







Nursery
PARENTS SYLLABUS 2026 – 2027
(April to September)

Month	Physical Motor Development	Social-Emotional & Ethical Development	Cognitive Development	Language and Literacy Development	Aesthetic and Cultural Development
April Theme I am worthy!	<u>Fine Motor Skills</u> - Scribbling - Crushing paper  - Joining blocks  - Threading the beads - Peeling and placing stickers - Tearing and pasting paper strips	<u>Stories</u> School ka pehla din  <u>Rhymes and Songs</u> - Chunnu Munnu - Machli jal ki rani hai  <u>Activities</u>	<u>Recognition (numberness)</u> Digit 1 Follow verbal commands <u>Game</u> - Simon says 'touch your body parts' - 1 in number - Dance and freeze - Sorting by colour/size <u>Pre -Number Concept</u> Tall and short (comparison)	<u>Listening skills</u> <u>Stories</u> - Pepper goes to school - The planet Earth  <u>Speaking Skills</u> <u>Rhymes and Songs</u> - Good morning - Twinkle twinkle little star- - If you're happy and you know It - Head shoulders knees and toes	<u>Colour</u> Yellow  <u>Art Work</u> Colouring yellow objects <u>Craft Activities</u> - Yellow colour craft - Family tree

Gross Motor Skills

BUILDING THE FOUNDATION

Safety rules (introduced first):

- * Boundary awareness
- * Personal space (with spot markers)
- * Start/stop commands

Exploring different types of movements:

- * Running
- * Jumping
- * Hopping
- * Skipping

Freeze Dance:

- * Moving freely on music
- * Stopping on word 'Freeze'



- Obstacle course

Health and Wellness

- Washing hands with soap before and after meals

- Pretend play



- I speak- my favourite toy
- Sharing corner activity

Circle Time

Ethics

Magic word – Please and Thank you

Value

- Greet your elders
- Saying 'please' and 'thank you'

Affirmation

I am worthy!

Experiential learning

- School Tour
- Visit to Nandan van



Shape

Square



Experiments

- Mirror play
- Shadow play



- Water changes colour
- Water changes its shape



- We say thank you....

Circle Time

- Free conversation
- Myself / My body
- Earth Day (22nd April)

Name

- your body parts
- your school
- our planet - Earth

Appreciate the importance of

- Prayer time
- Gratitude activity



Reading Skills

Picture comprehension

My body



My Vocabulary

head, nose, face, mouth



Let's Celebrate

Earth Day (22nd April)

Earth Day craft

Hand printing to make Earth







Easel time

- Free strokes
- Cotton dabbing

Music

- Seven musical notes
S R G M P D N S / S N D P M
G R S

- Seasonal song- Suraj aag lagaye re

	<p><u>Life Skill</u></p> <ul style="list-style-type: none"> - Eating snacks without any assistance 				
<p>May Theme I believe in myself!</p> <p>अहम् योग्यः अस्मि</p>	<p><u>Fine Motor Skills</u></p> <ul style="list-style-type: none"> - Sand tracing - Clay moulding - Water play - Squeezing sponges - Dot painting with cotton buds <p><u>Gross Motor Skills</u></p> <ul style="list-style-type: none"> - Exploring different types of -- * movements (running, jumping, hopping and skipping) <p>(Recap) PATHWAYS & DIRECTIONS Pathway types:</p> <ul style="list-style-type: none"> * Straight pathway – run/walk in a straight line * Curved pathway – move around cones/hula hoops * Zigzag pathway – weave 	<p><u>Story</u> Ekta mein Bal hai</p> <p><u>Rhymes and Songs</u></p> <ul style="list-style-type: none"> - Hare neem ki dal par - Do tote the <p><u>Activity</u> Class Presentation</p> <p><u>Circle Time</u></p> <p>Ethics Magic words – Sorry and Excuse me</p> <ul style="list-style-type: none"> - Feelings check-in activity - Kindness jar <p>Value</p> <ul style="list-style-type: none"> - Saying 'sorry' and 'excuse me' - Being kind to friends 	<p><u>Recognition (numberness)</u> Digit 2 Follow verbal commands</p> <p>Game</p> <ul style="list-style-type: none"> - Simon says 'touch your body parts' – 2 in number - Pattern completion activity - Colour bingo! <p><u>Pre-Number Concept</u> Tall and short (Recap)</p> <p><u>Shape</u> Square (Recap)</p> <p><u>Little chef</u> Mango Tang</p> <p><u>Experiment</u> Let's dry our</p>	<p><u>Listening Skills</u> Story - Gina and her house</p>  <p><u>Speaking Skills</u> Rhymes and Songs</p> <ul style="list-style-type: none"> - We say thank you - Daddy finger - Wheels on the bus  <ul style="list-style-type: none"> - Baa baa black sheep - Johnny Johnny yes papa - My house so big 	<p><u>Colour</u> Yellow (recap)</p> <p><u>Art Work</u> Colour fruits and vegetables</p> <p><u>Craft Activities</u> Book week crafts</p> <ul style="list-style-type: none"> - Bookmark making - Paper bag puppet <p><u>Let's Celebrate</u> Book week</p>  <p><u>Easel time</u></p> <ul style="list-style-type: none"> - Free strokes - Painting with sponges

