







Co- Scholastic Syllabus for Class 2 Session 2025-26

Month	Public Speaking	Theatre	Performing Art Dance / Vocal Music / Instrumental Music	Clay Modelling	Art	GK/ Computers	Physical Education
April /May	<p>1. Introduction-</p>  <p>shutterstock.com · 2149849677</p> <p>a. Self-Introduction by the teacher and the students.</p> <p>b. What is Public speaking and why is it important? (Basic knowledge)</p> <p>c. Qualities needed for public speaking</p>	<p>1. Introduction</p> <p><b>Activity - Let's Play &amp; Pretend!</b></p> <p>The skin you live in..</p>  <p>WHERE PRETEND PLAY IS TIME WELL SPENT!</p> <p>Students introduce themselves and talk about their interests in different spheres.</p> <p>Introduction of the club -</p> <p><b>A time I made a good choice</b></p>  <p>About Myself</p> <p>2. My Superpower of</p>	<p><b>DANCE:</b></p> <p>&gt; Will start with 'Pranam'. : (prepare physically &amp; emotionally for dancing.)</p> <p>&gt; 'Tatkar' of kathak in tin taal with 1<sup>st</sup>, 2<sup>nd</sup>, 4<sup>th</sup> speed. : (Clarity with speed of footwork.)</p> <p>&gt; New movements of kathak:-'Urdha hasta chakra'. : (Good alignment with the name of movements.)</p> <p>&gt; One dance of Tagore song (Are re re...): (Facial expressions, proper body posture.)</p> <p>-----</p> <p>-</p>	<p>&gt; Practice seasonal fruits in round with clay.</p>	<p><b>Revision of primary and introduction of secondary colours through the paintings of American artist Keith Haring</b></p>	<p><b>G.K.</b></p> <p>Knowing About Delhi Monuments of Delhi Authors for children Newspaper Fun Current Affairs</p> <p><b>Computers</b> <b>Paint 3D</b></p> <ul style="list-style-type: none"> <li>• Paint 3d Interface Tour.</li> <li>• Working with 3D models.</li> <li>• Painting on 3D objects.</li> <li>• 2D Drawing Tools.</li> </ul> <p>Converting 2D drawings to 3D</p>	<p><b>Agility and Speed</b></p> <p>Obstacle course</p> <ul style="list-style-type: none"> <li>• Levels (low medium and high) •</li> <li>Pathways (straight, zig-zag, curve)</li> <li>• Tempos (slow, medium and fast)</li> <li>-</li> <li>SHUTTLE RUN</li> <li>- PLATE TAPPING</li> </ul>

<p>to overcome fear.</p> <p><b>Breathing exercises to overcome fear before speaking.</b></p> <p><b>Be the change I want to see...</b></p> <p><b>Train your mind to believe and act.</b></p> <p><b>Activity: Positive Affirmations</b></p> 	<p><b>Change!!</b></p> <p>A great way for students to get a non-frightening taste of being on stage and establish a supportive environment (acting like their own superhero.)</p>  <p><b>3.Emotion Freeze</b></p> <p>A fun way that forces students to be spontaneous, stretches imagination and allows them to think together(celebrating Earth Day)</p> <p><b>4. नाट्य विधा का परिचय -</b></p>	<p><b><u>INSTRUMENTAL MUSIC :</u></b></p> <p>Finger practice on keyboard</p> <ul style="list-style-type: none"><li>- Knowledge of finger positioning</li><li>• Learning beats &amp; taals in multiples of 2</li><li>- Identification of beats</li><li>• Change of tempo or laya</li><li>- Knowledge on variation of beats</li><li>• Playing Sargams, learning to play Gayatri Mantra</li><li>- Playing simple songs</li><li>-</li></ul> <p><b><u>VOCAL MUSIC:</u></b></p>				
--	---	---	--	--	--	--

