


Co- Scholastic Syllabus for Class III Session 2026 - 27

Month	Public Speaking	Theatre	Performing Art Dance / Vocal Music / Instrumental Music	Clay Modelling	Art	GK/ Computers	Physical Education
April and May	<p>1. My name, my story (meaning of their name)</p> <p>2. Pair & share- Introducing my partner</p> <p>3. Ice-Breaker- Humour me! (share a joke)</p> <p>4. Key-Points (3-Ps of Public speaking)</p> <p>5. “Meghalaya Explorer”- speech on nature and geographical location.</p>	<p>Topic: Who am I? – The Explorer Within</p> <p>1. Emotion Passport</p> <p>2. The Soundscape Game</p> <p>3. My Superpower Story</p> <p>4. Voice Colour Experiment</p> <p>5. Seed to Tree – Physical Storytelling</p> <p>6.</p>	<p><u>DANCE:</u></p> <ul style="list-style-type: none"> • ‘Tatkar’ of tin taal with speed. • New movements of kathak:- • ‘Pushpak’. • New ‘tihai’ no. 1 of kathak. • One dance of Tagore song (Pagli hawa badraya din...). • Introduction of a famous Kathak Guru: Pdt. Birju Maharaj ji. <p>=====</p>	<p>Practice Animal in round > with reference to Harappan animal Sculptures , jamini roy Sculptures and jeff koons Sculptures.</p>	<p>Introduction of Indian Artist – Jamini Roy (animal figures)</p> <p>Using oil pastels</p>	<p>GK</p> <ul style="list-style-type: none"> -Introduction to North-East India states- Fun facts- Guess the state -Community lead cleanup initiative - 5 R’s -Book Bridges (Canva Quiz time) -Dances across India (Canva Quiz time) 	<p>Balance and Coordination</p> <ul style="list-style-type: none"> • Introduction of body balance • Control and stabilize the body during movement or while stationary • Balance bean bag on different body part

		<p>भाव से वस्तु रूपांतरण गतिविधि</p>	<p>=</p> <p><u>VOCAL MUSIC:</u></p> <ul style="list-style-type: none"> ❖ Alankar: 2/2 <p>S R G M P D N S / S N D P M G R S</p> <p>SS RR GG MM PP DD NN SS / SS NN DD PP MM GG RR SS</p> <p>SR RG GM MP PD DN NS/SN ND DP PM MG GR RS</p> <p>RS GR MG PM DP NS SN RS/SR NS DN PD MP GM RG SR NS</p> <ul style="list-style-type: none"> ❖ Rabindrasangeet: Pavan Chale Zor ❖ Gayetri Mantra ❖ Hindi Preyer ❖ English Preyer ❖ Taal: Kaharwa <p>=====</p> <p>=</p>			<p>-Current affairs/Trivia</p> <p><u>Computers</u></p> <ul style="list-style-type: none"> ▢ Parts of computer: Monitor, CPU, Keyboard, Mouse, Speakers ▢ Uses of computer in daily life ▢ Start and shut down computer properly ▢ Opening Scratch software <p>Scratch Software 3.0</p> <ol style="list-style-type: none"> 1. Installation 2. Sprite <ol style="list-style-type: none"> a) add new sprite b) grow/shrink sprite c) cut & duplicate sprite d) paint your sprite and background 3. add new backdrop 4. Block palette 5. Script area 6. when flag clicked event 	
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			<p><u>INSTRUMENTAL MUSIC:</u></p> <ul style="list-style-type: none"> ● Introduction to the synthesizer & the keys of the keyboard ● Understanding basic beats & rhythm of various styles ● Learning Rabindra sangeet "Fule fule dhole dhole" ● Finger position on keyboard and rhythm sense. ● Introduction of eminent music personality Pt.Ravi Shankar (Sitar) 			<p>7.move, turn and wait command 8.Switch backdrop 9.Switch Sprite 10. Change costume -Draw your sprite using different tools 11. Say</p>	
<p>July</p>	<p>1.Speak in 3-Lines Activity-Folktales from Tripura 2. Be the character from the story</p>	<p>Topic: Together we shine – The Power of Community</p> <p>1. Human</p>	<p><u>DANCE:</u></p> <ul style="list-style-type: none"> ● Revision of previous lessons. ● Few basic movements of kathak. 	<p>animal and fish in round</p>	<p>Introduction of Typography- words with patterns</p>	<p><u>GK</u> -Healthy eating habits, Famous cuisines and food from the</p>	<p>Agility and Speed</p>



