

Co- Scholastic Syllabus for Class 3 Session 2025-26

Month	Public Speaking	Theatre	Performing Art Dance / Vocal Music / Instrumental Music	Clay Modelling	Art	GK/ Computers	Physical Education
April-May Theme: You and I, together make it a better place to live	I, Me, Myself 1. Precious gems 2. Ice-Breaker: Humour me! (share a joke) 3. Key-Points (3-P's of Public speaking)- 4. 'Can do' Positive Attitude 5. The Power of 'Yet' (time to reflect)	I, Me, Myself 1. Name in motion 2. Ice-Breaker: Two Truths and a Pose 3. AIMS (the basic skills to learn) 4. Character Charades 5. मात्र एक मिनट (ज्ञात से अज्ञात की ओर)	DANCE: > 'Tatkar' of tin taal with speed. : (Clarity with speed of footwork.) > New movements of kathak:- 'Pushpak'. : (Proper lining of movements with their names.) > New 'tihai' no. 1 of kathak. : (Implementation of basic movements through 'Bols' of kathak.) > One dance of Tagore song (Pagli hawa badraya din...). : (Facial expressions, proper body posture.) > Introduction of a famous Kathak Guru: Pdt. Birju Maharaj ji. :	> Practice Animal in round > with reference to (Bhimbetka cave) painting	Introduction of Indian Artist – Jamini Roy (animal figures) using oil pastels	G.K. -Story time- Cultivating self-awareness and managing emotions -Community lead cleanup initiative - 5 R's -Book Bridges (Canva Quiz time) -Dances across India (Canva Quiz time) -Current affairs/Trivia Computers Scratch Software 3.0 1.Installation 2.Sprite a)add new sprite b)grow/shrink sprite c)cut & duplicate sprite d)paint your sprite and background 3.add new backdrop	Balance and Coordination • Introduction of body balance • Control and stabilize the body during movement or while stationary • Balance bean bag on different body part - FLAMINGO - 3 LEGGED RACE

			<p>(Awareness about a famous dancer.)</p> <p>-----</p> <p><u>INSTRUMENTAL MUSIC :</u></p> <ul style="list-style-type: none">•Introduction to the synthesizer & the keys of the keyboard-Understanding the instrument•Understanding basic beats & rhythm of various styles-Knowledge of beats•Learning Rabindra sangeet “Fule fule dhole dhole”-Playing simple songs•Identification of finger position on keyboard and rhythm sense.-Learning finger			<ul style="list-style-type: none">4.Block palette5. Script area6.when flag clicked event7.move, turn and wait command8.Switch Backdrop9.Switch Sprite10. Commands –<ul style="list-style-type: none">• Switch costume to• Say	
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			<p>position and rhythm</p> <p>-----</p> <p><u>VOCAL MUSIC:</u></p> <p>Alankar: 2/2 # Distinguish the musical notes English Prayer Rabindrasangeet: Pavan Chale Zor # Memorize the lyrics. Taal: Kaharwa #Coordination</p>				
<p><u>July</u> Be the change makers</p>	<p>Pause and Reset -Social support and importance of family 1. Accomplishment jar (who helped me?) 2. Accomplishment jar (cont.) (How did I cope with difficult situations?) 3. Poem on friends/family 4. Weave a story- (stories about resilience)</p>	<p>Bounce Back Bash -Social support and importance of family 1. My Everyday Hero 2. My Everyday Hero (cont.) (How did I cope with difficult situations?) 3. Game- Yes and... 4. कुछ खास है अलग अंदाज़ है</p>	<p><u>DANCE:</u></p> <p>> Revision of previous lessons. : (clarity of body posture.) > Few basic movements of kathak. : (Proper lining of movements.) > New 'tihai' no. 2 of kathak. : (Stamina & techniques.) > One patriotic dance: (Kadam kadam badhaye ja). : (Projection of style.)</p>	<p>animal and fish in round</p>	<p>Folk art of West Bengal- Pattachitra</p>	<p><u>G.K.</u></p> <p>-Happiness Quotient -Healthy eating habits -Greetings across India and the world -Current affairs/Trivia</p> <p><u>Computers</u></p> <p>Scratch continues</p> <p>Commands -create clone -when this sprite click -when I start as clone -go to Random position -change size by -change color effect by</p>	<p>Throwing</p> <p>Throwing the ball at Different: - • Speed • Height • Distance</p> <p>Recreational Game: - • Bulls eye game</p>

