

Nursery
PARENTS SYLLABUS 2026 – 2027
(October to March)

Month	Physical Motor Development	Social-Emotional & Ethical Development	Cognitive Development	Language and Literacy Development	Aesthetic and Cultural Development
October Theme My choice matters! (Fruits and Vegetables) 	<u>Fine Motor Skills</u> - Threading large beads. - Squeeze sponge - Sponge and tongs activity - Pouring water into glasses - Stacking up the glasses  <u>Gross Motor Skills</u>	<u>Story</u> आदतों की शक्ति  <u>Rhymes and Songs</u> - Aloo bola - Meethe swadishth phal - Sabjiyon ki tokri  <u>Activities</u>	<u>Recognition and Value</u> Digit 7 - Arranging number cards in sequence - Match the digit with the correct value Game: for digit 7 - Scavenger Hunt - Forming 7 with sticks <u>Pre-Number Concept</u> More or Less (recap) (Quantity comparison)	<u>Listening Skills</u> Letter and sound recognition Dd, Gg, Oo Stories -The very hungry caterpillar -The Greedy Monkey  <u>Speaking Skills</u> Rhymes and songs - Red colour apples - Yum yum yummy	<u>Colour</u> Red (recap)  <u>Art Work</u> Colour- - fruits and vegetables - duck - grapes <u>Craft Activities</u> - Red colour craft - Dussehra Craft - Letter related craft

-BEAN BAG BALANCING- PART 1

Balancing bean bag on:

- Head
- Shoulder
- Hand
- Leg

Introduction to bilateral coordination:

- Using both hands together
- Tunnel crawl.
- Parachute
- Different shapes using parachutes (dome, mushroom, club house, good night, good morning and popcorn.)
- Color/Number Games
- Hop with ball
- Letter yoga
- Junior Athletic Meet

Health and Wellness

- Washing fruits before eating

Life Skill

- Table manners



- Pretend play
(Characters of Ramayan)



- I speak

Circle Time

Ethics

Magic words – Greetings
(Nice to meet you,
Goodbye!)
Pardon me



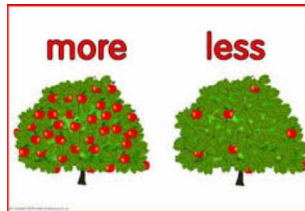
Value

- Encouraging a rainbow diet



Affirmation

- I accept who I am
- I can change the world!



Shape

Circle



Circle

Little Chef

Jam Roll-Ups



Experiments

- Air pressure in glass
- Scare away germs



- Vegetable song by
Singing Walrus

Circle Time

- Gandhi Jayanti (2nd October)
- Dussehra

Name

- festival celebrating the victory of good over evil
- fruits and vegetables

Appreciate the importance of
- Healthy eating habits



Reading Skills

Sight words

to, go, do, not

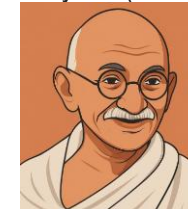
Three letter words

tap, nap, cap, map, sad, dad

Picture comprehension

Let's Celebrate

- Gandhi Jayanti (2nd October)



- Dussehra

Easel Time

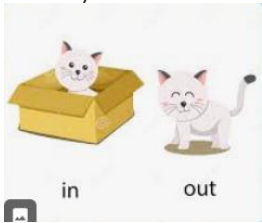
- Finger painting
- Block printing (onion, potato, lady finger)



Music

Geet-

Sabjeeo kee Tokri

		<u>Experiential Learning</u> - Visit to the school auditorium - Visit to Sapna Nursery 	- Tornado in bottle  <u>Tracing</u> Digit 7	- Grocery Shopping  <u>My Vocabulary</u> dog, drum, grass, garden, orange, ox <u>Tracing Skills</u> Air, sand tracing Letter tracing d , g , o	
November Theme I am Compassionate! (Animals) 	<u>Fine Motor Skills</u> - Using tweezers - Crumble paper rainbow - Trace around the stencils - Making different animals using clay  <u>Gross Motor Skills</u> - Animal walks (Gallop). - PARACHUTE AND TRACK RUNNING - Follow the Leader: - Relay Races (Simplified) - Obstacle race - Spiral walk	<u>Story</u> Topi Wala Bandar  <u>Rhymes and Songs</u> - Aayi Diwali, aayi diwali - Lakdi ki kathi, <u>Activities</u> - I speak - Pretend play <u>Circle Time</u> Ethics	<u>Recognition and Value</u> Digit 8 - Follow verbal commands - Clay play (make 8 balls) <u>Game</u> - Eight star hunt - Draw eight things <u>Pre-Number Concept</u> In and out (Position) 	<u>Listening Skills</u> Letter and sound recognition Uu, Ll, Ff <u>Stories</u> - The school trip to the zoo (Peppa pig) - Roopa the elephant <u>Speaking Skills</u> Rhymes and Songs - Hot Cross Buns - Old McDonald - My arms are for hugging <u>Circle Time</u> - Talk about Animals (pet/farm/wild)	<u>Colour</u> Red (recap)  <u>Art Work</u> Colouring - Red colour objects - Objects related to letter sounds - Handprint animals