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	<p>(Folktales from Tripura) 3. Stand-up comedy- "Everyday Life Humour"</p>	<p>Machine 2. The Kindness Ripple Play 3. Our Neighbourhood in 60 Seconds 4. Newspaper Headlines Drama 5. "हमारी ताकत - एकता का वृक्ष"</p>	<ul style="list-style-type: none"> • New 'tihai' no. 2 of kathak. • One patriotic dance: (Kadam kadam badhaye ja). • About Kathak costumes & accessories. <p>=====</p> <p>=</p> <p><u>VOCAL MUSIC:</u></p> <ul style="list-style-type: none"> ❖ Alankar: 2/2 ❖ School Song ❖ Song: Saath Chaley Hum <p>=====</p> <p>=</p> <p><u>INSTRUMENTAL MUSIC:</u></p> <ul style="list-style-type: none"> • Understanding basic beats & rhythm of various styles • Finger position on keyboard and rhythm sense. • Learning patriotic song Hum honge kamyab/we shall overcome. 			<p>North Eastern states</p> <p>-Greetings (North-East languages)</p> <p>-Current affairs/Trivia</p> <p><u>Computers</u></p> <ul style="list-style-type: none"> ▣ What is a file? ▣ What is a folder? ▣ Save and open Scratch project ▣ Importance of naming files <p>Scratch continues</p> <p>Commands</p> <ul style="list-style-type: none"> -create clone -when this sprite click -when I start as clone -go to Random position -change size by -change color effect by 	<p>Obstacle course</p> <ul style="list-style-type: none"> • Levels (low medium and high) • Pathways (straight, zig-zag, curve) • Tempos (slow, medium and fast) <p>- SHUTTLE RUN</p>
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<p>August</p>	<p>1. Poems about Manipur (pair-recitation) 2. Pass the Topic-Pass a ball; whoever gets it must speak on a topic for 30 seconds</p>	<p>Topic: Once upon a planet – Stories from Nature</p> <p>1. Animal Walk Enactment</p> <p>2. The Weather Report (Character-based)</p> <p>3. Nature's SOS Monologue (bilingual)</p>	<p><u>DANCE:</u></p> <ul style="list-style-type: none"> • Revision of previous lessons. • New 'tihar' no 3 of kathak. • Last part of the patriotic dance: (Kadam kadam badhaye ja). • One folk dance of the north east. <p>=====</p> <p><u>VOCAL MUSIC:</u></p> <ul style="list-style-type: none"> ❖ Alankar: 2/2 ❖ Unity Song- Dharti Baanti Sagar Baanta ❖ National Anthem <p>=====</p> <p><u>INSTRUMENTAL MUSIC:</u></p> <ul style="list-style-type: none"> • Playing beats & taals in multiples of 2 • Change of tempo or laya 	<p>Understanding various clay modelling techniques and implement pinching and coiling method study of pottery and vases.</p> <p>1. Pinch Bowl</p> <p>Open shape</p> <p>2. Small Vase (Pinch + slight neck)</p> <p>Introduce neck concept</p> <p>3. Coil Pot (Straight wall)</p> <p>Teach stacking and control</p>	<p>Introduction of Typography- words with patterns</p>	<p><u>GK</u></p> <p>Monuments in Delhi and India</p> <p>-Nature and geography the of North-Eastern States (Eg: Map Activity – Locate all 7 Sisters & Sikkim</p> <p>-Clothing and Jewellery of the North Eastern states</p> <p>-Current affairs/Trivia</p> <p><u>Computers</u></p> <ul style="list-style-type: none"> ▣ Revision of all computer parts ▣ Input/output ▣ Files/folders ▣ Keyboard/mouse ▣ Safe computer habits <p>Scratch continues</p>	<p>Throwing and target</p> <p>-throwing</p> <p>-grip</p> <p>-stance</p> <p>-motion</p> <p>target</p> <p>Recreational Game: -</p> <ul style="list-style-type: none"> • Bulls eye game • Dodge ball
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			<ul style="list-style-type: none"> • Learning School Song "Ahem Yogya Asmi" 			<p>Commands</p> <ul style="list-style-type: none"> -When key pressed -move -wait -change y by -change x by -when flag clicked -if then -touching color -say -go to x,y -switch costume to -sound 	
September	<p>Activity- "I am a star from sikkim"- talk about famous personalities from Sikkim.</p>	<p>Topic: The Big Feelings Festival– Emotions on Stage</p> <ol style="list-style-type: none"> 1. Emotions Auction (Hot Seat Game) (bilingual) 2. The Slow Motion Fight / Make Up Scene 	<p><u>DANCE:</u></p> <ul style="list-style-type: none"> • Revision of previous lessons. • "Tukra" no 1 of kathak. • Last part of the folk dance. • Practice of few "Asamyukta hasta mudras". <p>=====</p> <p><u>VOCAL MUSIC:</u></p> <ul style="list-style-type: none"> ❖ Bhajan: Teri Hai Zamin Tera Aasma ❖ Taal 	<p>Basic understanding of composition in clay and continued with animated characters development</p>	<p>Art work using Warm and Cool colours</p>	<p><u>GK</u></p> <ul style="list-style-type: none"> -Inventors and Inventions (Quiz Time) -Tourism and famous places of the North-Eastern States -Emotions -Current affairs/Trivia <p><u>Computers</u></p> <ul style="list-style-type: none"> ☐ Revision of all computer parts ☐ Input/output ☐ Files/folders ☐ Keyboard/mouse 	<p>Athletics</p> <p>Track running</p> <p>Fun races</p> <p>Junior athletic meet trials</p>