through cones
Direction activities:
 * Move forward, backwards, sideways
 * Levels – low (crawl), medium (walk), high (jump)
 * Follow the leader – copy the pathway of the teacher
 * Freeze dance using different pathways-
 * Simple stretches and bends
 * Throw the ball
 * Balance bean bag



Health and Wellness

- Personal Hygiene
- Eat snacks without spilling

Life skill

- Using a spoon to eat the snacks

Affirmation

I believe in myself!

Experiential learning

- Visit to the school library



- Nature walk and observation activity

handkerchief!



Circle Time

- My house/ My family
- Magic words – Sorry and Excuse me
- Book week- Importance of books

Name

- Family members (father, mother, sister, brother)
- Classroom objects
- Things in my bag
- 1 story book

Appreciate the importance of

- Family time

Reading Skills

Picture comprehension
 Family scene



My Vocabulary

- father, mother, brother, sister, teacher, friend

Music

- Seven musical notes S R G M P D N S / S N D P M G R S

- Seasonal song- Suraj aag lagaye re
(Recap)

अहम्
 योग्यः
 अस्मि

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<p>July Theme I am happy and I know it! (Transport)</p>  <p>योग्यः अस्मि</p>	<p><u>Fine Motor Skills</u> - Make car using clay</p>  <ul style="list-style-type: none"> - Joining blocks to make a transport - Stringing beads - Opening and closing of a lunch box <p><u>Gross Motor Skills</u> - Jumping like frogs</p>  <ul style="list-style-type: none"> - Walking on a straight line - Monkey bar - Cross the tunnel using a toy car - Warm up exercise - Kids yoga 	<p><u>Story</u> तीन मछलियाँ</p>  <p><u>Rhymes and Songs</u> - Titli udhi - Aaha tamatar</p>  <ul style="list-style-type: none"> - Lakdi ki kanthi <p><u>Activities</u> - Pretend play (Tiger)</p>  <ul style="list-style-type: none"> - I speak - Class presentation <p><u>Circle Time</u> Ethics</p>	<p><u>Recognition and Value</u> Digit 1 and 2</p> <p><u>Game</u> - Show me one finger - Touch the body parts two in number - Take out one crayon from crayon box</p> <p><u>Pre-Number Concept</u> Big and small (comparison)</p>  <p><u>Shape</u> Square (recap)</p>	<p><u>Listening Skills</u> Letter and sound recognition Ss, Aa, Tt, li</p> <p><u>Stories</u> - Learn transport with Peppa pig</p>  <ul style="list-style-type: none"> - Three little pigs - Goldilocks and the three bears  <p><u>Speaking Skills</u> <u>Rhymes and Songs</u> - When you come to the zebra crossing - Piggy on the railway</p>	<p><u>Colour</u> Yellow</p>  <p><u>Art Work</u> - Thumb printing in a beehive</p>  <p><u>Craft Activities</u> - Transport related craft</p>  <p><u>Let's Celebrate</u> - National Doctor's Day (1 July)</p>



TRACK RUNNING

Fun Race

Flat race – 40 metres:

- Elongated start (on your marks, set, go)
- Running in a straight line

Levels and pathways:

- Low, medium, high
- Line formation activities
- * Obstacle course

Health and Wellness

- Drinking plenty of water



Life Skill

- Spread table mat

Magic word – May I



Value

- Talk about Traffic Rules
- Sharing and turn taking

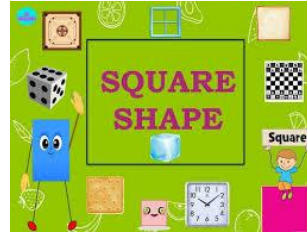


Affirmation

- I am happy and I know it!
- I am smart!
- I am loved!
- I am happy!