BEAN BAG GAMES & and TOSSING

Fun games with bean bag:

- Tossing and catching
- Toss to a given target
- Toss & and catch with both hands

Parachute introduction:

- Dome / mushroom shape
- Popcorn game

Health and Wellness

- Do not over eat sweets

Life Skill

- Teamwork



- Be kind to everyone
- Show Love and Respect



Value

- Taking care of people and animals

Affirmation

- I learn every day!
- I am polite!

Experiential Learning

- Visit to the school office (Greet staff politely)
- Park

Shape

Circle (recap)

Little Chef

Sweet corn chat



Experiments

- Straw bottle experiment
- Paper Balance
- Cup puff
- Swimming Fish



Tracing

Digit 8

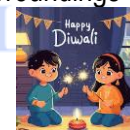
- Love your pets
- Be kind to animals
- My favourite animal
- Children's Day – Love and care for all children (14 November)



- Diwali

Name

- festival of lights
- pet animal
- farm animal
- wild animal
- one animal that you see in your surroundings



Appreciate the importance of

- celebrating festivals with family and friends
- things we get from animals
- our animal friends



Reading Skills

Sight words

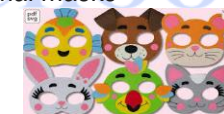


Craft Activities

- Children's Day craft
- Diwali diya decoration and craft



Animal masks



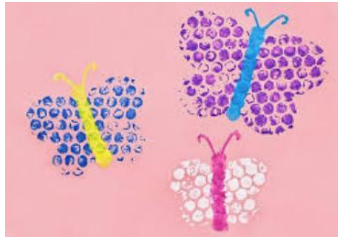
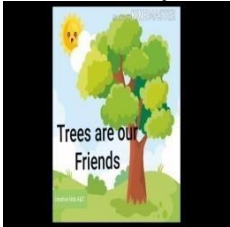
- Letter craft

Let's Celebrate

- Children's Day (14 November)
- Diwali
- Guru Nanak's Birthday

Easel Time

Bubble wrap printing

				on, for, up, and, no Three-letter words not, pot, hot, dot Picture comprehension Celebrating festivals  My Vocabulary jam, quack, umbrella, up, lion, leaf, fish, frog Tracing Skills Air, sand tracing Letter tracing u, l, f	 Music <u>Geet-</u> <u>Sabjeero kee Tokri</u>
December Theme I grow with positivity! (Plants) 	Fine Motor Skills - Paper tearing and pasting - Pretend to cook - Use of Scissors - Tug of War - Building with Legos - Hole Punching 	Story - Mali kaka Rhymes and Songs - Chana kisne boya  - Aaloo bola Activities - Pretend play	Recognition and Value Digit 9 - Counting in sequence from 1 to 9 - Backward counting 5-1 - Walking down backward (5-1) - Count and match activity (1 to 9) Game Number hopscotch	Listening Skills Letter and sound recognition Bb, Jj, Qq Stories - Taking care of plants - Christmas Story Speaking Skills Rhymes and Songs - Jingles bells - We wish you a Merry Christmas - This is my garden	Colour Blue  Art Work Colouring - Things we get from the plants - Christmas tree - Blue colour art work

Gross Motor Skills

- Balancing on one leg
- Balance a book on the head
- Color/Shape relay
- Jumping on puddle/spots
- Bean Bag Toss Challenge
- Hopping on one foot



FUN GAMES

Colour / Shape Relay:

- Team relay with coloured cones
- Running, picking & and tagging
- Hoop Jump & and Cone Touch
- Jump through hoops in a line
- Run to touch a cone

Health and Wellness

- Use dustbin properly

Life Skill

- Watering plants regularly

- I speak- plants
- Race to match the parts of the plant.



