themes Performing skills expressively through appropriate dynamics & feet. Application of skills on	Discuss the need for purchase of medicine Introductio n to prescription and over the counter medicines Explain about the various	1.Guidelines to Understand Media Messages: 'SOLAADS' Seven-Point Mode • Subject – Story narrative • Organization • Location • Applications • Source 2.Holy trinity in photography- exposure triangle	- Orienta tion to SPACE Astrono my Club: Module 1 - Comets and Asteroi ds: The Space Rocks - Sun: Our daytime	Topic: Introduction to Cyberbullying and Ethical Behaviour Subtopics: Bullying and cyberbullying The meaning and implication of the word 'Bullying 'Potential victims of Cyber bullying DO'S and DON'T'S of being a victim of cyberbullying	Van Mahotsav - Ø Extempore ØDebate competition Ø Poster making competition ØQuiz competition Ø Awareness drive on Wildlife conservation 1st week of July - Van Mahotsav
			specific solutions/prot otype to the selected problems.	to colour it properly in ordr to beautify the product. To make different types and style of Pen holders, Wall hangings and Torans(door hangings),decor ational pieces.	prepare some interesting dishes to beat the heat. 2) gather some insightful information on different dishes			Independently express showmanship and composing different themes and songs with improvisations. - Applying theoretical knowledge and ability to perform solo and with the group.	expiry and manufacturi ng date of medicine		mer's Tools (Club Kit)		- Introduction of Tulsi through a Poem. - To study about Tulsi, its name, origin and importance of Tulsi and the aromatic chemicals that have antimicrobial property. Propagation and steps to propagate Tulsi Learn how to grow Tulsi (Let us grow Tulsi).

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Informative Posters: On				remedies.
Firoz Shah, the				
Madrasa, or water				
conservation				
Group				
Presentations:				
Showcase research and				
field findings				
Reflection				
Journal: What				
they learned and how the				
monument				
inspired them				
Photography or				
Sketching Task:				
Capture a				
favorite element of the complex				
of the complex				

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September	Data: The ability of machines to learn	Recap of the concepts done: -Importance of Heritage -Heritage monuments in Delhi -Medieval period -Appreciation of architecture -Steps to conserve the monuments -Simulated Walks of the monuments covering all aspects Mid-Term Examination	Each group presents in one of the following format – A persuasive talk with visuals. Prototype Demonstratio n – Physical or digital prototype showcase. Role-Play Advertisement – A creative way to sell their product/servic e.	•Chain stitch To be able to -•Make flowers on handkerchief with chain stitch	Subtopic: Around the world 1-oats energy balls 2-carrot cake 3- fruit corner 4- Masala papad chaat 5- Chia pudding 6- Mini burgers 7- Mini summer sandwiches 8- Pudding Each child will be able to: 1) prepare some interesting healthy dishes. 2) make some exotic sweet dishes.	Mid-Term Examination	Preparation of Aerobics Choreograph y (using different Props). [Students will be able to understand how the Choreograph y was made by combining all the Aerobics steps using props (Stepper, Pom Pom, Lezim, Hula Hoops etc.).]	Learning "Faded by Alan Walker" Ability to analyze and understand the dynamics of musical themes Learning "Shape of You by Ed Sheeran" Ability to analyze and understand the dynamics of musical themes Performing skills expressively through appropriate dynamics & feet. Application of skills on showmanship and coordination with orchestra Appropriate interpretation. Independently express showmanship and composing different themes and songs with improvisations. Applying theoretical knowledge and ability to perform solo and with the group.	Personal hygiene and hand washing methods impact of covid-19 pandemic	 Colour theory in Photography Camera angles Creation of ETM BOOKLET BASE 	-Astrophotography Level 1: An Introduction to DSLR Camera DSLR Camera Posting and photostrography the Level 1: Working on a DSLR Camera Poster Science Level 1: Basics of Rocketry Y-Construction of Hydro Rockets s	Clean and greenvironment - ealth r G: ure of dia Clean and greenvironment - Ø Plantat drives with and outsi the campus O sharing ersonal garding ne and Clean and greenvironment - Ø Plantat drives with and outsi the campus Ø Beautiff selected roadside an