		<p>(छिपे हुए हुनर का प्रदर्शन)</p>	<p>> About Kathak costumes & accessories. : (Awareness about the complete art form.)</p> <p>-----</p> <p><u>INSTRUMENTAL MUSIC :</u></p> <ul style="list-style-type: none"> •Understanding basic beats & rhythm of various styles -Knowledge of beats •Identification of finger position on keyboard and rhythm sense. -Learning finger position and rhythm •Learning patriotic song Hum honge kamyab/We shall overcome. <p><u>VOCAL MUSIC:</u></p> <p>Ø Alankar: 2/2</p> <p>Ø # Distinguish the</p>				
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			<p>musical notes.</p> <p>Ø School Song</p> <p>Ø Patriotic Song: Aha Manzil Ki Duri Se # Singing in harmony</p>				
<p>August Self to Society</p>	<p>Talk-Toolbox -Changing failures to success stories</p> <p>1. Famous fails of famous personalities 2. Story Telling (cont: famous personalities from the previous class) 3. Three Truths and One Lie (game) 4. Poem on communicating with each other</p>	<p>Keeping up with life -Changing failures to success stories</p> <p>1. The Solution Seekers (I will do it!)</p> <p>2. Story Mashup</p> <p>3. Story Mashup(cont.)</p> <p>4. असफलता से सफलता की ओर (कहानी)</p>	<p><u>DANCE:</u></p> <p>> Revision of previous lessons. : (clarity of body posture.)</p> <p>> New 'tihai' no 3 of kathak. : (clarity of movements & steps.)</p> <p>> Last part of the patriotic dance: (Kadam kadam badhaye ja). : (projection of style.)</p> <p>> Classical composition (guru bandana). : (Projection of the steps of kathak with expressions.)</p> <p>-----</p> <p><u>INSTRUMENTAL</u></p>	<p>Understanding various clay modelling techniques and implement pinching and coiling method study of poetry and vases</p>	<p>Continued with the folk art</p>	<p><u>G.K.</u></p> <p>-Monuments in Delhi and India -Unity in Diversity -Current affairs/Trivia (Quiz time)</p> <p><u>Computers</u></p> <p>Scratch continues</p> <p>Commands -When key pressed -move -wait -change y by -change x by -when flag clicked -if then -touching color -say -go to x,y -switch costume to -sound</p>	<p>Throwing and target -throwing -grip -stance -motion target</p> <p>Recreational Game: -</p> <ul style="list-style-type: none"> • Bulls eye game • Dodge ball

			<p><u>MUSIC :</u></p> <ul style="list-style-type: none">•Playing beats & taals in multiples of 2•Change of tempo or laya-Gaining the skill of learning beats and rhythm sense•Learning School Song “Ahem Yogya Asmi”-Application of notes and finger positioning <p><u>VOCAL MUSIC:</u></p> <ul style="list-style-type: none">Ø Alankar: 2/2Ø Unity Song- Dharti Baanti Sagar BaantaØ National Anthem# Sensitivity towards people				