			<p>=====</p> <p><u>INSTRUMENTAL MUSIC:</u></p> <ul style="list-style-type: none"> • Keyboard playing practices <p>CCEC CECE CEFC CEE C</p> <p>SRGM RGMP GMPD MP DN PDNS etc.</p> <ul style="list-style-type: none"> • Learning prayer song <p>Teri hai zameen, tera aasman.</p>			<p>Safe computer habits Scratch continues</p> <p>Commands -When key pressed -move -wait -change y by -change x by -when flag clicked -if then -touching color -say -go to x,y -switch costume to -sound</p>	
<p>October : अहम् अस्मि</p>	<p>1. Time for an Outdoor Game- obstacle course (to develop a flexible mind) 2. Three Truths and One Lie (group activity) 3. Weave a story- stories about resilience.</p>	<p>Topic: Dhara-Rooted in Values</p> <ol style="list-style-type: none"> 1. The Values Courtroom 2. Laugh Track Studio 3. Shadow Puppet Emotions 4. सही या गलत 	<p><u>DANCE:</u></p> <ul style="list-style-type: none"> • Revision of previous lessons. • New "Tihai" no. 4 • Classical Dance on "Ganesh stuti": "Vakra tunda mahakaya". • Name of all the classical dances of India with their states. <p>=====</p> <p><u>VOCAL MUSIC:</u></p>	<p>Continue with the style</p>	<p>Art work using Warm and Cool colours</p>	<p><u>GK</u></p> <ul style="list-style-type: none"> -Culture and festivals of the North- Eastern States -Names of flowers and trees <p><u>Computers</u></p> <p>Scratch continues A) Pen Extension Continue a)erase all b)stamp</p>	<p>Athletics</p> <p>Track running</p> <p>Fun races</p> <p>Junior athletic meet</p>

			<ul style="list-style-type: none"> ❖ Motivational Song: Sab milke Saathi Hum Gaya ❖ North-East Song for Samanjasya ❖ Taal: Dadra <p>=====</p> <p><u>INSTRUMENTAL MUSIC:</u></p> <ul style="list-style-type: none"> • Keyboard playing practices <p>CCEC CECE CEFC CEE C SRGM RGMP GMPD MP DN PDNS etc.</p> <ul style="list-style-type: none"> • Learning patriotic song "Kadam kadam badaye Jaa" • Samanjasya practice 			<ul style="list-style-type: none"> c)penup/pendown d)set pen color e)change pen f)change pen size 	
November	1.Taste of Mizoram- Pretend play- I am a chef from Mizoram Preparation for Samanjasya	<ul style="list-style-type: none"> • AUDITION FOR 'SAMANJASYA'-ANNUAL PRESENTATION • DISTRIBUTION OF 	<p><u>DANCE:</u></p> <ul style="list-style-type: none"> • Revision of previous lessons. • Last part of "Ganesh stuti": "Vakra tunda mahakaya". 	Storytelling composition, landscape practice Continued with the landscape	Work based on the paintings of French artist- Henri Matisse using mix media technique	<p><u>GK</u></p> <ul style="list-style-type: none"> -Birds: Birds Everywhere -Current affairs/Trivia 	<ul style="list-style-type: none"> Game - dodgeball Skills - -throwing - catching



