

**Nursery**  
**PARENTS SYLLABUS 2026 – 2027**  
**(April to September)**

| Month                                        | Physical Motor Development                                                                                                                                                                                                                                                                                                                                                                                  | Social-Emotional & Ethical Development                                                                                                                                                                                                                                                                                                                         | Cognitive Development                                                                                                                                                                                                                                                                                                                                                     | Language and Literacy Development                                                                                                                                                                                                                                                                                                                                                                                             | Aesthetic and Cultural Development                                                                                                                                                                                                                               |
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| <b>April</b><br>Theme<br><b>I am worthy!</b> | <u><b>Fine Motor Skills</b></u><br>- Scribbling<br>- Crushing paper<br><br>- Joining blocks<br><br>- Threading the beads<br>- Peeling and placing stickers<br>- Tearing and pasting paper strips<br><br><u><b>Gross Motor Skills</b></u> | <u><b>Stories</b></u><br>School ka pehla din<br><br><br><u><b>Rhymes and Songs</b></u><br>- Chunnu Munnu<br>- Machli jal ki rani hai<br><br><br><u><b>Activities</b></u><br>- Pretend play | <u><b>Recognition (numberness)</b></u><br>Digit 1<br>Follow verbal commands<br><u><b>Game</b></u><br>- Simon says 'touch your body parts' - 1 in number<br>- Dance and freeze<br>- Sorting by colour/size<br><br><u><b>Pre -Number Concept</b></u><br>Tall and short (comparison)<br> | <u><b>Listening skills</b></u><br><u><b>Stories</b></u><br>- Pepper goes to school<br>- The planet Earth<br><br><br><u><b>Speaking Skills</b></u><br><u><b>Rhymes and Songs</b></u><br>- Good morning<br>- Twinkle twinkle little star-<br>- If you're happy and you know It<br>- Head shoulders knees and toes<br>- We say thank you.... | <u><b>Colour</b></u><br>Yellow<br><br><br><u><b>Art Work</b></u><br>Colouring yellow objects<br><br><u><b>Craft Activities</b></u><br>- Yellow colour craft<br>- Family tree |

## BUILDING THE FOUNDATION

Safety rules (introduced first):

- \* Boundary awareness
- \* Personal space (with spot markers)

\* Start/stop commands  
Exploring different types of movements:

- \* Running
- \* Jumping
- \* Hopping
- \* Skipping

Freeze Dance:

- \* Moving freely on music
- \* Stopping on word 'Freeze'



- Obstacle course

### Health and Wellness

- Washing hands with soap before and after meals

### Life Skill

- Eating snacks without



- I speak- my favourite toy
- Sharing corner activity

### Circle Time

#### Ethics

Magic word – Please and Thank you

#### Value

- Greet your elders
- Saying 'please' and 'thank you'

#### Affirmation

I am worthy!

### Experiential learning

- School Tour
- Visit to Nandan van



## Shape

Square



### Experiments

- Mirror play
- Shadow play



- Water changes colour
- Water changes its shape



### Circle Time

- Free conversation
- Myself / My body
- Earth Day (22nd April)

#### Name

- your body parts
- your school
- our planet - Earth

### Appreciate the importance of

- Prayer time
- Gratitude activity



### Reading Skills

### Picture comprehension

My body



### My Vocabulary

head, nose, face, mouth



### Let's Celebrate

Earth Day (22nd April)

### Earth Day craft

Hand printing to make Earth



### Easel time

- Free strokes
- Cotton dabbing

### Music

- Seven musical notes  
S R G M P D N S / S N D P M  
G R S

- Seasonal song- Suraj aag lagaye re

any assistance



**May**  
Theme  
**I believe  
in myself!**

**Fine Motor Skills**

- Sand tracing
- Clay moulding
- Water play
- Squeezing sponges
- Dot painting with cotton buds