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September Unleash Your Thoughts	Adapt and Advance 1. Mistake Art- (I never give up!) 2. Fake a Holiday 3. Learn from the Pros 4. Time for an Outdoor Game- obstacle course to develop a flexible mind)	Go with the Flow 1. What to do if.... 2. Freeze frames 3. Theater of the Absurd 4. Costume Relay 5. अपने पसंदीदा पात्र चाहे वो फिल्मों से जुड़ा हो या खेल जगत से उसका प्रसिद्ध संवाद अदायगी	DANCE: > Revision of previous lessons. : (clarity of body posture.) > “Tukra” no 1 of kathak. : (Clarity of movements.) > Last part of the classical composition (guru bandana). : (Projection of the steps of kathak with expressions.) > Practice a few “Asamyukta hasta mudras”. : (clarity of movements with projection.) <hr/> INSTRUMENTAL MUSIC : •Keyboard playing practices CCEC CECE CEFC CEEC SRGM RGMP GMPD	Basic understanding of composition in clay and continued with animated characters development	Composition view from my window-taking inspiration from the paintings of Henri Rousseau	G.K. -Inventors and Inventions (Quiz Time) -Food around the world -Emotions -Current affairs/Trivia Computers Scratch continues 1.repeat 2.goto x and y 3.say, hide and show 4.switch backdrop 5.think 6.change costume 7.Broadcast a message 8.When I receive	Athletics Track running Fun races Junior athletic meet trails
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			<p> MPDN PDNS etc.</p> <p>-Trying finger positioning on keyboard</p> <p>•Learning prayer song</p> <p>Teri hai zameen, tera aasman.</p> <p>-Application of rhythm, beats and other variations</p> <p><u>VOCAL MUSIC:</u></p> <p>Ø Bhajan:Teri Hai Zamin Tera Aasma</p> <p>Ø One song for Samanjasya</p> <p># To develop the correct style of singing the Bhajan</p>				
<p><u>October/ November</u></p>	<p>Dharohar</p> <p>1. 30 second filler-free exercise- (topic:</p>	<p>Dharohar</p> <p>1. Little Stars, Big</p>	<p><u>DANCE:</u></p> <p>> Revision of previous lessons. :</p>	<p>Continue with the style</p>	<p>Continued with the landscape</p>	<p><u>G.K.</u></p> <p>-Story Time- Respecting Elders</p>	<p>Athletics</p> <p>Track running</p>

<p>Our Value System- तारू की झुकी डालियों से नित सीखो शीश झुकाना</p>	<p>values passed on to me by my family) 2. Where did that name come from? 3. Celebrations in the Air- Nukkar Naatak 4. Samanjasya- story and script reading</p>	<p>Lessons 2. Dancing to our family's heartbeat 3. Celebrations in the Air- Nukkar Naatak (HINDI) 4. Samanjasya- story and script reading <u>Rehearsal for Annual Presentation</u></p>	<p>(clarity of body posture.) > New "Tihai" no. 4. : (Clarity of movements & footwork.) > Classical Dance on "Ganesh stuti": "Vakra tunda mahakaya". : (Projection of the steps of kathak with expressions.) > Name of all the classical dances of India with their states. : (Oral communication skills with knowledge.)</p> <p>-----</p> <p><u>INSTRUMENTAL MUSIC :</u></p> <p>•Keyboard playing practices</p> <p>CCEC CECE CEFC CEEC</p> <p>SRGM RGMP GMPD MPDN PDNS etc.</p> <p>-Trying finger</p>			<p>-Name of flowers and trees -Birds Birds everywhere -Interesting animals (Quiz time) -Current affairs/Trivia</p> <p><u>Computers</u></p> <p>Scratch continues A) Pen Extension Continue a)erase all b)stamp c)penup / pendown d)set pen color e)change pen f)change pen size B)Text to Speech Extension a)Speak b)Set voice c)Set Language</p>	<p>Fun races Junior athletic meet trails -Standing broad jump -Javelin throw</p>
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			<p>positioning on keyboard</p> <p>•Learning patriotic song</p> <p>“Kadam kadam badaye Jaa”</p> <p>Application of rhythm, beats and other variations</p> <p>Samanjasya Practice</p> <p><u>VOCAL MUSIC:</u></p> <p>Ø Motivational Song: Sab milke Saathi Hum Gaya</p> <p>Ø Taal: Dadra</p> <p>#Following the Rhythm.</p>				