Experiential Learning

- School the school kitchen
- Visit to Rail Museum



Little Chef

Sweet curd lassi



Experiments

- Blow & pop the balloon
- Extinguish the Fire
- Bubble mountain



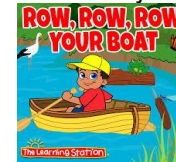
- Lemon fizz

Tracing

Digit 1 and 2

line

- Red light red light
- Row row row your boat



- Aeroplane aeroplane up in the sky

Circle Time

- Free conversation
- Talk about transport



Name

- One vehicle you see in your surroundings
- Different means of transport
- Means of transport you have at home

Appreciate the importance of

- Traffic rules



Reading Skills

Sight words



- International Tiger Day (29 July)



Tiger Day craft

Paper plate tiger mask



Easel Time

- Emotion painting
- Nature brush painting



Music

Sargam Geet

	<p>before meals</p> 			<p>I, it, is</p> <p>Picture comprehension - Traffic light</p>  <p>My Vocabulary soap, apple, tissue insect, zebra crossing, traffic, school bus</p> <p>Tracing Skills Air, sand tracing Letter tracing s, a, t, i</p>	
<p>August Theme I am a good friend!</p> 	<p>Fine Motor Skills</p> <ul style="list-style-type: none"> - Sticker peeling. - Sticker/bindi peeling/pasting - Squeezing of bottle - Taking off rubber-band from an object - Lifting floating rubber-bands using ice-cream stick - Sorting pulses <p>Gross Motor Skills "Everest Summit" wall</p>	<p>Story Hathi ki mitrata</p>  <p>Rhymes and Songs</p> <ul style="list-style-type: none"> - Teen rang ka apna jhanda - Hidustan humara hai - Teri hai zamin - Aaya rakhi ka tyohar <p>Activities</p>	<p>Recognition and Value Digit 3 and 4</p> <p>Game</p> <ul style="list-style-type: none"> - Number hop - Count and drop - Number Hunt 	<p>Listening Skills Letter and sound recognition Pp, Nn, Cc, Ee</p> <p>Stories - Ant and the dove</p>  <ul style="list-style-type: none"> - Four friends - The talkative tortoise 	<p>Colour Yellow (Recap)</p>  <p>Art Work</p> <ul style="list-style-type: none"> - Blue colour objects - Tricolour balloon - Penguin - Caterpillar

- touch
- Ball handling drill
 - Selection for JAM
 - Correct ball-throwing stance
 - Target practice
 - Underarm and upper arm throw
 - Correct technique of catching the ball (plastic ball, tennis ball or any softball)
 - Backward race
 - Ball pit



OBSTACLE COURSE – PART 1

Course elements:

- Zigzag running through cones
- Crawling through tunnels / diggers
- Jumping over low hurdles

Musical Activity:

- I speak
- Pretend play
- Class presentation

Circle Time

Ethics

- Be a good friend
- Sharing and caring



Value

- Wait for your turn
- Greet your friends

Affirmation

- I am a good friend!
- I spread happiness!

Experiential Learning

- Visit to the flag hoisting area
- India Gate

Pre-Number Concept

Big and small (recap)
(comparison)

big



small



Shape

Square (recap)



Little Chef

Tricolour fruit salad
(orange, banana kiwi)



Experiments

- Magnet Attraction
- Sound and taste experiment
- Rainbow skittles
- Magic powder

Speaking Skills

Rhymes and Songs

- Out in the garden
- Hot Cross Buns
- My arms are for hugging
- Rabbits rabbits one, two, three
- Five little monkeys

Circle Time

- Free conversation
- Sharing and caring
- My friends
- Independence day (15 August)

Name

- Festivals (Raksha Bandhan and Independence Day)