**Gross Motor Skills**

- Exploring different types of --

\* movements (running, jumping, hopping and skipping)

**(Recap)**

**PATHWAYS &  
DIRECTIONS**

**Pathway types:**

- \* Straight pathway – run/walk in a straight line
- \* Curved pathway – move around cones/hula hoops
- \* Zigzag pathway – weave through cones

**Direction activities:**

**Story**

Ekta mein Bal hai

**Rhymes and Songs**

- Hare neem ki dal par
- Do tote the

**Activity**

Class Presentation

**Circle Time**

**Ethics**

Magic words – Sorry and Excuse me

- Feelings check-in activity

- Kindness jar

**Value**

- Saying 'sorry' and 'excuse me'
- Being kind to friends

**Affirmation**

I believe in myself!

**Recognition  
(numberness)**

Digit 2

Follow verbal commands

**Game**

- Simon says 'touch your body parts' – 2 in number
- Pattern completion activity
- Colour bingo!

**Pre-Number Concept**

Tall and short (Recap)

**Shape**

Square (Recap)

**Little chef**

Mango Tang

**Experiment**

Let's dry our handkerchief!

**Listening Skills**

**Story**

- Gina and her house



**Speaking Skills**

**Rhymes and Songs**

- We say thank you
- Daddy finger
- Wheels on the bus



- Baa baa black sheep
- Johnny Johnny yes papa
- My house so big

**Circle Time**

- My house/ My family

**Colour**

Yellow (recap)

**Art Work**

Colour fruits and vegetables

**Craft Activities**

Book week crafts

- Bookmark making
- Paper bag puppet

**Let's Celebrate**

Book week



**Easel time**

- Free strokes
- Painting with sponges

**Music**

- \* Move forward, backwards, sideways
- \* Levels – low (crawl), medium (walk), high (jump)
- \* Follow the leader – copy the pathway of the teacher
- \* Freeze dance using different pathways-
- \* Simple stretches and bends
- \* Throw the ball
- \* Balance bean bag



### Health and Wellness

- Personal Hygiene
- Eat snacks without spilling

### Life skill

- Using a spoon to eat the snacks



### Experiential learning

- Visit to the school library



- Nature walk and observation activity



- Magic words – Sorry and Excuse me
- Book week- Importance of books

### Name

- Family members (father, mother, sister, brother)
- Classroom objects
- Things in my bag
- 1 story book

### Appreciate the importance of

- Family time

### Reading Skills

### Picture comprehension

Family scene



### My Vocabulary

father, mother, brother, sister, teacher, friend

- Seven musical notes  
S R G M P D N S / S N D P M  
G R S

- Seasonal song- Suraj aag  
lagaye re  
(Recap)



July

Theme  
I am  
happy and  
I know it!  
(Transport)



### Fine Motor Skills

- Make car using clay



- Joining blocks to make a transport
- Stringing beads
- Opening and closing of a lunch box

### Gross Motor Skills

- Jumping like frogs



- Walking on a straight line
- Monkey bar
- Cross the tunnel using a toy car
- Warm up exercise
- Kids yoga



**TRACK RUNNING**

### Story

तीन मछलियाँ



### Rhymes and Songs

- Tittli udhi
- Aaha tamatar



- Lakdi ki kanthi

### Activities

- Pretend play (Tiger)



- I speak
- Class presentation

### Circle Time

**Ethics**

Magic word – May I

### Recognition and Value

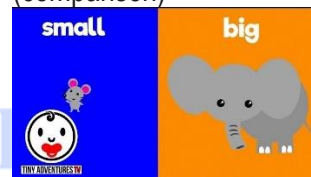
Digit 1 and 2

### Game

- Show me one finger
- Touch the body parts two in number
- Take out one crayon from crayon box

### Pre-Number Concept

Big and small  
(comparison)



### Shape

Square (recap)