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December Lead by Example	Rehearsal for Annual Presentation	Rehearsal for Annual Presentation	<p><u>DANCE:</u></p> <p>> Revision of previous lessons. : (clarity of body posture.)</p> <p>> Last part of “Ganesh stuti”: “Vakra tunda mahakaya”. : (Projection of the steps of kathak with expressions.)</p> <p>> Few “Asamyukta Hasta Mudras”. : (clarity of movements with projection.)</p> <p>-----</p> <p><u>INSTRUMENTAL MUSIC :</u></p> <p>•Technical Knowledge of Melody Instruments & Rhythm Instruments</p> <p>•Learning beats in the style of 4/4.</p> <p>-Understanding Technicalities of</p>	Storytelling composition, landscape practice Continued with the landscape	Introduction of Typography- words with patterns	<p><u>G.K.</u></p> <p>-Legendary personalities of India</p> <p>-Women entrepreneurs of India</p> <p>-Current affairs/Trivia (Quiz time)</p> <p><u>Computers</u></p> <p>Scratch continues</p> <p>1-Operator block (different commands)</p> <p>2- Variable Block</p> <p>-Create variable</p> <p>-Set variable</p> <p>-Change Variable</p> <p>-Show variable</p> <p>3- Sensing block</p> <p>-touching</p> <p>- touching color</p> <p>- ask</p> <p>-answer</p> <p>- mouse down</p> <p>- mouse x</p> <p>- mouse y</p>	Game - dodgeball Skills - -throwing - catching -dodging
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			<p>instruments</p> <p>•Learning English song “Conquest of Paradise”</p> <p>Application of theoretical concept and beats to the song.</p> <p>Samanjasya Practice</p> <p><u>VOCAL MUSIC:</u></p> <p>Ø Community Song- Saare Jahan Se Achha</p> <p>Ø Samanjasya</p> <p>Working together in team</p> <p>Ø Taal</p>				
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<p><u>January/February</u></p> <p>Footprints</p>	<p>Unbreakable Spirit</p> <p>1. Report writing on Samanjasya (role play of a reporter who was there to watch Samanjasya)</p> <p>2. My Favourite Sport Star or an Artist</p> <p>3. The Tongue twisting Challenge- (tongue twisters)</p> <p>4. Mock- interview</p> <p>5. Debate (topics given on the spot)</p> <p>6. Farewell Speech</p>	<p>Unbreakable Spirit</p> <p>1. Report on Samanjasya (role play of a reporter who was there to watch Samanjasya)</p> <p>2. Brave speeches</p> <p>3. Empowerment Gallery (Positive affirmation wall)</p> <p>4. Craft of courage</p> <p>5. Hindi Farewell speech</p>	<p><u>DANCE:</u></p> <p>> Revision of previous lessons. : (clarity of body posture.)</p> <p>> Preparation for “Samanjasya”. : (at least 2/3 dances students will perform according to the theme > Projection of style.)</p> <p>-----</p> <p><u>INSTRUMENTAL MUSIC - :</u></p> <p>• Learning beats in the style of $\frac{3}{4}$ i.e., triple beats</p> <p>• Learning English song “Make me a Channel of your Peace”</p> <p>-Application</p> <p>• Learning Christmas carols “We wish u a merry Christmas, Jingle bells & Silent</p>	<p>Figurative storytelling composition</p>	<p>Continued with the typography</p>	<p><u>G.K.</u></p> <p>-Wonders of the World (highest/largest/smallest)</p> <p>-Energy sources</p> <p>-World of sports and entertainment (Quiz time)</p> <p>-Currencies around the world</p> <p>-Current affairs/Trivia</p> <p><u>Computers</u></p> <p>Scratch continues</p> <p>Sensing block</p> <ul style="list-style-type: none"> -touching - touching color - ask -answer - mouse down - mouse x - mouse y <p>Revise all the command</p>	<p>Parachute unit</p> <p>all shapes (dome, mushroom, goodnight, good morning, and club house) different games and shoulder strengthening exercises)</p>
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			<p>night”</p> <ul style="list-style-type: none">•Applying the theoretical concepts and judging western notes.•Samanjasya Practice <p><u>VOCAL MUSIC:</u></p> <p>Practice for Samanjasya</p>				
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