	pronunciation, body language, presentation	<p>दर्पण विधि -विभिन्न भावों से संबंधित संवाद प्रस्तुति।</p> <p><b>SKILLS</b> facial expression pronunciation body language</p>	<p>Alankars: S R G M P D N S/ S N D P M G R S, SS RR GG MM PP DD NN SS/ SS NN DD PP MM GG RR SS School song Rabindrasangeet : Kale Kale Badalo Mein # Memorize the lyrics</p>				
JULY	<p><b>Let's Talk</b></p> <p>Making students familiar with the correct pronunciation of words and helping them overcome stage fright.</p> <p><b>Vacation Fun!</b></p>	<p><b>5.Statue Garden</b></p>  <p>After effects of vacation</p> <p><b>Back with a bang</b></p> <p>Adding up to the story started by the teacher on how we can be kind and work as a team?.</p>	<p><b><u>DANCE:</u></b></p> <p>&gt; Revision of previous lessons. : (clarity of body posture.) &gt; New movements of kathak: - 'Madhya hasta chakra' . : (Good alignment with the name of movements.) &gt; 5 steps 'chakkar' with 'tihai' no. 1. : (Stamina &amp; techniques.)</p>	Fruits and Vegetable in basket round	<p><b>Folk art of Maharashtra Warli</b></p> <p><b>using paper cutouts(collaborative work)</b></p>	<p><b><u>G.K.</u></b> Cuisines of different states World Nature Conservation Day World Chess Day Current Affairs</p> <p><b><u>Computers</u></b> PowerPoint</p> <ol style="list-style-type: none"> <li>1. Background</li> <li>2. Font Color</li> <li>3. Font , Font size</li> <li>4. Alignment</li> <li>5. Bold, italics ,</li> </ol>	<p><b><u>Coordination and speed</u></b> -Self-throw and catch -Pair throw and catch Each student gets 3 turns to toss a bean bag into a hula hoop target.</p> <p>Game of bowls by placing</p>



Discuss about any '1' outdoor adventure activity which they did during vacation.

### I speak Activity:

"If I had wings, where would I go to make a change?"

"I want to make the world better by..."



### 6. Boogie Time

Depict different types of movements.



### 7. Happy Heart Club

Act on health and wellness



These 3 P's help kids understand the **magic of theatre**—that it happens when **people** come together in a **place** to create a **performance**.

> One semi classical patriotic dance (Ek chidiya). : (Projection of style.)


### INSTRUMENTAL MUSIC :



- Playing beats & taals in multiples of 2
- Change of tempo or laya
- Gaining the skill of learning beats and rhythm sense
- Learning all percussion instruments namely maracas, tambourine etc. Getting familiar with other percussion instruments

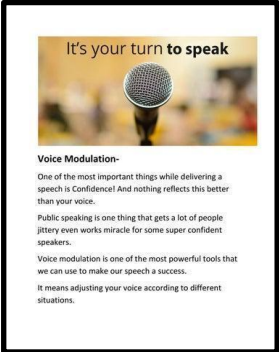
### VOCAL MUSIC:


underline

cones in a row and rolling a ball to knock them over.

			<ul style="list-style-type: none"> <li>• National Anthem</li> <li>• Inspirational song: Chal Chal Chal</li> </ul> <p>#Singing together with others</p> <ul style="list-style-type: none"> <li>• Taal: Kaharwa with hand beats</li> </ul>				
<b>AUGUST</b>	<p>- Gratitude</p> <p><b>Thankfulness Makes Life Shine!</b></p> <p><b>My National Hero Speech:</b></p> <p>Freedom Fighters</p> <p>Political leaders</p> <p>Scientists</p> <p>Sports Heroes</p>	<p><b>8. Let's Play Charades</b></p> <p>Act according to the action slips given to them.</p>  <p><b>9. The theatre cafe</b></p>	<p><b><u>DANCE:</u></b></p> <p>&gt; Revision of earlier lessons. : (clarity of body posture.)</p> <p>&gt; New movements of kathak:- 'Tala hasta chakra'. : (Proper lining of movements.)</p> <p>&gt; Last part of the patriotic dance: "Ek chidiya". : (projection of style)</p> <p>&gt; One folk dance of Bengal- Fisher man dance: "Nao chariya"</p>	make basket with flower in relief work	<b>Continued with the folk art</b>	<p><b><u>G.K.</u></b></p> <p>National Sports Day..</p> <p>National Leaders</p> <p>Current Affairs</p> <p><b><u>Computers</u></b></p> <p>PowerPoint</p> <ol style="list-style-type: none"> <li>1. Inserting WordArt</li> <li>2. Inserting Clipart</li> </ol>	<p>Throwing and target</p> <p>-Throwing</p> <p>Grip, Stance, Motion, Target</p> <p>Grip – hold the ball with fingers spread and thumb underneath.</p> <p>Stance- feet</p>