### Little Chef

Sweet curd lassi

### Listening Skills

Letter and sound  
recognition  
Ss, Aa, Tt, li

### Stories

- Learn transport with Peppa pig



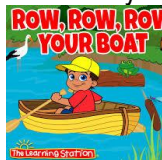
- Three little pigs
- Goldilocks and the three bears



### Speaking Skills

**Rhymes and Songs**

- When you come to the zebra crossing
- Piggy on the railway line
- Red light red light
- Row row row your boat



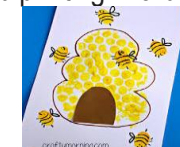
### Colour

Yellow



### Art Work

- Thumb printing in a beehive



### Craft Activities

- Letter related craft
- Transport related craft



### Let's Celebrate

- National Doctor's Day (1 July)



- International Tiger Day (29 July)

## Fun Race

### Flat race – 40 metres:

- Elongated start (on your marks, set, go)
- Running in a straight line

### Levels and pathways:

- Low, medium, high
- Line formation activities
- \* Obstacle course

### Health and Wellness

- Drinking plenty of water



### Life Skill

- Spread table mat before meals



### Value

- Talk about Traffic Rules
- Sharing and turn taking



### Affirmation

- I am happy and I know it!
- I am smart!
- I am loved!
- I am happy!

### Experiential Learning

- Visit to the school kitchen
- Visit to Rail Museum



### Experiments

- Blow & pop the balloon
- Extinguish the Fire
- Bubble mountain



- Lemon fizz

### Tracing

Digit 1 and 2

- Aeroplane aeroplane up in the sky

### Circle Time

- Free conversation
- Talk about transport



### Name

- One vehicle you see in your surroundings
- Different means of transport
- Means of transport you have at home

### Appreciate the importance of

- Traffic rules



### Reading Skills

### Sight words

I, it, is

### Picture comprehension

- Traffic light



### Tiger Day craft

Paper plate tiger mask



### Easel Time

- Emotion painting
- Nature brush painting



### Music

Sargam Geet



|                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                 |
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| <p><b>August</b><br/> Theme<br/> I am a<br/> good<br/> friend!<br/> (Festivals)</p>  | <p><b>Fine Motor Skills</b></p> <ul style="list-style-type: none"> <li>- Sticker peeling.</li> <li>- Sticker/bindi peeling/pasting</li> <li>- Squeezing of bottle</li> <li>- Taking off rubber-band from an object</li> <li>- Lifting floating rubber-bands using ice-cream stick</li> <li>- Sorting pulses</li> </ul> <p><b>Gross Motor Skills</b><br/> "Everest Summit" wall touch</p> <ul style="list-style-type: none"> <li>- Ball handling drill</li> <li>- Selection for JAM</li> <li>- Correct ball-throwing stance</li> </ul> | <p><b>Story</b><br/> Hathi ki mitrata<br/> </p> <p><b>Rhymes and Songs</b></p> <ul style="list-style-type: none"> <li>- Teen rang ka apna jhanda</li> <li>- Hidustan humara hai</li> <li>- Teri hai zamin</li> <li>- Aaya rakhi ka tyohar</li> </ul> <p><b>Activities</b></p> <ul style="list-style-type: none"> <li>- I speak</li> <li>- Pretend play</li> <li>- Class presentation</li> </ul> <p><b>Circle Time</b></p> | <p><b>Recognition and Value</b><br/> Digit 3 and 4</p> <p><b>Game</b></p> <ul style="list-style-type: none"> <li>- Number hop</li> <li>- Count and drop</li> <li>- Number Hunt</li> </ul>  <p><b>Pre-Number Concept</b><br/> Big and small(recap)<br/> (comparison)</p> | <p><b>Listening Skills</b><br/> Letter and sound recognition<br/> Pp, Nn, Cc, Ee</p> <p><b>Stories</b><br/> - Ant and the dove</p>  <ul style="list-style-type: none"> <li>- Four friends</li> <li>- The talkative tortoise</li> </ul> <p><b>Speaking Skills</b><br/> <b>Rhymes and Songs</b></p> <ul style="list-style-type: none"> <li>- Out in the garden</li> <li>- Hot Cross Buns</li> </ul> | <p><b>Colour</b><br/> Yellow (Recap)</p>  <p><b>Art Work</b></p> <p>Colouring</p> <ul style="list-style-type: none"> <li>- Yellow objects</li> <li>- Tricolour balloon</li> <li>- Penguin</li> <li>- Caterpillar</li> </ul> <p><b>Craft activities</b><br/> Letter related craft<br/> Letter 'n' and 'e'</p> |