Circle Time

- Parts of plants
- Things we get from plants
- Things plant needs to grow
- Importance of planting trees



Ethics

- Respect for nature

Value

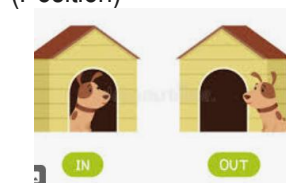
- Taking care of plants

Affirmation

- I grow with positivity!
- I learn and grow every day!

Pre-Number Concept

- In and out (recap)



Shape

Circle (recap)



Little Chef

Vegetable Salad



Experiments

- Colour on tissue
- Water turmeric colour changing
- Magical Rainbow

Tracing

Digit 9

- Out in the garden
- The farmer plants the seed

Circle Time

- Things we get from plants
- Things plant needs to grow
- Fruits and vegetables



Name

- parts of plants
- things we get from the plants
- things plant needs to grow

Appreciate the importance of

- celebrating Christmas
- taking care of plants
- things we get from plants

Reading Skills

Sight words

see, we, me, my

Three letter words

top, pop, cop, hop, mop

Picture comprehension Plant

Christmas Tree



Craft activities

Christmas craft

- Christmas bells
- A reindeer



- Letter related craft

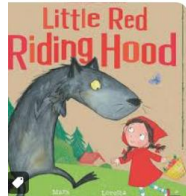
Let's Celebrate

- Christmas (25 December)



Easel Time

- Leaf printing

		 <u>Experiential Learning</u> - Visit to the garden area - Visit to Sundar Nursery		 <u>My Vocabulary</u> flower, leaf, log, tree, seed, fruit, plant, ball, queen, jug <u>Tracing Skills</u> Air, sand tracing Letter tracing b, j, q	 <u>Music</u> <u>Geet-</u> <u>Sabjeero kee Tokri</u>
January Theme I embrace the change! (Seasons) 	<u>Fine Motor Skills</u> - Word family slam (Three letter words game) - Tweezing the corn with tweezers - Clothespin grasping  <u>Gross Motor Skills</u> - Twirling umbrellas - Sunshine Yoga - Tunnel Crawl OBSTACLE RACES & and REVISION	<u>Story</u> - बारिश और 5 बच्चे <u>Rhymes and Songs</u> - सदी आई है - Barish aayi cham cham <u>Activities</u> I -speak Practice for the Annual presentation <u>Circle Time</u> - Republic Day (26 th Jan) - Makar Sankranti - Lohri <u>Ethics</u> - Celebrate festivals with	<u>Recognition and value</u> Recap of Digits 1-9 - Counting in sequence from 1 to 9 - Backward counting 9 to 1 <u>Board Game</u>  <u>Pre-Number Concept</u> Up and Down (Position)	<u>Listening Skills</u> Letter and sound recognition Recap of all sounds <u>Stories</u> - Little Red Riding Hood  <u>Speaking Skills</u> <u>Rhymes and songs</u> - The season song - Seasons go round - Rain rain go away <u>Circle Time</u>	<u>Colour</u> Blue (recap)  <u>Art Work</u> - Draw and colour National Flag Colour - National Flower Lotus - Clothes related to different season <u>Craft Activities</u> - Makar Sankranti/ Lohri Craft - Republic Day craft

Obstacle race events:

- Tunnel crawl & and balance beam walk
- Cone weaving & and hurdle hop
- Beanbag toss challenge

Revision of all movements:

- Running, jumping, hopping, skipping

Health and Wellness

- Let's keep our clothes clean

Life Skill

- Zip your jacket



Joy

Value

- Be kind to the nature

Affirmation

I am curious!

Experiential Learning

- Flag Hoisting area
- Nandan van



Shape

Circle (recap)



Little Chef

Chocolate Banana Bites



Experiments

- Soluble insoluble
- Eno experiment (Magic balloon)
- Invisible ink
- Foam tower



- Taking pride in nationalism
- National symbols

Appreciate the importance of

- seasons
- festivals
- food and clothes (related to them)

Reading Skills

Sight words
this, that

Three letter words

fog, log, jog, dog

Picture comprehension
Seasons



My vocabulary

jacket, gloves, sweater, coat

Tracing Skills

Air, sand tracing
Letter tracing

- Craft related to different seasons
- Blue colour craft



Let's Celebrate

- Makar Sankranti
- Lohri
- Republic Day (26 January)

Easel Time

Cotton ball painting



Music

Annual day song practice

February

Theme

**I am confident!
(Clothes)**



Fine Motor Skills

- Scissor skills (Safety scissors).
- Word family slam (Three letter words game)