	<p><b>Small Actions Matter</b></p> <p>How can you contribute to the growth of our country?</p> <p><b>SKILLS</b></p> <p><b>Thinking</b></p> <p><b>Speaking</b></p> <p><b>Reading</b></p> <p><b>Fluency</b></p> <p><b>Diction</b></p>	 <p><b>10. The laughter club:</b></p> <p>Short skit about Independence Day</p>  <p><b>11. Performing Arts Festival</b></p> <p>Introduction and discussion of the play for Performing Arts Festival</p>	<p>de”. : (Projection of style.)</p> <p>-----</p> <p>-</p> <p><b><u>INSTRUMENTAL MUSIC - :</u></b></p> <ul style="list-style-type: none"> <li>• Learning Indian National Anthem</li> <li>- Learning simple songs to develop confidence</li> <li>Getting familiar with percussion instruments</li> </ul> <p><b><u>VOCAL MUSIC:</u></b></p> <ul style="list-style-type: none"> <li>• Patriotic song- Hum Bachhe Bharat Ki Asha</li> <li>• English Prayer</li> <li>• Practice of School Song</li> </ul> <p># Singing in</p>				<p>shoulders width apart, body facing the target.</p> <p>Motion- step forward with the opposite foot through with your arm.</p> <p>Target- set up different targets at varying distance.</p>
--	---	---	--	--	--	--	--

			harmony				
SEPTEMBER	<p>Getting to know the script for Samanajasya.</p> <p>Working on body language and diction of the students, avoiding ums..ahs</p> <p>Proper use of gestures.</p> <p>Practice tongue twisters</p>	<p>12. It's my style</p> <p>Voice control: Practice narration of dialogues of the play.</p>  <p>Getting to know the script for Samanajasya.</p>	<p><b><u>VOCAL MUSIC:</u></b></p> <ul style="list-style-type: none"> <li>• Krishna Bhajan</li> <li>• One Song for Samanajasya</li> </ul> <p>#To develop the correct style of singing</p>	Animal in round	<p><b>Composition using Origami-</b></p> <p><b>A jungle scene with origami animals.</b></p>	<p><b><u>G.K.</u></b> International Day of Clean Air for Blue Skies World Tourism Day Monuments of India Current Affairs</p> <p><b><u>Computers</u></b></p> <p>PowerPoint 1.Background 2. Custom motion</p>	<p>ATHLETICS</p> <p>Track running</p> <p>Fun races</p> <p>Junior athletic meet trails</p>

	 <p>Skills – fluency, pronunciation, body language, presentation</p> <p>Teachers Day</p>						
OCTOBER	<p>Samanjasya</p> <p>* ANNUAL PRESENTATION PREPARATION: -</p> <p>Practice for the show</p> <p>Reading a</p>	Samanjasya Practice	<p><b><u>DANCE:</u></b></p> <p>&gt; Revision of previous lessons. : (clarity of body posture.)</p> <p>&gt; “Tihai” no. 2 of kathak. : (clarity of movements.)</p> <p>&gt; One semi classical dance on “Diwali”. : (Projection of style.)</p> <p>&gt; Name of all the classical dances of India with their states. : (Oral</p>	Continued with animal forms and create composition	Continued with the composition	<p><b><u>G.K.</u></b></p> <p>World Animal Welfare Day</p> <p>Rastriya Ekta Diwas Festivals</p> <p><b><u>Computers</u></b></p> <p>PowerPoint</p> <p>1. Add animation</p> <p>2. Check animation pane</p>	<p>ATHLETICS</p> <p>Track running</p> <p>Fun races</p> <p>Junior athletic meet</p> <p>Standing broad jump</p>