- Target practice
- Underarm and upper arm throw
- Correct technique of catching the ball (plastic ball, tennis ball or any softball)
- Backward race
- Ball pit



### OBSTACLE COURSE – PART 1

#### Course elements:

- Zigzag running through cones
- Crawling through tunnels / diggers
- Jumping over low hurdles

#### Musical Activity:

- Freeze dance
- Wiggle & Waggle

#### Health and Wellness

#### **Ethics**

- Be a good friend
- Sharing and caring



#### **Value**

- Wait for your turn
- Greet your friends

#### **Affirmation**

- I am a good friend!
- I spread happiness!

#### **Experiential Learning**

- Visit to the flag hoisting area
- India Gate

big



small



#### Shape

Square (recap)



#### Little Chef

Tricolour fruit salad (orange, banana kiwi)



#### Experiments

- Magnet Attraction
- Sound and taste experiment
- Rainbow skittles
- Magic powder



- My arms are for hugging
- Rabbits rabbits one, two, three
- Five little monkeys

#### **Circle Time**

- Free conversation
- Sharing and caring
- My friends
- Independence day (15 August)

#### **Name**

- Festivals (Raksha Bandhan and Independence Day)

#### **Appreciate the importance of**

- Having good friends
- Celebrating festivals

#### Reading Skills

#### **Sight words**

a, at, in

#### **Three letter words**

sat, cat, pat,  
pan, can, tan

#### **Picture comprehension**

Celebrating  
Rakshabandhan

- Rakshabandhan craft



#### Let's Celebrate

Friendship day  
Independence Day (15 August)  
Raksha Bandhan

#### Easel Time

Tricolour kite (balloon printing)  
Friendship Day card



#### Music

- \* Sargam
- \* Hum tho bandar kee shadi may jayengay



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|                                                                                     | <p>- Do not over eat sweets</p> <p><b><u>Life Skill</u></b></p> <p>- Pouring water in a glass</p>                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <p><b><u>Tracing</u></b></p> <p>Digit 3 and 4</p>                                                                                                                                                                                                                                                                                                                                                                                                                  | <p>Independence day</p>  <p><b><u>My Vocabulary</u></b><br/>flag, India, penguin, egg, paper, news</p> <p><b><u>Tracing Skills</u></b><br/>Air, sand tracing<br/>Letter tracing<br/>p, n, c, e</p>                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                     |
| <p><b>September</b><br/>Theme<br/><b>I am beautiful inside out! (My Senses)</b></p> | <p><b><u>Fine Motor Skills</u></b></p> <ul style="list-style-type: none"> <li>- Pouring grains.