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		<p>DIALOGUES</p> <ul style="list-style-type: none"> • PRACTICE FOR 'SAMANJASYA'-ANNUAL PRESENTATION 	<ul style="list-style-type: none"> • Few "Asamyukta Hasta Mudras". <p>=====</p> <p><u>VOCAL MUSIC:</u></p> <ul style="list-style-type: none"> ❖ Community Song: Saare Jahan Se Achha ❖ North-East Song for Samanjasya ❖ Taal <p>=====</p> <p><u>INSTRUMENTAL MUSIC:</u></p> <ul style="list-style-type: none"> • Technical Knowledge of Melody Instruments & Rhythm Instruments • Learning beats in the style of 4/4. • Learning English song "Conquest of Paradise" • Learning North Eastern Music related to the theme • Samanjasya practice 			<p><u>Computers</u></p> <p>Scratch continues Text to Speech Extension</p> <ol style="list-style-type: none"> Speak Set voice Set Language 	<p>-dodging</p>
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<p>December</p>	<p>Rehearsals for Samanjasya</p>	<p>PRACTICE FOR 'SAMANJASYA'-ANNUAL PRESENTATION</p>	<p><u>DANCE:</u></p> <ul style="list-style-type: none"> • Revision of previous lessons. • Preparation for "Samanjasya". <p>=====</p> <p><u>VOCAL MUSIC:</u></p> <ul style="list-style-type: none"> ❖ Christmas Carol: Rudolph the Red nosed Raindeer ❖ Practice for Samanjasya <p>=====</p> <p><u>INSTRUMENTAL MUSIC:</u></p> <ul style="list-style-type: none"> • Learning beats in the style of $\frac{3}{4}$ i.e., triple beats • Learning English song "Make me a Channel of your Peace" • Learning Christmas carols "We wish u a merry Christmas, Jingle" 	<p>Figurative storytelling composition</p>	<p>Work based on the paintings of French artist- Henri Matisse using mix media technique</p>	<p><u>GK</u></p> <ul style="list-style-type: none"> - Language & legendary personalities of the North-Eastern states - Wonders of the World - Current affairs/Trivia (Quiz time) <p><u>Computers</u></p> <p>Scratch continues</p> <p>1-Operator block (different commands)</p> <p>2- Variable Block</p> <ul style="list-style-type: none"> - Create variable - Set variable - Change Variable - Show variable 	<p>Parachute unit</p> <p>all shapes (dome, mushroom, goodnight, good morning, and club house) different games and shoulder strengthening exercises)</p>
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			<p>bells & Silent night”</p> <ul style="list-style-type: none"> • Samanjasya practice 				
January	Rehearsals for Samanjasya to be continued	<p>□ PRACTICE FOR ‘SAMANJASYA’- ANNUAL PRESENTATION</p> <p>=====</p> <p><u>VOCAL MUSIC:</u></p> <ul style="list-style-type: none"> ❖ Practice for Samanjasya <p>=====</p> <p><u>INSTRUMENTAL MUSIC:</u></p> <ul style="list-style-type: none"> • Learning the patterns in different sections according to the theme. • Learning English song “U Raise me up” • Samanjasya practice 	<p><u>DANCE:</u></p> <ul style="list-style-type: none"> • Preparation for “Samanjasya”. <p>=====</p>	continue with figurative composition	Masks from North East on paper plate/old card board	<p>GK</p> <ul style="list-style-type: none"> -Energy sources- hydropower in Sikkim / Arunachal Pradesh) -Sports and traditional games of the North- eastern states <p>Computers</p> <p>Scratch continues</p> <p>1- Sensing block</p> <ul style="list-style-type: none"> -touching - touching color - ask -answer - mouse down - mouse x - mouse y 	<p>Revisiting all activities and skills taught during the session.</p> <p>Obstacle race</p> <p>Recreational activities</p> <p>Dodgeball:-</p> <ul style="list-style-type: none"> -Throwing -catching -dodging
February	1. Report writing- on Samanjasya (role play of a reporter who	<p>Topic: Footprints- My Voice, My Mark</p> <p>1. The TED Talk</p>	<p><u>DANCE:</u></p> <ul style="list-style-type: none"> • Revision of previous lessons. • Folk dance of Assam: 	clay vase making by coiling and pinching method.	Masks from North East on paper plate/old card board	<p>GK</p>	<p>Revisiting all activities and skills taught during the session.</p>



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	<p>was there to watch Samanjasya) Pair-activity 2. The Tongue twisting Challenge- (tongue twisters) 3. Debate (topics given on the spot) 4. Farewell Speech</p>	<p>Chair 2. Museum of Me (bilingual) 3. Time Traveller Monologue 4. The Change-Maker Scene</p>	<p>“Bihu” (bihu re logon...).</p> <ul style="list-style-type: none"> • Few “Asamyukta Hasta Mudras” with their use in dance. <p>=====</p> <p><u>VOCAL MUSIC:</u></p> <ul style="list-style-type: none"> ❖ Revision of songs <p>=====</p> <p><u>INSTRUMENTAL MUSIC:</u></p> <ul style="list-style-type: none"> • Combining all different sections & patterns & playing them. • Learning music of “Can Can” 			<p>-World of sports and entertainment (Quiz time)</p> <p>-Recap Activity</p> <p>– Quiz on 7 Sisters & One Brother</p> <p>-Current affairs/Trivia</p> <p><u>Computers</u> Scratch continues</p> <p>Revise all the command</p>	<p>Recreational games</p>
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