	storybook/newspaper		<p>communication skills with knowledge).</p> <p>-----</p> <p><b><u>INSTRUMENTAL MUSIC:</u></b></p> <ul style="list-style-type: none"><li>• Learning Rhythm Single Beat, Double Beat. 1234 1234 1234  1234  1 2  1234 1 2  1234  - Understanding variations of beats Learning &amp; Playing School Song “Ahem Yogya Asmi”. Samanjasya Practice</li></ul> <p><b><u>VOCAL MUSIC:</u></b></p> <ul style="list-style-type: none"><li>● Value based Song- Ao Hum Milkar Chaley Challengey</li></ul> <p># Working</p>				
--	---------------------	--	--	--	--	--	--

			together in team				
NOVEMBER	Samanjasya Practice	Samanjasya Practice	<p><b><u>DANCE:</u></b></p> <p>&gt; Revision of previous lessons. : (clarity of body posture.)</p> <p>&gt; Last part of semi classical dance on “Diwali”. : (Projection of style.)</p> <p>&gt; Few “Asamyukta Hasta Mudras”. : (Oral communication skills with knowledge).</p> <p>-----</p> <p><b><u>INSTRUMENTAL MUSIC :</u></b></p> <ul style="list-style-type: none"> <li>• Learning beats in the style of 4/4.</li> <li>• Beats of Indian National Anthem, Vande Matram &amp; school song</li> <li>-</li> </ul>	Continued with the non-living object composition	<b>Composition- My dream vacation destination using patterns</b>	<p><b><u>G.K.</u></b> Means of Communication World Television day Current Affairs</p> <p><b><u>Computers</u></b></p> <p><b>Kodu Game Lab</b></p> <p>-Introduction to Kodu Game Lab</p> <p>-Introduction to Programming concepts</p> <p>-Creating a landscape</p>	<p>Game - dodgeball</p> <p>Skills -</p> <p>-throwing</p> <p>- catching</p> <p>-dodging</p>

			<p>Understanding varieties of beats</p> <ul style="list-style-type: none"> <li>• Learning &amp; playing English song "Make me a Channel of your Peace"</li> <li>- Application Samanjasya Practice</li> </ul> <p><b><u>VOCAL MUSIC:</u></b></p> <ul style="list-style-type: none"> <li>• Value based Song- Ao Hum Milkar Chaley Challengey</li> <li>• Song for Samanjasya</li> </ul> <p># Working together in team</p>				
DECEMBER	* Annual Class Presentation practice on the stage for Samanjasya	Samanjasya Practice	<p><b><u>DANCE:</u></b></p> <p>&gt; Revision of previous lessons. : (clarity of body posture.)</p> <p>&gt; Preparation for "Samanjasya". : (at least 2/3 dances students will perform according to the theme&gt; Projection of</p>	Non figurative storytelling in clay modelling	Continued with the composition	<p><b><u>G.K.</u></b></p> <p>National Museums National Parks International Bio-diversity day Current Affairs</p> <p><b><u>Computers</u></b></p> <p><b>Kodu Game Lab</b></p> <p>-Making creatables</p>	<p><b><u>Football</u></b></p> <p><b><u>BASIC SKILLS:</u></b></p> <ul style="list-style-type: none"> <li>• Top tap</li> <li>• Side tap</li> <li>• Drop trap</li> <li>• Scissors</li> <li>• Short and long pass</li> </ul>



©shutterstock.com - 2277757211



Christmas Tide

Jingle Bells

Christmas carols and  
birth of Jesus

style).

---

### INSTRUMENTAL MUSIC :

- Learning beats in the style of  $\frac{3}{4}$  i.e. triple beats

- Awareness about varieties of beats

- Learning “Song of Peace”

- Learning Christmas Carol “Jingle Bells”

- Application of concepts

### VOCAL MUSIC:

- Practice for Samanjasya



and clones.