</li> <li>- Lacing the board</li> <li>- Finger play</li> <li>- Buttoning shirt</li> </ul>  <p><b><u>Gross Motor Skills</u></b></p> <ul style="list-style-type: none"> <li>- "Sumo Ball" push</li> <li>- Bounce and trap</li> <li>- Fun games (crazy cones, four flags)</li> <li>- Obstacle course</li> <li>- Track running (start)</li> <li>- Dog and the bone</li> </ul> | <p><b><u>Story</u></b></p> <p>Do tote</p>  <p><b><u>Rhymes and Songs</u></b></p> <ul style="list-style-type: none"> <li>- Choti choti Gayein</li> <li>- Haathi Raja</li> <li>- Kagaz ki Gudiya</li> </ul> <p><b><u>Activities</u></b></p> <ul style="list-style-type: none"> <li>- Pretend play</li> <li>- I speak- my senses</li> <li>- Feely Bag</li> </ul> | <p><b><u>Recognition and Value</u></b></p> <p>Digit 5 and 6</p> <ul style="list-style-type: none"> <li>- Count and match activity</li> <li>- Recap of digits (1 to 5)</li> </ul> <p><b><u>Game</u></b></p> <ul style="list-style-type: none"> <li>- Follow the leader</li> <li>- Musical chair</li> <li>- Number Hopscotch</li> </ul>  <p><b><u>Pre-Number Concept</u></b></p> | <p><b><u>Listening Skills</u></b></p> <p><b>Letter and sound recognition</b><br/>Hh, Kk, Rr, Mm</p> <p><b><u>Stories</u></b></p> <ul style="list-style-type: none"> <li>- Lion and the mouse</li> <li>- Story of the five senses</li> <li>- Story of the three frogs</li> </ul> <p><b><u>Speaking Skills</u></b></p> <p><b><u>Rhymes and Songs</u></b></p> <ul style="list-style-type: none"> <li>- Hickory Dickory Dock</li> <li>- My arms are for hugging</li> <li>- Head shoulder knees and toes</li> <li>- Hokey pokey</li> </ul> | <p><b><u>Colour</u></b></p> <p>Red</p>  <p><b><u>Art Work</u></b></p> <p>Colouring</p> <ul style="list-style-type: none"> <li>- Rainbow</li> <li>- Monkey</li> </ul> <p><b><u>Craft Activities</u></b></p> <ul style="list-style-type: none"> <li>- Janamasthmi craft</li> <li>- Letter h craft, hat</li> </ul> |

- Jumping between hoola hoops

## OBSTACLE COURSE – PART 2

### Advanced course elements:

- Hopping through hoops
- Balancing on stepping stones
- Crawl + jump combination

### Musical Activity:

- Chicken dance
- Action songs

### Health and Wellness

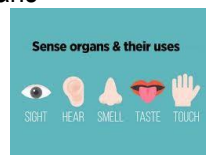
- Snack time manners

### Life Skill

- Welcoming Others

### Circle Time

- Our sense organs and their uses
- Importance of sense organs



### Ethics

- Listen to the teacher

### Value

- Hear no evil, speak no evil, see no evil

### Affirmation

- I am beautiful inside and out!
- I enjoy different flavours!

### Experiential Learning

- Visit to the instrument room
- Visit to Dear park

- More and Less (Quantity comparison)



### Shape

- Square (Recap)

### Little chef

- Dunkin Donuts



### Experiments

- Sound vibration
- Floating ping pong ball
- Paper in bottle
- Sugar/salt dissolve



### Circle Time

- My senses
- Janmasthmi
- About your teachers



### Name

- Sense organs
- Teachers

### Appreciate the importance of

- Celebrating Teachers' Day
- Our sense organs

### Reading Skills

#### Sight words

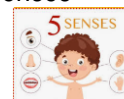
- am, the, he, she

### Three letter words

- hat, rat, mat, man, ran

### Picture comprehension

- Five senses



### My vocabulary

- feel, taste, hear, eyes,

- Letter k craft, kite
- Teacher's Day craft



### Let's Celebrate

- Janamashtmi
- Teacher's Day (5th September)



### Easel Time

- Bottle cap printing

### Music

- Hum tho bandar kee shadee may jayengay



**Tracing**  
Digit 5, 6

ears, hand, kite, rabbit

**Tracing Skills**  
Air, sand tracing  
Letter tracing  
h, k, r, m



**TAGORE INTERNATIONAL SCHOOL**  
**EAST OF KAILASH, NEW DELHI**