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of A robot (e.g auto us vacual clear robot clear robot arms Ethic Res bility Futual Al A and fairn How ensure thic use The of A opposite a chall s for your learn Mac Lear Projug Scrathe (Mac Al And	efforts of the monument -Restoration & Repairs -Garden & Water System -Protection Measures -Awareness & Education Field Trip and Field Visit to Safdarjung Tomb -Mapping the Tomb Complex Students will create a rough hand-drawn map of the complex, marking key features like the main gate, tomb, garden, mosque, water channels, pavilions. Enge -Identify ideal heritage walk routes based on visitor flow. -Assign content responsibilities Each group prepares information for their spot: Students conduct a series of the monument	 Introduction to Paper Mache Crafts Showing Making of Paper Mache Crafts with the help of paper pulp. Preparation of Paper pulp How to use recyclable environment friendly materials for making craft products. Preparation of Paper mache Making of Sakhta Making different items To be able to-Differentiate the raw materials between recyclable and non-recyclable types required for making craft products. to make mache in the paper recycling room. make moulds as per the design. -Perform the appropriate measures for drying the object -Make 3D components of Paper Mache with the help of Sakhta 	Subtopic: Fusion dishes 1) cottage cheese platter 2) brownie 3) tortilla veggie wraps 4) peanut chaat 5) potato chaat Each child will be able to: 1) prepare some interesting platters. 2) support the platters with some sweet dish to make it a complete meal.	Introduction - State of Rajasthan Preparation of material Creating a Gavari mask Discussion on various steps of creating mask and its use by the dancers Introduction - State of Maharashtra Preparation of material Creating a Bohada mask Discussion on various steps of creating mask and its use by the dancers	Preparation for SENIOR ATHLETIC MEET (Combining Contemporar y, break dance and Aerobics). (Students will be able to understand how different styles were fused with Aerobics.)	 Learning "Demons by Imagine Dragons" Ability to analyze and understand the dynamics of musical themes Learning "Mexican Shuffle by Herb Alpert and Wheels by Billy Vaughn" Ability to analyze and understand the dynamics of musical themes Performing skills — expressively through appropriate dynamics & feet. Application of skills on showmanship and coordination with orchestra Appropriate interpretation. Independently express showmanship and composing different themes and songs with improvisations. Applying theoretical knowledge and ability to perform solo and with the group. 	Role of nutrition and exercise for a healthy body	Basics of writing in media • 7 c's of communication • Guidelines to understand media messages • Parts of a story • Structure in media stories writing a script • 3 Act structure • Camera angles	anding the Telesco pe	Confirmation Bias Subtopics: • That machine learning algorithms identify stories, videos, and search results that they might like • That fake news sources exist on the internet	Awareness on Ai pollution - Campaign of Nukkad Natak Red Light Of Gaadi OFF Same Place, One Car – Carpooling Drive Electric Vehicle Time to breatl clean air Herbal Heritage Herbal Remedies - students learn about different herbal remedies and their medicinal properties.