Appreciate the importance of

- Having good friends
- Celebrating festivals

Reading Skills

Sight words

a, at, in

Three letter words

sat, cat, pat,

Craft activities

- Letter related craft
- Letter 'n' and 'e'
- Rakshabandhan craft



Let's Celebrate

- Friendship day
- Independence Day (15 August)
- Raksha Bandhan

Easel Time

- Tricolour kite (balloon printing)
- Friendship Day card



Music

- * Sargam
- * Hum tho bandar kee shadi may jayengay

<p>अहम् योग्यः अस्मि</p>	<ul style="list-style-type: none"> • Freeze dance • Wiggle & Waggle <p><u>Health and Wellness</u></p> <ul style="list-style-type: none"> - Do not over eat sweets <p><u>Life Skill</u></p> <ul style="list-style-type: none"> - Pouring water in a glass 			<p>pan, can, tan</p> <p>Picture comprehension Celebrating Rakshabandhan Independence day</p>  <p>My Vocabulary flag, India, penguin, egg, paper, news</p> <p><u>Tracing Skills</u> Air, sand tracing Letter tracing p, n, c, e</p>	
<p>September Theme I am beautiful inside out!</p>	<p><u>Fine Motor Skills</u></p> <ul style="list-style-type: none"> - Pouring grains. - Lacing the board - Finger play - Buttoning shirt  <p><u>Gross Motor Skills</u></p> <ul style="list-style-type: none"> - "Sumo Ball" push - Bounce and trap 	<p><u>Story</u> Do tote</p> <p><u>Rhymes and Songs</u></p> <ul style="list-style-type: none"> - Choti choti Gayein - Haathi Raja - Kagaz ki Gudiya <p><u>Activities</u></p> <ul style="list-style-type: none"> - Pretend play - I speak- my senses - Feely Bag 	<p><u>Recognition and Value</u> Digit 5 and 6</p> <ul style="list-style-type: none"> - Count and match activity - Recap of digits (1 to 5) <p>Game</p> <ul style="list-style-type: none"> - Follow the leader - Musical chair - Number Hopscotch 	<p><u>Listening Skills</u> Letter and sound recognition Hh, Kk, Rr, Mm</p> <p>Stories</p> <ul style="list-style-type: none"> - Lion and the mouse - Story of the five senses - Story of the three frogs <p><u>Speaking Skills</u> Rhymes and Songs</p>	<p><u>Colour</u> Red</p>  <p><u>Art Work</u></p> <ul style="list-style-type: none"> Colouring - Rainbow

- Fun games (crazy cones, four flags)
- Obstacle course
- Track running (start)
- Dog and the bone
- Jumping between hoola hoops

OBSTACLE COURSE – PART 2

Advanced course elements:

- Hopping through hoops
- Balancing on stepping stones
- Crawl + jump combination

Musical Activity:

- Chicken dance
- Action songs

Health and Wellness

- Snack time manners

Life Skill

- Open and close lunch box without assistance

Circle Time

Our sense organs and their uses
- Importance of sense organs



Ethics

- Listen to the teacher

Value

- Hear no evil, speak no evil, see no evil

Affirmation

I am beautiful inside and out!
I enjoy different flavours!

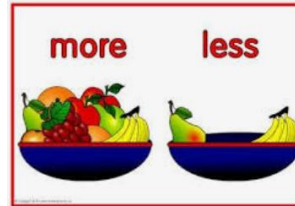
Experiential Learning

- Visit to instrument room
- Visit to Dear park



Pre-Number Concept

- More and Less (Quantity comparison)



Shape

Square (Recap)

Little chef

- Dunkin Donuts



Experiments

- Sound vibration
- Floating ping pong ball
- Paper in bottle

- Hickory dickory Dock
- My arms are for hugging
- Head shoulder knees and toes
- Hokey pokey

Circle Time

- My senses
- Janmashmi
- About your teachers



Name

- Sense organs
- Teachers

Appreciate the importance of

- Celebrating Teachers' Day
- Our sense organs

Reading Skills

Sight words

am, the, he, she

Three letter words

hat, rat, mat, man, ran

Picture comprehension

Five senses

- Monkey

Craft Activities

- Janamashmi craft
- Letter h craft, hat
- Letter k craft, kite
- Teacher's Day craft



Let's Celebrate

- Janamashtmi
- Teacher's Day (5th September)






Easel Time

- Bottle cap printing

Music

Hum tho bandar kee shadee may jayengay

			<p>- Sugar/salt dissolve</p>  <p>Tracing Digit 5, 6</p>	 <p>My vocabulary feel, taste, hear, eyes, ears, hand, kite, rabbit</p> <p>Tracing Skills Air, sand tracing Letter tracing h, k, r, m</p>	
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