-Create Paths

-Set Behaviors

- Dribbling the ball

<b>JANUARY</b>	<b>Final Show!</b>  <b>Winter Vacation</b>  <b>New Year resolutions</b>  <b>Republic Day</b>  <b>Unity In diversity</b>	<b>It's show time!!!</b>	<p><b><u>DANCE:</u></b></p> <p>&gt; Preparation for “Samanjasya”. : (at least 2/3 dances students will perform according to the theme&gt; Projection of style).</p> <p>-----</p> <p>-</p> <p><b><u>INSTRUMENTAL MUSIC -:</u></b></p> <ul style="list-style-type: none"> <li>• Learning the patterns in different sections according to the theme.</li> <li>- Ability to distinguish between different patterns</li> <li>• Learning English song “Chariots of Fire”</li> <li>- Application of concepts to simple songs.</li> </ul> <p><b><u>VOCAL MUSIC:</u></b></p>	<p>continue with the style</p>	<p><b>Story illustration using block printing</b></p>	<p><b><u>G.K.</u></b></p> <p>Celebrating</p> <ul style="list-style-type: none"> <li>-Republic Day</li> <li>-Army Day</li> <li>-National Girl Child's Day</li> <li>-World Peace Day</li> </ul> <p><b><u>Computers</u></b> <b>Kodu Game Lab</b></p> <ul style="list-style-type: none"> <li>-Using controller to move characters</li> <li>-Create Paths</li> <li>-Set Behaviors</li> </ul>	<p>Revisiting all activities and skills taught during the session.</p> <p>Obstacle race</p> <p>Recreational activities</p> <p>Dodgeball:-</p> <ul style="list-style-type: none"> <li>-Throwing</li> <li>-catching</li> <li>-dodging</li> </ul>
----------------	---	--------------------------	---	--------------------------------	---	---	--

			<ul style="list-style-type: none"> <li>Inspirational Song- Yea wakth na thahra hain # Working together in team</li> </ul>				
<b>FEBRUARY/MARCH</b>	<p><b>Recapitulation of Public Speaking classes.</b></p> <p><b>Just a minute:</b></p> <p><b>Thinking on your feet</b></p>  <p><b>How to handle questions from the audience.</b></p>	<p><b>Analysing performance</b></p> <p><b>13. Think Tanks</b></p> <p>Prepare and present a role play on how you brought change in your own self in grade II.</p>  <p><b>14. I am a Superstar</b></p>	<p><b><u>DANCE:</u></b></p> <p>&gt; Revision of previous lessons. : (clarity of body posture.)</p> <p>&gt; Kathak composition “Guru Vandana”. : (Projection of style.)</p> <p>&gt; Few “Asamyukta Hasta Mudras” with their use. : (Oral communication skills with knowledge)</p> <p>-----</p> <p>-</p> <p><b><u>INSTRUMENTAL MUSIC :</u></b></p> <ul style="list-style-type: none"> <li>Combining all different sections &amp; patterns &amp; playing them.</li> </ul>	<p>Mendelian composition use of flora and funna</p>	<p><b>Continued with the composition</b></p>	<p><b><u>G.K. -</u></b> Spring is here - Current Affairs National Science Day</p> <p><b><u>Computers</u></b> <b>Kodu Game Lab</b></p> <p>Making games in Kodu</p>	<p>Revisiting all activities and skills taught during the session.</p> <p>Recreational games</p>

		<div data-bbox="474 92 745 368"></div> <div data-bbox="474 405 725 437">How I am the best.....</div>	<div data-bbox="768 92 1010 703"><ul style="list-style-type: none"><li>- Developing the ability to sense rhythm and handling it correctly.</li><li>• Learning English song “March on river Kwai”</li><li>- Application of western notes</li></ul><p><b><u>VOCAL MUSIC:</u></b></p><ul style="list-style-type: none"><li>• Revision of songs</li></ul></div>				
--	--	--	---	--	--	--	--