December	PROJEC T WORK Design Chatbot /Compute r Vision/ Language Translator	Heritage Monument: Firoz Shah Tughlaq fort -Introduction and Overview of the monument -Historical Background. Research by students in groups on various aspects like-purpose of construction, historical significance, -Architecture of the monument: Material, designs -Brochure preparation by students -Presentation by students sharing their detailed research	• Students work in small groups and assign each a problem. • Students will design specific solutions/prot otype to the selected problems.	Study and adapt to design trends relevant to product class Specifying design processes Implementation of design processes	Christmas and break time 1) Cup Cake 2) oatmeal berries smoothie 3) bread cake 4) chocolate biscuit pops 5) pizza platter 6) mini cheese cake 7) biscuit cake 8) Christmas Santa crackers (appetiser) Each child will be able to: 1) prepare some interesting christmas dishes and make it memorable. 2) prepare items that are sweet and healthy which can be taken by all age groups.	Introduction - Union Territory Ladakh • Preparation of material • Creating a Chham mask • Discussion on various steps of creating mask and its use by the dancers	Technical Rehearsals (fine tuning overall performance using Props) for SENIOR ATHLETIC MEET. (Students will be able to confidently present themselves.)	 Learning "Harry Potter Theme and Godfather Theme" Ability to analyze and understand the dynamics of musical themes Performing skills – expressively through appropriate dynamics & feet. Application of skills on showmanship and coordination with orchestra Appropriate interpretation. Independently express showmanship and composing different themes and songs with improvisations. Applying theoretical knowledge and ability to perform solo and with the group. 	some com mon sickn ess and their symp toms Hom e reme dies for .Fev er Coug h Vomi ting Dehy drati on Diarrhoea and dysentery	 Basics of Video Processing Shoot Video editing software 	Astror my Da	Awareness on Noise Pollution - Ø Class discussion on risk from Noise Ø Awareness Drive (leaflets, pamphlets made by students) Ø Nukkad Natak nearby campus Ø Conduct workshop /seminar Herbal Heritage: - Herb Research Projects - Students study Indian herbs, their medicinal properties, cultural significance, historical uses, and conservation efforts.

January	PROJEC T WORK Design Chatbot /Compute r Vision/ Language Translator	Conservation efforts of the monument -Restoration & Repairs -Garden & Water System -Protection Measures -Awareness & Education Field Trip Field Visit to Firoz Shah Kotla Fort -Create a Hand-Drawn Map Students identify and mark:Entry gate, Ashokan pillar platform ,Jama Masjid (ruins), Palace remains, Baoli -Identify ideal heritage walk routes based on visitor flow. -Assign content responsibilities Each group prepares information for their spot: Students conduct	Each group presents in one of the following format – A ppt k with visuals. Prototype Demonstratio n – Physical or digital prototype showcase. Role-Play Advertisement – A creative way to sell their product/servic e.	•Understanding the basic activities involved in finishing the object •Preparation of Lacquer • Applying the painting and polishing techniques on the final product	Subtopic: Winter delights 1) Healthy burger 2) healthy street food 3) hot chocolate 4) coffee 5) paneer and vegie wrap 6) stuffed bell peppers Each child will be able to: 1) prepare some interesting dishes to beat the cold. 2) list some interesting options for flameless yet tasty food.	Preparation for S.A. Presentation using New Choreograph y (Contempora ry, Break Dance & Stunts). (Students will be able to confidently present themselves.)	Learning "Bohemian Rhapsody by Queen" Ability to analyze and understand the dynamics of musical themes Learning "Bella Ciao by La Casa De Papel" Ability to analyze and understand the dynamics of musical themes Performing skills expressively through appropriate dynamics & feet. Application of skills on showmanship and coordination with orchestra Appropriate interpretation. Independently express showmanship	Plants with medicinal properties	Photo walk Photo walk images Review Creation of ETM BOOKLET BASE Creating Poster	Exploring the Future of Our Digital World Subtopics: • The terms 'big data analytics', 'machine learning', and 'algorithms' • How data is being collected and used to understand customer preferences and develop new products	E-Waste Management — Ø Workshop / seminar on how to reduce E-waste. Ø Adopt 3R's principle in school as well as in house. Ø Create webpage where students can write ways in which individual action can reduce E-waste. Ø Survey by students how much e-waste generated in school and in individuals house as well. Herbal Heritage - Herbal Exhibition - students can showcase their projects, herb
		responsibilities Each group prepares information for their spot:					interpretation.Independently express				house as well. Herbal Heritage Herbal Exhibition - students can showcase their