Gross Motor Skills

- 50m Fun Run.
- Tunnel Crawl and Balance Beam Walk
- Hoop Jump and Cone

Practice events:

- Flat race – 40 metres
- Obstacle race
- Beanbag toss challenge
- Freeze dance performance



Health and Wellness

- Stay tidy

Life Skill

- Let's fold our clothes

Story

Saap aur chiti ki kahani



Rhymes and Songs

- Haathi Raja bahut bhale
- Nani teri morni ko

Activities

- I speak
- Shopping for clothes (pretend play)



Circle Time

Ethics

- Taking care of our belongings



Value

- Learn to value other's

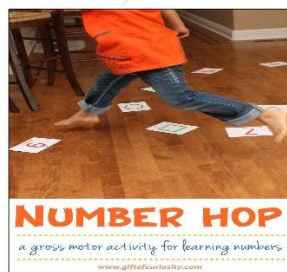
Recognition and Value

Recap of

- Digits 1-9
- One more than the next number (1-9)
- Random callout (1-9)
- Missing numbers (1-9)

Game

- Pass and join one more block
- Hop on one more than the given digit



Pre-Number Concept

Up and down (recap)

Listening Skills

Letter and sound recognition

My Reinforcement drive:
recalling the matching pair
(sound and word)

Stories

- Four seasons story



- Fox and the crow
- The bear and the bee

Speaking Skills

Rhymes and Songs

- Clean up song
- 5 little ducks
- Backward counting song
- Rainbow colours
- Shapes are everywhere

Circle Time

- Clothes we wear related to seasons (summer, winter, rainy)

Name

- clothes worn in different seasons (summer, winter, rainy)

Colour

Blue

Things with Blue Color



Art Work

- Mix colour scribbling art (using crayons)
- Colouring related to objects of different season

Craft Activities

- Paper shirt or skirt decoration
- Pasting cloth pieces to make a quilt

Easel Time

Printing on muffler

Music

Annual day



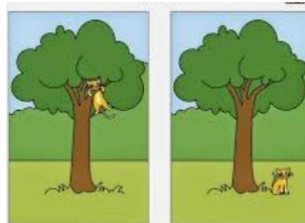
belonging

Affirmation

- I care for others
- I can do my best

Experiential Learning

- Visit to the parking area
- Tulip Garden



Shape

All shapes (recap)



Little Chef

Bhel puri



Experiments

- Water balloon does not pop
- Oil/ milk does not mix

Appreciate the importance of

- wearing clothes according to the weather
- different seasons

Reading Skills

Recap of

- Sight words
- Three letter words

Picture comprehension

Seasons (clothes)



My Vocabulary

vest, socks, skirt, pants

March

Theme

I am a shining star!

Fine Motor Skills

- Roll the clay dough into different shapes

Gross Motor Skill

- Jumping hurdles

Story

- Maa ki paari seekh

Recognition and Value

Recap of digits 1 to 9

Game

- Identify the digit and sweep in bits of paper in

Listening Skills

Letter and sound recognition
(Recap)

Story

Colour

Reinforcement of colours
yellow, red, blue

Art Work



ANNUAL ASSESSMENT & and CLOSURE

Assessment activities:

- Locomotor movement demonstration
- Obstacle course completion
- Bean bag balance & and toss
- Straight-line running
- Celebration / Fun day

Health and Wellness

Play outdoor



Life Skill

Let's become self-confident



Rhymes and Songs

- Do the wiggle dance
- Hakuna matata

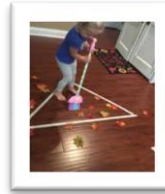
Circle Time

- My fond memories of nursery class
- How will my new class look like?

Experiential Learning

- Visit to my new classroom

the given shape



Pre-Number Concept

Reinforcement of all pre-number concept

Recap of all shapes

Shape hunt



- Summer vacation at nani's house

Speaking Skills

Rhymes and Songs

- We shall overcome
- Like to jive

Circle Time

- What will I do on my first day in kindergarten



Name

- the new class

Appreciation the importance of

Your friends and teachers

Reading Skills

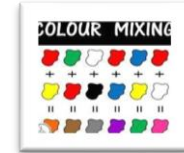
Recap of

- Sight words
- Three letter words

My Vocabulary

kindergarten, school

Make your own colour by mixing colours



Craft Activity

Hand print bouquet of flowers:



Easel time

Collaborative art activity for the class